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Biosafety standards for working with Crimean-Congo haemorrhagic fever virus

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Abstract

In countries from which Crimean-Congo haemorrhagic fever (CCHF) is absent, the causative virus CCHF virus (CCHFV) is classified as a hazard group 4 agent and handled in containment level 4. In contrast, most endemic countries out of necessity have had to perform diagnostic tests under biosafety level (BSL) 2 or 3 conditions. In particular, Turkey and several of the Balkan countries have safely processed more than 100000 samples over many years in BSL-2 laboratories. It is therefore advocated that biosafety requirements for CCHF diagnostic procedures should be revised, to allow the required tests to be performed under enhanced BSL-2 conditions with appropriate biosafety laboratory equipment and personal protective equipment used according to standardized protocols in the affected countries. Downgrading of CCHFV research work from Cl-4,BSL-4 to Cl-3 ,BSL-3 should also be considered.

15 **Introduction**

16 Crimean-Congo haemorrhagic fever virus (CCHFV), a member of the *Nairovirus* genus of the
17 family *Bunyaviridae*, causes a tick-borne zoonotic infection (Crimean-Congo haemorrhagic
18 fever (CCHF)) in parts of Africa and Eurasia [1]. CCHFV has been classified as a hazard group 4
19 pathogen (UK) or risk group 4 (Europe, USA, international) in countries that have promulgated
20 biosafety regulations, and should accordingly be handled in containment level 4 (CL4, UK) or
21 biosafety level 4 (BSL-4, Europe, USA, international) laboratories (Table 1).

22 Signs and symptoms after a sudden onset of disease 1–7 days post infection, progress from
23 high grade of fever, headache, fatigue, myalgia, abdominal pain, nausea, vomiting, diarrhoea,
24 thrombocytopenia and rash, to haemorrhages from various body sites, shock and death in
25 severe cases. Reported mortality rates vary widely from to 2-30% across studies and endemic
26 countries [2,3].

27 Apart from transmission by tick bite as a major route of infection, transmission can also occur
28 through handling or squashing of infected ticks, and contact with the blood of viraemic
29 animals, or blood and other body fluids of patients. Consequently, livestock farmers, abattoir
30 and healthcare workers (HCWs) dominate the literature on reported infections. Nosocomial
31 transmission to HCWs in close contact with patients in the acute phase have been
32 documented throughout the endemic areas and are often linked to breaches of, or non-
33 existent, barrier nursing techniques, or to percutaneous needlestick injuries [4].

34 Following the occurrence of the first recognized outbreaks of ‘Crimean haemorrhagic fever’ in
35 soldiers and displaced persons exposed to ticks while sleeping outdoors in 1944 and 1945,
36 there were similar outbreaks associated with exposure of large numbers of people to ticks in
37 major land reclamation or resettlement schemes in parts of the former Soviet Union,
38 culminating in an epidemic in Khazakstan in 1989 [5] [6] [7]. Subsequently, there were reports

39 of a series of lesser outbreaks associated with exposure of people to blood and ticks from
40 slaughter animals imported from Africa and Asia into the Near East [8]. Further large-scale
41 outbreaks that occurred during the late 1990s and early 2000s, involved exposure of war
42 refugees to outdoor conditions in Kosovo, Albania, Macedonia and the Afghanistan-Pakistan
43 border area [7,9]. Finally, an outbreak of unprecedented magnitude emerged in Turkey in
44 2003 with 9787 clinical and laboratory confirmed CCHF cases by 2015. This outbreak has been
45 ascribed to an increase in the tick population triggered by climate change, altered grazing
46 practices and prohibition of the hunting of wild hosts of ticks (Vatansever et al., 2007).

47 Consequently, in recent years the existing laboratory and health care facility infrastructure in
48 south-eastern Europe and the Balkans, and especially in Turkey, had to adapt to deal with a
49 large influx of patients and samples potentially infected with a hazard group 4 pathogen.

50 The purpose of this paper is to review experiences of HCWs and scientists in handling CCHF
51 patients and CCHFV-positive materials in order to derive safe recommendations for safe
52 laboratory processing of known or suspected CCHFV-infected samples, and particularly at
53 which biosafety level CCHFV material and samples from CCHF patients can be handled safely.

54 First of all we re-appraise CCHF case fatality rates in endemic countries and in clinical cases.
55 This is followed by a review of nosocomial infections and the most recent data from the large
56 epidemic in Turkey, which indicate CCHFV is less easily transmitted from person to person than
57 thought as exemplified by seroprevalence studies amongst health care workers dealing with
58 CCHF patients, and is not transmitted in the community. We then turn to laboratory acquired
59 infections (LAI) while handling diagnostic or research samples and revealing that most
60 infections were due to breaches of biosafety procedures in place and that a surprising high
61 number of these infections had a mild or self limiting course. Finally we look at inactivation
62 procedures for diagnostic samples to then formulate our recommendations for working with

63 CCHFV.

64

65 **Reported mortality rates and seroprevalences**

66 Observed case fatality rates (CFR) in CCHF vary from 2-30%, and are influenced by efficiency of
67 diagnosis, cohort size sampled, and speed of clinical intervention [1, 2]. Reported CFR include
68 25% from South Africa [10], 26% from Kosovo [11] and 15% from Iran and Bulgaria [12,13]. A
69 structured epidemiological investigation in South Africa revealed that all or most infections in
70 that country result in clinical disease (Fisher-Hoch et al., 1992). Analysis of ProMED entries on
71 CCHF from 1998 through 2013 reveals a CFR of 13% among 3,426 cases reported from Turkey,
72 Russia, Iran, Pakistan, and Afghanistan [2]. In South Russia the CFR has decreased from 12-
73 16% (1953 -1967) through 1.5-2% (2006-2010) to 3.6-5.1% (2011-2013). This is possibly due to
74 an increased use of diagnostic kits and awareness of CCHF among medical staff [3].

75 Following a regional epidemic in Turkey in 2003 and subsequent spread, 9787 cases with a
76 CFR of 4.6% were recorded by the end of 2015, which represents the highest number of cases
77 on record [14]. Studies in Turkey revealed a seroprevalence of 10%-15% in outbreak regions,
78 with 88% of infections appearing to be subclinical [15,16]. The disease is often milder in
79 children than in adults [17]. Additionally, the circulation of CCHFV in endemic regions of
80 Turkey is supported by serological studies on domestic and wild animals, with antibody
81 prevalences reflecting the feeding preferences of the *Hyalomma* tick species that transmit the
82 virus. [18-23].

83 CCHFV strain AP92 has been suggested to be less virulent than other CCHFV strains [24-26]. It
84 was initially isolated in 1975 [27], from *Rhipicephalus bursa* collected from goats in Greece
85 and AP92-like sequences have only recently been detected in ticks in Greece, Kosovo and
86 Albania. A CCHFV AP92 like strain was also described in human cases in Turkey but only

87 causing mild CCHF [24,26]. Recent data indicate a high CCHFV seroprevalence of up to 15% in
88 some CCHF non-endemic areas of Greece (Kastoria) possibly correlated to CCHFV-AP92
89 transmission by *R. bursa*. This seems to be confirmed by recent data from Kosovo and Albania
90 [11,28,29]. The serological and epidemiological data support the initial assessment that
91 CCHFV AP92 may be less pathogenic however there are no laboratory data to confirm this.
92 In contrast, after 13 years the CFR in Turkey remains about 5% despite major efforts to
93 implement protection and prevention measures as well as public health training programmes
94 and social mobilisation [14,15,26,30].

95

96 **Nosocomial CCHF infections**

97 Nosocomial infections were recorded during the first reported outbreaks of 'Crimean
98 haemorrhagic fever' in 1944 and 1945, and subsequently in other parts of the former Soviet
99 Union and neighbouring countries (Hoogstraal, 1979). A more recent detailed literature
100 review of nosocomial CCHF transmission to HCW listed 44 infections in 494 HCW contacts in
101 12 countries [4]. Nosocomial infections were reported from South Africa [31-35], Mauretania
102 [36], Sudan [37], Albania [38,39], Kosovo [40], Bulgaria [41,42], Turkey [43,44], Iran [45-47],
103 Dubai [48], Pakistan [49,50], India [51], Tajikistan [52], Kazakhstan [53] and Germany [54].

104 Nosocomial transmission often occurs during early illness before CCHF is recognized in the
105 source patient, or where diagnostic laboratory capability is not available, and is usually
106 associated with lack of, or improper use of, personal protective equipment (PPE). Once CCHF
107 is recognized nosocomial infection tends to occur most commonly where source patients
108 manifest severe disease, probably because they develop the highest viraemias. Recent studies
109 confirm that when a threshold of 10^8 viral genomes per ml of blood is exceeded the disease
110 progresses to fatal outcome [9,55].

111 In general there is a very low CCHFV seropositivity in HCW dealing with CCHF patients in
112 Turkey [56,57], and data on infections in HCW in Turkey describe, an up to 33% risk of
113 infection associated with needlestick injuries, and a 9% risk after contact with body fluids [58].
114 In Iran serological studies revealed a seroconversion rate of 3.8% in HCW exposed to CCHF
115 patients. The seroconversion was 9.3% in HCW who had unprotected skin contact with body
116 fluids and 7.1% in those who suffered percutaneous injuries [59]. A more recent study
117 covering 9 hospitals which managed 50% of CCHF patients in Turkey from 2002-2014 found 51
118 HCW exposures by needlestick (62.7%), splashes (23.5%) and unidentified cause (13.7%). Only
119 25 of these 51 exposures led to laboratory confirmed infections and 4 deaths [60].

120 High compliance to and proper use of PPE can indeed minimize the risk of infection as
121 documented in a study from the Cumhuriyet University Education and Research Hospital in
122 Turkey, where 1284 confirmed CCHF patients were treated between 2002 and 2012. The total
123 seropositivity for CCHFV IgG was only 0.53% in HCW in infectious disease wards which showed
124 a high compliance to PPE of 100%, 88.6%, and 82.9% for gowns, gloves and masks [61]. This is
125 supported by another survey of 90 HCWs from 3 hospitals in the endemic regions which found
126 a low seropositivity rate of 1% [62].

127 Altogether the clinical consensus is that simple barrier nursing and PPE can provide a good
128 measure of protection to HCW [4]. This is for example the case in the Ankara Atatürk Training
129 and Research Hospital, where HCWs use contact protection (hand hygiene, gowns and gloves
130 when needed). N95 masks and goggles are used only when dealing with patients with severe
131 haemorrhagic symptoms in need of aerosol and droplet producing procedures such as
132 aspiration and intubation. This pragmatic approach reduces full protection to the most severe
133 cases from which nosocomial CCHFV transmission is most probable. Over the years four
134 doctors and three nurses had contact with infected blood and body fluids of CCHF patients,

135 through needlestick injury, skin contact, contact to mucosal surfaces, and probable
136 aerosolization. All index cases were CCHFV PCR positive. The only HCW who developed
137 seroconversion intubated an unconscious patient who had suffered a seizure. She was
138 wearing gloves but no respiratory or eye protection.

139 In another incident one HCW from the Ankara hospital forgot to don goggles when performing
140 an emergency cardiopulmonary resuscitation (CPR) treatment of a severely ill CCHF patient.
141 When injecting a drug some blood squirted into her eye, which was immediately washed.
142 Neither infection nor seroconversion resulted from the incident. Furthermore, no
143 seroconversion was observed in any of the team performing the CPR without protective N95
144 masks (Z. Kocak Tufan, Turkey, personal communication).

145

146 **Laboratory acquired infections (LAI) while handling patient samples**

147 Modern diagnostic procedures usually compromise extraction of RNA from blood or other
148 tissues of patients and the performance of an RT-PCR, plus antibody tests on heat-inactivated
149 serum [57]. Culture of specimens for isolation of virus is performed less frequently.

150 Eight laboratory infections, one fatal, were recorded in Uganda during early investigations of
151 'Congo' virus in the 1960s. Where known, exposure of patients to infection occurred during
152 the handling or processing of infected mice (EAVRI Reports cited in [63]).

153 A laboratory assistant infected himself while preparing plasma from a blood sample of a CCHF
154 patient by centrifugation in 1986 in a laboratory in Rostov-na-Donu, Russia. The assistant
155 developed a full-blown CCHF clinical picture including haemorrhages but survived after
156 prolonged convalescence. A high initial CCHFV LD₅₀ titer on day 1 and seroconversion were
157 demonstrated [64].

158 In South Africa, a clinical pathology laboratory technologist in a hospital in Kimberly was found

159 to be seropositive for CCHF in 1986, but the presence of IgG antibody could not be
160 conclusively linked to an earlier benign illness. The technologist routinely wore a laboratory
161 coat and disposable gloves and performed all manipulations with blood and serum in class II
162 cabinets. She used automated haematology and clinical pathology machines. A fatal case of
163 CCHF occurred in 2006 in a technologist in a clinical pathology laboratory in Vereeniging,
164 South Africa, who putatively only handled blood samples from a deceased CCHF patient in
165 order to store them in a freezer. He had signed a procedure protocol which instructed him to
166 wear a laboratory coat and gloves, but nobody observed him storing the samples. The
167 technologist reportedly had not tested the samples and it was never determined whether he
168 had worn gloves, or how he was exposed to infection, but virus isolates from the source
169 patient and the technologist had identical nucleotide sequences. By the end of 2014 a total of
170 214 cases of CCHF had been confirmed in South Africa since the first case was recognized in
171 1981. The diagnostic tests involved the handling of 811 acute phase blood samples at BSL-2 or
172 3 level with PPE (disposable gown, gloves, laboratory spectacles and N95 masks) without
173 infections or seroconversions being recorded in the diagnostic laboratory, where the
174 personnel regularly handle such specimens. The equipment used included class II cabinets,
175 bench centrifuges, PCR thermocyclers, electrophoresis tanks, gel documentation readers,
176 ELISA plate washers and readers and fluorescence microscopes. Mouse inoculation and tissue
177 harvesting were performed in class II cabinets and cages were held in a dedicated room with
178 Hepa-filtered air supply and exhaust.

179 In contrast, the two laboratory infections reported above, occurred in clinical pathology
180 laboratories in hospitals where CCHF is infrequently encountered so that an adequate state of
181 awareness is more difficult to maintain (all information on South Africa; R. Swanepoel,
182 personal communication).

183 In Turkey, laboratory services issued instructions on the taking and shipment of samples, and
184 made the information widely available on a web page (www.thsk.gov.tr). Shipments were
185 strictly controlled and out of necessity diagnostic assays were performed in BSL-2 laboratories.
186 Samples had to be handled in class II biosafety cabinets using PPE (lab coat , gloves, goggles
187 and NP95 mask). [30]. Although a BSL-3 laboratory was finally opened in Ankara in 2012, it is
188 not used for CCHFV diagnostics. At the time of drafting the present report there had been
189 9,787 clinical and laboratory confirmed cases of CCHF since 2003, and an estimated 90.000-
190 100000 samples had been processed under BSL-2 conditions [60]. In some hospitals CCHF
191 blood samples are handled on the open bench by HCW wearing gloves and N95 masks, but no
192 goggles. (Z. Kocak Tufan and C. Bulut, Turkey, personal communication). Two case of LAI have
193 been reported one due to a needlestick while drawing blood and one due to handling a blood
194 sample without wearing gloves [60].

195

196 **Laboratory acquired infections during research**

197 In an incident in the Rostov-na-Donu laboratory in 1970, one of 4 staff members exposed to
198 aerosols from a flask containing live virus that disintegrated in a centrifuge fell severely ill and
199 died. In this instance an underlying chronic hepatocholecystis may have contributed to the
200 fatal outcome [64].

201 In 1973, at the Institute for Epidemiology, Microbiology and Infectious Disease in Alma Ata
202 (USSR, now Kazakhstan) a scientist preparing CCHFV antigen from suckling mouse brain using
203 freon extraction, fell severely ill and seroconverted but recovered. It was concluded that
204 mixing volatile Freon with the brain suspension may have caused formation of aerosols which
205 were inhaled. As a consequence work with volatile substances such as freon was required to
206 be performed in chemical cabinets only [65].

207 In 1981, a virologist died in Cairo, Egypt after mouth-pipetting a culture of an CCHFV isolate he
208 had brought from Iraq (A. A. El-Sanousi, Egypt, personal communication).

209 At the Institute Pasteur de Dakar two accidents were linked to handling suckling mice
210 inoculated with a diagnostic sample and a tick pool suspension: in 1998 a technician suffered
211 a needle stick accident, and in 1993 a staff member in breach of regulations handled cages
212 with infected mice on an open bench without wearing any mask. They both fell ill, but
213 experienced mild, self limiting disease. Also in 1993, another technician was exposed to
214 aerosols while preparing sucrose acetone antigen from infected suckling mouse brain since
215 not all equipment was held in a laminar flow cabinet or in a BSL-3 laboratory. Again the
216 disease was self-limiting. A BSL-3 laboratory was built in Dakar in 1999. Henceforth, infected
217 mouse cages were held in a special laboratory and brain material was treated with beta
218 propiolactone prior to use as antigen in routine ELISA for IgM/G antibody detection and
219 immune ascitic fluid production in mice.

220 In 1999 a technician inflicted an abrasion on her hand with a needle during a CCHFV baby
221 mouse brain passage procedure in the National Center of Infectious and Parasitic Diseases
222 laboratory in Sofia, in Bulgaria. However, she was vaccinated with the Bulgarian CCHFV
223 vaccine and presented with benign febrile illness only. In 2010, a Turkish laboratory worker in
224 a university laboratory inadvertently poured a flask with a 10th passage CCHFV culture down
225 the front of her labcoat but was not infected nor seroconverted (Aykut Ozkul, Turkey,
226 personal communication).

227

228 **Inactivation**

229 Several publications have shown that chaotropic guanidine-isothiocyanate in commercial
230 nucleic acid extraction buffers efficiently inactivates most enveloped viral agents including

231 pox-, alpha-, bunya-, flavi- and filoviruses [66-68].
232 Non-treated acute phase serum samples of CCHF patients stored at +4°C remain real time-PCR
233 positive for up to 30 days but the infectivity of these samples was not verified (A Kubar,
234 Turkey, personal communication). For serological analysis diagnostic laboratories in Turkey
235 and South East Europe use thermal inactivation of serum at 56°C for 30 min or even 45 min
236 although it was concluded in one study that 60°C for 60 min is more effective for CCHFV [69].
237 In experiments recently performed in the South African laboratory to clearly analyse the
238 conditions needed to inactivate CCHFV, CCHFV (strain SPU4/81) culture fluid with a titre of $1 \times$
239 $10^{7.6}$ TCID₅₀/ml was incubated at 56°C and 60°C for 15, 30, 45 and 60 minutes and then
240 inoculated into Vero E6 cell cultures. In all instances virus growth was not detected. To show
241 that the results were not due to the detection limit of the TCID assay at $1 \times 10^{1.5}$ TCID₅₀/ml,
242 the inactivated suspensions were also inoculated intracerebrally into suckling mice (NIH strain)
243 and all mice survived, even those inoculated with virus inactivated at 56°C for only 15 minutes
244 (Figure 1). The experiments confirm that heat inactivation at 56°C/30 min used as a standard
245 in Turkish (national guideline) and many other laboratories in south-eastern Europe is
246 adequate for destruction of infectivity, and explains why LAI have not been reported from
247 these diagnostic laboratories.

248

249 **Biosafety regulations**

250 The UN Convention on the Prohibition of the Development, Production and Stockpiling of
251 Bacteriological (Biological) and Toxin weapons and on their Destruction (BTWC) as
252 promulgated in 1972 imposed requirements on member states (party to the convention) for
253 acquiring, holding, stockpiling, working with or disposing of certain pathogens (the list
254 includes CCHFV) at specified biosafety levels, but BTWC lacked an organization or mechanisms

255 to monitor and enforce compliance. Consequently, UN Security Council Resolution 1540 was
256 passed in 2004 to enforce domestic compliance on states parties as well as non-state actors
257 through a 1540 committee. Purely diagnostic procedures and laboratories are exempted. It
258 should be noted that documents such as the Laboratory Safety Manual [WHO, 2004], the
259 Biosafety in Microbiological and Biomedical Laboratories manual [56], and the European CEN
260 Workshop Agreement 15793 [CWA 15793, 2011] only make recommendations on biosafety,
261 and do not impose legal requirements. Each country must promulgate its own biosafety
262 legislation and regulations, and many have not yet done so. Consequently, there is wide
263 divergence in the biosafety levels prescribed for handling CCHFV as some countries attempt to
264 reconcile disease endemicity with laboratory capacity.

265 In a recent survey of laboratories in 28 countries that are members of the European Network
266 for Diagnostics of Imported Viral Diseases (ENIVD), it was found that 7 countries sent
267 diagnostic samples for CCHF to reference centres elsewhere, 5 tested samples in BSL-2
268 laboratories, 10 in BSL-3 laboratories and 6 in BSL-4 laboratories. Of 11 laboratories
269 performing virus isolation and propagation, 6 did so in BSL-4 facilities and 5 in lower-grade
270 facilities [70]. Enquiries made for purposes of the present review revealed that in Slovenia,
271 Turkey and Senegal CCHFV diagnostic samples were handled at BSL-2 for years before a BSL-3
272 laboratory was finally available for research. In many other countries including Turkey, Kosovo,
273 Albania, Bulgaria diagnostics are still performed at BSL-2. Even in the US diagnostic samples
274 are not handled in BSL-4 but in BSL-2 laboratories until the presence of CCHFV has been
275 confirmed. In most non endemic countries diagnostic investigations however are conducted in
276 BSL-4 facilities. All countries tend to use higher grade facilities for research (Table 1).

277

278 **Discussion**

279 In non-endemic countries that coincidentally tend to be better resourced and can afford
280 sophisticated laboratories, CCHFV is classed and handled as a hazard group 4 agent (Table 1).
281 Agents in this group cause severe disease, are a serious hazard to staff, are likely to spread to
282 the community and there is no effective prophylaxis or treatment. In contrast, most endemic
283 countries have perforce had to perform diagnostic tests under BSL-2 or 3 conditions, using
284 appropriate PPE and laboratory practices. In particular, Turkey and several of the Balkan
285 countries have processed large numbers of specimens without experiencing any LAI over
286 many years. Although virological and seroepidemiological studies indicate that strains of virus
287 circulating in the region may have reduced virulence, this alone does not account for the lack
288 of observed LAI since monitoring for seroconversion confirms that transmission to HCW is rare.
289 The present survey was performed to collect information on LAI in hospitals, and diagnostic
290 and research laboratories. Only a few were identified. Such infections as have been reported
291 in BSL-2 diagnostic laboratories almost invariably result from breaches of biosafety practise.
292 Handling samples without gloves or mouth pipetting used in the initial isolations of CCHFV in
293 the 1950s are no longer acceptable. Lessons have been learned from exposure to droplets in
294 research settings, and in particular centrifuge buckets should be fitted with biosafety seals
295 (clip on lids), and hazardous procedures should be performed in biosafety cabinets [71].
296 Outside of cabinets, culture flasks should be carried in sealed boxes, lids should be used on
297 ELISA and culture plates during incubation, and film seals used for reading of plates. Sera
298 should be heat-inactivated at 56°C/30 min before performing antibody tests.
299 Safety can be increased by wearing PPE commonly used in BSL-3 laboratories (face shield
300 instead of goggles), without necessarily having to rely on positive pressure respirators.
301 Accidental spillage of infected material unfortunately remains a possibility, but need not
302 necessarily have a serious outcome as exemplified by the spill onto a Turkish laboratory

303 worker. Animal inoculation procedures should preferably be avoided in diagnostic
304 laboratories that do not have BSL-3 or -4 facilities. For BSL-3 laboratories measures as
305 implemented in Dakar are advisable.

306 There is however an ongoing debate on aerosol transmission of CCHFV in clinical settings
307 There are only few reports describing the infection of close relatives of CCHFV patients, and
308 these lack conclusive evidence of aerosol transmission [72,73]. On the contrary none of a
309 cohort of 132 relatives staying with or visiting 88 CCHF patients of whom two patients died at
310 the Cumhuriyet University Hospital in Turkey, developed any symptoms nor seroconverted
311 despite the fact that many did not comply with protective measures [74]. The study indicates
312 that CCHF is not easily spread between humans and into the community.

313 Although multiple-case incidents of nosocomial infection have been reported (Mauretania,
314 Sudan, Pakistan [4]) there is no evidence for aerosol transmission in CCHF, and spread of
315 infection was generally postulated to result from direct contact with body fluids or droplets of
316 severely ill patients, percutaneous injuries and non compliance with basic infection control
317 precautions.

318 A recent review of possible aerosol (1-5 μ m) or droplet (5-10 μ m) transmission through
319 coughing and vomiting in Ebola virus disease, concludes that there are no epidemiological
320 data to support a large role for this mode of transmission, and that respiratory transmission
321 (aerosol generation in the lung, exhalation and transmission by inhalation) does not occur [75],
322 and the same appears to apply to what is currently known about CCHF transmission. In
323 contrast aerosol transmission is well documented for smallpox virus and was conclusively
324 shown by retrospective smoke experiments after isolated patients caused nosocomial
325 transmission in Meschede in Germany [76].

326 However if actively generated, aerosols are indeed very likely to increase transmission, as

327 recently described in a clinical setting due to the use of a compression inhaler to apply
328 mucolytics and broncholytics to a CCHF patient while only surgical masks were used by HCW
329 [77]. In a most recent report 2 HCW suffered an infection probably while using bag-valve-
330 mask ventilation, or performing bronchoscopies on an infected patient [54]. The obvious
331 conclusion is to use fitted N95 masks if inhalation devices are used or aerosols might be
332 actively generated in any other way. On the other hand, care has to be taken when using this
333 type of masks, as unpublished data from Public Health England (Nigel Silman, UK, personal
334 communication) show that the filter of N95 masks should not be used for more than 2 hours
335 as humidity trapped in the mask will bridge the filter, thus negating its efficiency.

336 In conclusion, diagnostic tests have been performed safely at BSL-2 level for many years in
337 CCHF endemic countries that could not otherwise cope with demand. We therefore
338 recommend that regulating authorities should revise biosafety requirements for CCHF
339 diagnostic procedures to allow the required tests to be performed under enhanced BSL-2
340 conditions with appropriate biosafety laboratory equipment and PPE used according to
341 standardized protocols in the affected countries (see box 1). In this respect we'd like to point
342 out that class I cabinets which draw air away from the operator are preferable to class II
343 cabinets which provide a sterile working area through creating a laminar flow. Organizations
344 such as the Centres for Disease Control and Prevention, USA, the National Institutes for Health,
345 USA, the World Health Organization, and the European Committee for Standardization, should
346 revise international recommendations accordingly. Technical advances arising from the
347 successful deployment of mobile BSL-3 laboratories in the West African outbreak of Ebola
348 disease [78-81] should be exploited to derive cost-effective improvements to diagnostic
349 laboratories in the CCHF endemic countries. In particular, the use of flexible-walled or hard
350 plastic glove boxes for extraction of nucleic acids and inactivation of sera would greatly

351 improve laboratory safety. The evidence on LAI and LAI outcome, transmissibility and CFRs
352 should merit to discuss the possibility of relaxing biosafety standards for research on CCHFV,
353 and the graded application of isolation precautions in the treatment of patients according to
354 clinical status should be codified.

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362 **Disclaimer**

363 The views expressed by state employed American co-authors are their personal views, and do
364 not necessarily represent the views of the US government agencies they work for.

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Table1. CCHFV hazard groups and biosafety levels

Country	Endemic	Hazard group	Biosafety level of CCHFV diagnostics	Biosafety level of CCHFV research
South-Africa	+	2	BSL-2 1980-2004 BSL-3 since 2004	BSL 4
Slovenia	-	4	BSL-2 1995-2004 BSL-3 since 2004	BSL 3 since 2004
Albania	+	2	BSL-2	BSL-3
Kosovo	+	2	BSL-2	BSL-2
Greece	+	4	BSL-2 1975-1987	BSL 3 glovebox introduced in 1987
Bulgaria	+	3	BSL-2	BSL-3
Serbia	+	?	BSL-2	----
Turkey	+	2	BSL-2	BSL-3 since 2012
Kazakhstan	+	4	BSL-3	BSL-4
Georgia	+	4	BSL-3	BSL-4
Iran	+	3	BSL-2 glovebox	
Senegal	+	3	BSL-2 glovebox 1990-1999 BSL-3 2000-2015	BSL 3
Germany	-	4	BSL-4	BSL 4
Sweden	-	4	BSL 4	BSL 4
United Kingdom	-	4	BSL 4	BSL 4
France	-	4	BSL 4	BSL 4
United States	-	4	BSL-3	BSL 4

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Recommendations for working with CCHFV	378
Primary containment	379
BSL-2 laboratory	
Class I / Class II biosafety cabinet*	
PPE	
Labcoat	
Gloves	
Goggles / Face-shield	
N95 mask	
Additional Procedures	
Thermal inactivation of samples at 56°C/30min	
Guanidin-thiocyanate based nucleic acid extraction	
Seal ELISA plates with transparent film befor removing from biosafety cabinet	
Use centrifugation buckets with clipp on lids, open buckets in biosafety cabinet only.	
*. It is recommended to switch to class I cabinets if possible.	

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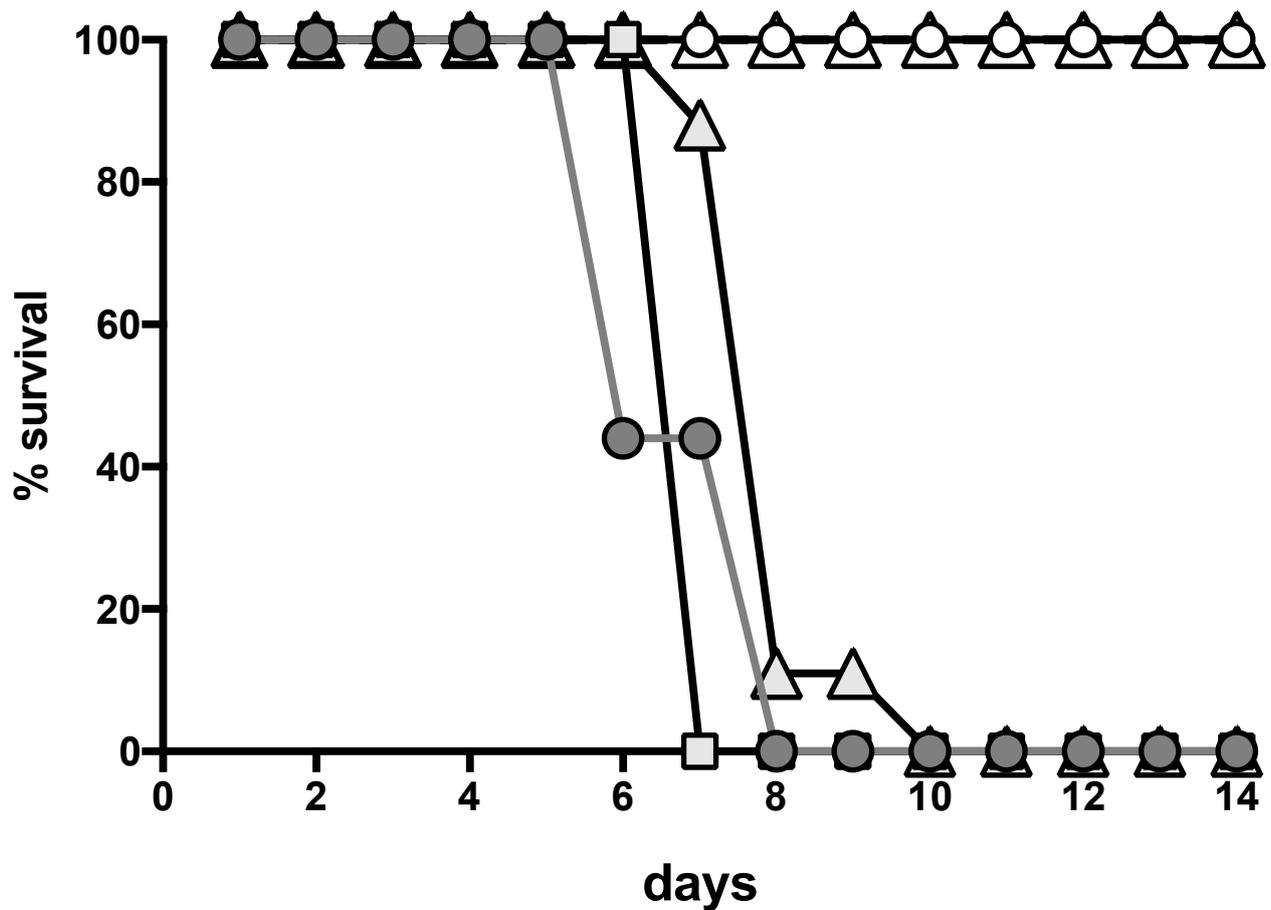
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630 Figure 1. Percent survival of suckling mice i.c. injected with CCHFV-FBS mix ($1 \times 10^{7.3}$ TCID₅₀/ml).
631 Dark grey dots: Untreated CCHFV-FBS mix (positive control, n=9 mice). Grey squares CCHFV-FBS
632 mix treated at RT/15min (n=4), Grey triangles: CCHFV-FBS mix treated at RT/60min (n=9). White
633 circles: CCHFV-FBS mix treated at 56°C for 15/30/45/60 minutes (n= 8/8/8/5), White triangles:
634 CCHFV-FBS mix treated at 60°C for 15/30/45/60 minutes (n= 10/8/10/10). Please note that due to
635 overlay only on line with white circles and one line with white triangles can be seen on the graph.

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