

1 **HYDROGEN PEROXIDE TREATMENT IN ATLANTIC SALMON INDUCES**  
2 **STRESS AND DETOXIFICATION RESPONSE IN A DAILY MANNER**

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17 **Running head:** Hydrogen peroxide chronotoxicity in salmon

18

19 **ABSTRACT**

20 Daily variation in the absorption, metabolism and excretion of toxic substances will  
21 ultimately determine the actual concentration to which the cells and tissues are exposed. In  
22 aquaculture, Atlantic salmon (*Salmo salar*) can be frequently exposed to hydrogen peroxide  
23 ( $H_2O_2$ ) to treat topical skin and gill infections, particularly in relation to parasitic infections  
24 (e.g. sea lice *Lepeophtheirus salmonis* and amoebic gill disease caused by *Neoparamoeba*  
25 *perurans*). It is well accepted that the time of administration influences pharmacodynamics  
26 and pharmacokinetics of drugs which in turn affects their efficacy and toxicity. Consequently,  
27 a better understanding of drug side effects as a function of time of day exposure would help  
28 to improve treatment efficacy and fish welfare. To this end, salmon were exposed to  $H_2O_2$   
29 (1500 mg/L) for 20 min at six different times of the day during a 24-h cycle and we  
30 investigated the time-dependent effects of exposure on physiological stress (glucose, lactate  
31 and cortisol) and antioxidant enzyme expression (*gpx1*, *cat*, *Mn-sod* and *hsp70*) in liver and  
32 gills. In addition, at each sampling point, 8 control fish were also sampled. Our results  
33 revealed that the time of administration of  $H_2O_2$  caused significant differences in the  
34 induction of both physiological and oxidative stress responses. Glucose and lactate were  
35 higher in the treated fish during daytime whereas cortisol levels appeared to be systematically  
36 increased (>1000 ng/mL) after  $H_2O_2$  treatment irrespective of exposure time, although  
37 differences with control levels were higher during the day. In liver, gene expression of  
38 antioxidant enzymes displayed daily rhythmicity in both treated and control groups and  
39 showed higher mRNA expression levels in salmon treated with  $H_2O_2$  at ZT6 (6 h after lights  
40 onset). In gills, rhythmic expression was only found for *gpx1* in the control fish and for *hsp70*  
41 and *Mn-sod* in the treated groups. However, in the treated salmon, higher gene expression  
42 levels of all the investigated enzymes were also observed at ZT6-10. Clock gene expression  
43 showed rhythmicity only in the liver in accordance with the daily rhythm of enzyme  
44 expression observed in this tissue. Altogether, this study provides first evidence of  
45 chronotoxicity in Atlantic salmon treated with  $H_2O_2$  and suggests increased sublethal toxic  
46 effect during the first half of the day. These results have direct relevance to the salmon and  
47 broader aquaculture industry by optimising the timing of treatment administration, opening  
48 the door to chronotherapy to treat fish diseases.

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51 **Keywords:** Daily rhythms, Atlantic salmon, hydrogen peroxide, stress response, oxidative  
52 stress, chronotoxicity, chronotherapy.

## 53 INTRODUCTION

54 The circadian clock of vertebrates is a key regulator controlling behavioural, physiological  
55 and biochemical processes that provides organisms with anticipatory mechanisms to predict  
56 cyclic events. The molecular mechanisms underlying circadian oscillations involve  
57 transcriptional-translational feedback loops of clock genes and proteins that drive the  
58 rhythmic expression of a wide range of genes, including transcription factors, which in turn  
59 relays rhythmicity to a wider set of genes (Reppert & Weaver, 2001; Vatine et al., 2011).  
60 Microarray experiments have recently provided analysis of 24-h transcriptome regulation in  
61 multiple tissues of mammalian species, revealing that approximately 5-10 % of genes display  
62 daily rhythms in expression, including genes encoding detoxification enzymes (Duffield,  
63 2003; Johnston, 2012). It is widely accepted that drug efficacy and toxicity may also vary  
64 with time of the day (Bruguerolle, 1998) and thus, daily rhythms in drug absorption,  
65 distribution, metabolism, detoxification and excretion have been reported in mammalian  
66 species (Smolensky & Peppas, 2007). However, the mechanisms underlying toxicity rhythms  
67 are not fully understood, although drug pharmacokinetics is closely related to circadian  
68 variations in physiology driven by clock genes.

69 Cultured Atlantic salmon in intensive conditions are susceptible to outbreaks of infectious  
70 bacterial, viral and parasitic diseases. Hence, fish are routinely exposed to a number of  
71 therapeutic agents during a production cycle to guarantee their health and welfare (Burka et  
72 al., 1997; Grant, 2002). Most of these compounds are administered to fish by bath treatments,  
73 in-feed additives or through IP injection. In all cases, fish are exposed to the active  
74 ingredients at arbitrary times of the day dictated by time and operational constraints rather  
75 than scientific evidence. Sea lice are the most widespread pathogenic parasite in Atlantic  
76 salmon aquaculture (Costello, 2006; Torrissen et al., 2013), costing the world industry around  
77 €300m per year (Costello, 2009). Hydrogen peroxide ( $H_2O_2$ ) has been used to treat fish  
78 ectoparasites for a long time including sea lice *Lepeophtheirus salmonis* and more recently  
79 amoebic gill disease caused by *Neoparamoeba perurans* (Adams et al., 2012). Currently  
80  $H_2O_2$  is commonly used by salmon farmers at concentrations between 1500 and 2000 mg/L  
81 as a bath treatment at ambient water temperatures (Kierner & Black, 1997). Other uses of  
82  $H_2O_2$  in aquaculture include the disinfection of fish eggs and microbial control (Bozwell et  
83 al., 2009; Matthews et al., 2012). Moreover, despite being a powerful oxidizer, it is rapidly  
84 decomposed in water, leaving no toxic products (Arvin & Pedersen, 2015). However,  
85 although it has been considered a relatively low toxic compound there is a recent concern on  
86 its effects on fish welfare (Papiol & Roque, 2013). Actually,  $H_2O_2$  treatment has been

87 reported to be stressful to Atlantic salmon for the initial 24-h following exposure, increasing  
88 plasma glucose, cortisol and electrolyte levels (Bowers et al., 2002). However, to date the  
89 effect of time-of-administration on toxicity levels has not been investigated.

90 Previous studies have also indicated that H<sub>2</sub>O<sub>2</sub> exposure can increase the activity of catalase  
91 and glutathione in fish (Tort et al., 2005). In fact, changes in the expression of oxidative  
92 stress markers are considered to be informative biomarkers to identify and quantify the  
93 sublethal effects of environmental stressors in fish, including toxicant exposure. This has led  
94 to the rising of ecotoxicogenomics, a new discipline combining genomics and ecotoxicology  
95 to identify biomarkers at the transcriptome level that may be used as indicators for the  
96 exposure to contaminants and to quantify their effects on the organisms (Geist et al., 2007).  
97 In addition, it is now accepted that the expression of genes involved in the metabolism of  
98 xenobiotics is under circadian clock control, showing highest expression levels at certain  
99 times of the day (Hamby et al., 2013; Lin et al., 2014). However, such rhythmicity and its  
100 implications on fish toxicological response have not been yet investigated.

101 In the present study we examined the time-dependent effects of H<sub>2</sub>O<sub>2</sub> exposure in Atlantic  
102 salmon. Physiological and molecular markers were investigated, including the expression of  
103 detoxification enzymes (*gpx1*, *cat*, *hsp70* and *Mn-sod*) involved in the cellular defence  
104 against oxidative stress caused by enhanced levels of ROS, as well as the expression of core  
105 clock genes (*bmal1* and *clock*) involved in the activation of transcription factors regulating  
106 metabolic processes in mammalian liver. The final objective of the present research was to  
107 determine the influence of the administration time of this aquaculture therapeutant on the  
108 physiological status of fish and potentially refine health management strategies.

109

## 110 **MATERIALS AND METHODS**

### 111 **Animals & housing**

112 For this study a total of 96 Atlantic salmon ( $110.3 \pm 0.5$  g and  $23.3 \pm 0.1$  cm final body  
113 weight and length, respectively) were kept at the Machrihanish Marine Environmental  
114 Research Laboratory (Institute of Aquaculture, Stirling, Scotland). Experimental fish were  
115 randomly allocated to 16 cylindrical tanks (n=8/tank; 397 L tank) within a flow-through  
116 system supplied with natural sea water under a simulated natural photoperiod. Fish were  
117 hand-fed to satiation twice a day over a two-week acclimation period.

### 118 **Experimental design**

119 Experimental procedure complied with the Guidelines of the European Union (2010/63/UE)  
120 and the Animal (Scientific Procedures) Act 1986 UK under the approval of the local ethical

121 review board. In addition, the experimental design and methodology followed in this  
122 investigation were in accordance with the international ethical standards of Chronobiology  
123 International (Portaluppi et al., 2010).

124 The trial was performed in June 2014 with ambient water temperature of  $12.3 \pm 0.3$  °C and  
125 simulated natural photoperiod set at 18 h light: 6 h darkness (18L:6D). Fish were treated with  
126 a nominal concentration of 1500 mg/L for 20 min at six different times of the day (every 4 h  
127 during a 24-h cycle): “zeitgeber time” (ZT) 2 (two hour after lights on), ZT6, ZT10, ZT14,  
128 ZT18 and ZT22. At each time point, one of the 16 tanks (n=8 salmon) was treated with H<sub>2</sub>O<sub>2</sub>.  
129 During treatment, water was oxygenated ensuring that oxygen levels were above 7 mg/L and  
130 water temperature was monitored. In addition, at each sampling point, another tank  
131 containing 8 control salmon (not exposed to H<sub>2</sub>O<sub>2</sub>) were also sampled. Following exposure,  
132 fish were sacrificed by lethal anaesthesia (2-phenoxyethanol 1 mL/L, Sigma) and blood, liver  
133 and gills samples were obtained from each fish. Water samples were collected from each  
134 treated tank and H<sub>2</sub>O<sub>2</sub> concentration was immediately measured by cerium sulphate titration  
135 method (Reichert et al., 1939) (provided by Solvay Interlox Ltd.). Briefly, 5 mL of 5N sulfuric  
136 acid and 7.5 mL of cerium IV sulphate solution were mixed in a conical flask. Then, a burette  
137 was filled with 50 mL of water sample and was slowly dispensed into the cerium IV sulphate  
138 solution, swirling to mix until the solution went colourless. The reading of the burette was  
139 then recorded and H<sub>2</sub>O<sub>2</sub> concentration (mg/L) calculated. The measured concentrations  
140 throughout the trial was  $1419.6 \pm 9.4$  mg/L.

141 Blood was withdrawal by caudal puncture with heparinised sterile syringes. This procedure  
142 was done in less than 5 min to avoid the increase of plasma cortisol and glucose levels due to  
143 handling. Blood was centrifuged at 3000 rpm for 15 min and plasma removed and frozen at -  
144 80° C until analysis. Liver and gills samples were preserved in RNAlater and kept on ice until  
145 further storage at -20 °C.

146

#### 147 **Glucose, lactate and cortisol analyses**

148 Blood glucose and lactate were measured immediately after extraction by means of handheld  
149 meters: Contour® usb (Bayer HealthCare, UK) and LactatePro™ 2 (Arkray Europe, The  
150 Netherlands). In addition, to validate these methods for Atlantic salmon, a total of 20 samples  
151 were further assayed using enzymatic-colorimetric commercial test kits: Glucose (GO) Assay  
152 Kit (Sigma) and Lactate Dry-Fast (Sentinel Diagnostics, Italy). The spectrophotometric  
153 method and handheld metre for glucose and lactate analysis were compared by assessing the  
154 strength (coefficient of determination;  $r^2$ ) and direction (slope) of the linear relationship

155 between pairs of assay results, for which a regression analysis was performed. Plasma  
156 cortisol levels were measured with a commercial ELISA kit (Calbiotech, USA) that was also  
157 validated for Atlantic salmon. In all cases, serial dilution of pooled salmon plasma was used  
158 to obtain an inhibition curve that, following logit-log transformation, was found to be linear  
159 and parallel to the standard curves, indicating that sample and standard glucose, lactate and  
160 cortisol were comparable (Soper, 2015).

161

## 162 **Gene expression analyses**

163 Liver and gill samples were homogenised in 1 mL of TRIzol® (Invitrogen, UK) and total  
164 RNA extracted in accordance with the manufacturer's instructions. RNA pellets were  
165 rehydrated in MilliQ water and total RNA concentration was determined using an ND-1000  
166 Nanodrop spectrophotometer (Labtech Int., East Sussex, UK). RNA integrity was assessed by  
167 electrophoresis. In order to eliminate any genomic DNA contamination, total RNA was  
168 DNase treated following DNA-free™ kit (Applied Biosystems, Warrington, UK). cDNA was  
169 then reverse transcribed from 1 µg of DNase treated total RNA using random hexamer and  
170 Oligo (dT)<sub>12-18</sub> primers in a 20 µL total reaction volume (high capacity reverse transcription  
171 kit without RNase inhibitor, Applied Biosystems, UK). Real-time PCR was performed using  
172 Luminaris color HiGreen qPCR Master mix (Thermo Fisher Scientific, MA, USA) and  
173 Mastercycler RealPlex 2 thermocycler (Eppendorf, UK) which was programmed to perform  
174 the following protocol: 50 °C for 2 min, 95 °C for 1 min, followed by 40 cycles at 95 °C for  
175 15 s, X °C for 15 s and 72 °C for 30 s (see Table 1 for target specific annealing temperature).  
176 This was followed by a temperature ramp from 70 to 90 °C for melt-curve analysis to verify  
177 that no primer-dimer artefacts were present and only one product was generated from each  
178 qPCR assay. The final volume of the PCR reaction was 10 µL: 2.5 µL of cDNA, 5 µL of the  
179 qPCR Master Mix and 2.5 µL of forward and reverse primers (Table 1). The primers used to  
180 amplify *gpx1*, *cat*, *hsp70*, *Mn-sod*, *bmall* and *clock* were previously tested and validated for  
181 Atlantic salmon (Betancor et al., 2014; McStay et al., 2014; Olsvik et al., 2014). All samples  
182 were run in duplicate. For both liver and gills samples, we verified the efficiency of the  
183 primers by doing standard curves for all genes investigated. Expression of the target genes  
184 was measured by absolute quantification with all samples being normalized with *β-actin*  
185 mRNA expression (McStay et al., 2014). Quantification was achieved by translating CT  
186 values of unknown samples from a parallel set of reactions containing a serial dilution of  
187 spectrophotometrically determined linearised plasmid containing partial cDNA sequences.

188

## 189 **Data analysis**

190 Statistical differences in glucose, lactate, cortisol and gene expression levels between  
191 sampling points were analysed by a one-way ANOVA (ANOVA I). In addition, at each  
192 sampling point, glucose, lactate, cortisol and target genes expression levels were compared  
193 between treatments (control *versus* H<sub>2</sub>O<sub>2</sub>-treated) by means of a t-test, for which a Levene's  
194 test was previously used to check for homogeneity of variances. A Univariate General Linear  
195 Model (GLM) was carried out to analyse possible interactions between experimental groups  
196 and time points. For this, the fixed factors were "ZT" (ZT2-22) and "treatments" (control  
197 and treated). All statistical tests were carried out with the SPSS v19.0 program (SPSS Inc.,  
198 Chicago, IL), with a statistical threshold set at *p* values <0.05 in all tests. All values are  
199 reported as the mean ± SEM.

200 Cosinor analysis was also performed using Ritme software (Antoni Díez-Noguera, University  
201 of Barcelona, Spain) to determine whether the daily expression of the studied genes fitted the  
202 cosine function:  $Y = M + A * [\text{Cos}(\Omega t + \Phi)]$ , where *M* is mesor, *A* is amplitude,  $\Omega$  is angular  
203 frequency (360°/24h for the daily and circadian rhythms) and  $\Phi$  is acrophase. The  
204 significance level was fixed at *p* < 0.05.

205

## 206 **RESULTS**

### 207 **Circulating physiological stress indicators**

208 For glucose and lactate, a subset of samples was assayed in parallel using both  
209 spectrophotometric methods and handheld metres. Pairs of assay results showed that the  
210 glucometer underestimated glucose levels by  $29.8 \pm 0.9$  % on average and the LactatePro™ 2  
211 overestimated lactate concentrations by  $15.1 \pm 0.2$  %. For both parameters, the relationship  
212 between both analytical methods was linear:  $r^2 = 0.9320$  for glucose and  $r^2 = 0.9485$  for  
213 lactate (Fig. 1). Consequently, concentrations measured by the glucometer were transformed  
214 to estimate the spectrophotometric equivalent using a linear correction according to the  
215 equation  $G_s = 1.2332 G_g + 1.16$ , whereas data obtained with LactatePro™ 2 were transformed  
216 with the equation  $L_s = 0.7183 L_1 + 0.4514$ .

217 In the control salmon, glucose levels did not show significant differences between sampling  
218 points. However, a significant daily rhythm was observed in fish treated with H<sub>2</sub>O<sub>2</sub> with the  
219 acrophase being found at around ZT6 (Cosinor, *p*<0.05) (Table 3). In addition, at ZT6,  
220 glucose levels in the treated group were significantly higher than in the control group. On the  
221 contrary glucose levels in the control group were higher at ZT22 (t-test independent samples,  
222 *p*<0.05) (Fig. 2A). A significant daily rhythm of lactate was observed in both experimental

223 groups, with the acrophases located at ZT=9:25 (control) and ZT=7:23 (H<sub>2</sub>O<sub>2</sub>) (Cosinor,  
224  $p<0.05$ ) (Table 2, 3). Overall, lactate levels were significantly higher in the treated group  
225 during the day ( $5.1 \pm 0.2$  mmol/L) and lower at night ( $1.8 \pm 0.2$  mmol/L) (t-test independent  
226 samples,  $p<0.05$ ) (Fig. 2B).

227 Plasma cortisol did not show daily rhythmicity in the control group, although levels showed  
228 two peaks, at ZT10 ( $272.7 \pm 64.4$  ng/mL) and ZT18 ( $285.3 \pm 58.9$  ng/mL) (ANOVA I,  
229  $p<0.05$ ). However, a significant daily rhythm was found in the treated salmon, being the  
230 acrophase located at ZT=7:12 (Cosinor,  $p<0.05$ ) (Table 3). Moreover, at all sampling points,  
231 cortisol levels were significantly higher in the treated fish (t-test independent samples,  
232  $p<0.05$ ), with the higher differences being observed during the day when the average cortisol  
233 concentration was  $1139.8 \pm 2.3$  ng/mL (Fig. 2C).

234 Furthermore, for the three stress indicators (glucose, lactate and cortisol), the Univariate  
235 GLM revealed an interaction between treatments and sampling points ( $p<0.05$ ).

236

### 237 **Expression of oxidative stress markers**

238 In the liver, mRNA expression of all oxidative stress genes analysed in this experiment  
239 showed daily rhythmicity in both treated and control groups, with acrophases around ZT0-1  
240 for the control fish and around ZT4-5 for the salmon treated with H<sub>2</sub>O<sub>2</sub> (Cosinor,  $p<0.05$ )  
241 (Table 2, 3). In addition, for both *gpx1* and *Mn-sod*, expression was significantly higher at  
242 ZT6 in the treated fish (t-test independent samples,  $p<0.05$ ), with fold-change (FC)  
243 differences in expression of 2.3 and 1.7, respectively. *Cat* and *hsp70* expression levels also  
244 appeared to be higher at ZT6 although differences between groups were not statistically  
245 significant. Gene expression of all enzymes was lower at ZT22 in the treated group (Fig. 3).  
246 Finally, there was a significant interaction between treatments and sampling points for *gpx1*,  
247 *hsp70* and *Mn-sod* (Univariate GLM,  $p<0.05$ ).

248 In gills, *gpx1* expression showed daily rhythmicity in the control fish, with the acrophase at  
249 ZT=18:44 (Cosinor,  $p<0.05$ ) (Table 2). However, no daily rhythms were observed in the  
250 treated salmon. In addition, *gpx1* mRNA expression was significantly higher in the treated  
251 group at ZT6 (t-test independent samples,  $p<0.05$ ) (FC=1.9) (Fig. 4A). *Cat* expression did not  
252 show daily rhythmicity in both treated and control groups. However, gene expression was  
253 significantly higher in the treated fish at ZT10 (t-test independent samples,  $p<0.05$ ) (FC=1.5)  
254 (Fig. 4B). *Hsp70* expression profile displayed daily rhythmicity only in the treated group and  
255 was significantly higher at ZT10 in comparison with the control fish (t-test independent  
256 samples,  $p<0.05$ ) (FC=1.4) (Fig. 4C). *Mn-sod* expression showed a similar temporal pattern,

257 with daily rhythmicity and higher expression in ZT10 in the treated salmon (FC=1.3).  
258 However, *Mn-sod* expression also showed significant differences between sampling points in  
259 the control group, peaking at ZT18 (ANOVA I,  $p<0.05$ ) (Fig. 4D). Furthermore, for all  
260 enzymes, there was a statistically significant interaction between the effects of ZTs and  
261 treatments (control/H<sub>2</sub>O<sub>2</sub>-treated) (Univariate GLM,  $p<0.05$ ).

262

### 263 **Clock gene expression**

264 In the liver, *bmal1* expression showed daily rhythmicity in the treated fish, with the acrophase  
265 at ZT=9:38 (Cosinor,  $p<0.05$ ) (Table 3). However, no daily variations in mRNA expression  
266 were observed in the control group. In addition, at ZT6, *bmal1* expression was significantly  
267 higher in the treated salmon (t-test independent samples,  $p<0.05$ ) (FC=2) (Fig. 5A). *Clock*  
268 expression was rhythmic in both experimental groups, with acrophases at ZT=3:54 (control)  
269 and ZT=8:09 (treated) (Cosinor,  $p<0.05$ ), respectively (Table 2, 3).

270 In gills, none of the studied clock genes showed a daily rhythm of expression. However, in  
271 the treated salmon, *bmal1* and *clock* expression levels were significantly higher at ZT6 (t-test  
272 independent samples,  $p<0.05$ ) (FC=1.5 and 1.3, respectively) (Fig. 5C-D). In addition, for  
273 *bmal1*, the Univariate GLM revealed an interaction between treatments and sampling points  
274 ( $p<0.05$ ).

275

### 276 **DISCUSSION**

277 In mammals, it is widely accepted that side effects caused by the exposure to drugs can vary  
278 significantly depending on the time of administration, a biological phenomenon referred to as  
279 chronotoxicity. However, this is a very new topic in fish with very few studies reported to  
280 date. Atlantic salmon is one of the leading aquaculture species in the world and as such, fish  
281 are exposed to several therapeutants during their farming cycle. In the present study, we  
282 showed significant differences in the stress and toxicological response of fish depending on  
283 the time of the day at which they were treated with H<sub>2</sub>O<sub>2</sub>. Previous investigations had  
284 reported that H<sub>2</sub>O<sub>2</sub> can result in stress response in this species, increasing plasma glucose and  
285 cortisol following exposure, remaining high for around 12 h and then resuming to resting  
286 levels 24 h post treatment (Bowers et al., 2002). Likewise, increased plasma glucose, lactate  
287 and cortisol levels as well as hematocrit, albumin and several plasma electrolytes were shown  
288 in sea bass (*Dicentrarchus labrax*) following H<sub>2</sub>O<sub>2</sub> exposure (Roque et al., 2010). In the  
289 present study, blood glucose and lactate levels were higher in fish treated during daytime  
290 whereas at night the differences between control and treated salmon were either not

291 significant or reversed (higher in the control group). It is difficult to explain such a response  
292 given the complexity of the mechanisms regulating glucose and lactate levels and the many  
293 factors involved. Stress hyperlactaemia has been suggested to be due to increased aerobic  
294 lactate production and related to adrenergic stimulation. In turn, lactate production provides  
295 substrate for gluconeogenesis and improves bioenergetics efficiency (Garcia-Alvarez et al.,  
296 2014). Moreover, stress response in fish has been reported to be time-dependent (López-  
297 Olmeda et al., 2013; Vera et al., 2014). Therefore, further studies are needed to elucidate the  
298 effects of hydrogen peroxide at night on glucose and lactate levels. Cortisol levels were also  
299 increased after all H<sub>2</sub>O<sub>2</sub> treatments irrespective of the time of the day, although differences  
300 with control levels were higher during the day in comparison with the night. In all cases  
301 glucose and lactate levels ranged between 4.6-5.7 mmol/L and 0.7-10.6 mmol/L,  
302 respectively, which is in accordance with previous observations in Atlantic salmon (Lerfall et  
303 al., 2014; Hansen et al., 2015). Cortisol levels found in the control group were also similar to  
304 those reported for this species (1.9-540.6 ng/mL) (Bowers et al., 2002) although the  
305 concentrations measured in the H<sub>2</sub>O<sub>2</sub> treated fish were higher in the present experiment  
306 (672.5-1357.6 ng/mL). Altogether, these results suggest that H<sub>2</sub>O<sub>2</sub> elicited a higher  
307 physiological stress response when salmon were treated during the day and in particular  
308 around ZT6, indicating that stress response in this species may be under circadian regulation.  
309 The acrophase of glucocorticoids daily rhythm seems to vary depending on the activity phase  
310 of the animals, occurring in the early morning in diurnal species and at night in nocturnal  
311 ones (Dickmeis, 2009). Atlantic salmon has been reported to be a diurnal species  
312 (Guðjónsson et al., 2015) but its cortisol basal rhythm seems to show seasonal and life stage  
313 differences. Interestingly, similarly to our results in the control group, Ebbesson et al. (2008)  
314 described a cortisol profile showing two peaks in summer. The responsiveness of the  
315 hypothalamus-pituitary-adrenal (HPA) axis to stress has been shown to vary daily in rats. In  
316 fact, the nature of the stress influences these responses: psychological stress (e.g. new  
317 environment, confinement) results in the highest stress response during the rest phase  
318 whereas physical stress does at the onset of the activity (reviewed in Dickmeis (2009)). In  
319 fish, stress response showed daily rhythmicity in gilthead seabream (*Sparus aurata*) and  
320 Senegalese sole (*Solea senegalensis*) exposed to air at different times of the day, showing  
321 higher cortisol levels when the stressor was applied during their resting phase (López-Olmeda  
322 et al., 2013; Vera et al., 2014). In contrast, green sturgeon (*Acipenser medirostris*) subjected  
323 to the same physiological stress showed higher blood cortisol and lactate levels during the  
324 active phase of this species, as observed in the present study. These contrasting results

325 suggest that daily variations in the stress response are species-specific, and further research is  
326 needed to clarify the underlying mechanisms regulating this process.

327 It is known that H<sub>2</sub>O<sub>2</sub> exposure induces oxidative stress in fish, increasing the activity of  
328 antioxidant enzymes (Tkachenko et al., 2015). In the present study, oxidative stress response  
329 in the liver was shown to be time-dependent. Indeed, gene expression of target antioxidant  
330 enzymes displayed daily rhythmicity in both experimental groups with an apparent higher  
331 expression in the H<sub>2</sub>O<sub>2</sub>-treated salmon at ZT6 (although difference was not statistically  
332 significant for *cat*). In addition, the acrophases of all enzymes studied were found at similar  
333 times of the day (around ZT0-1 for the control fish and around ZT4-5 for the treated fish). In  
334 gills, such rhythmic expression was only found for *gpx1* in control fish and for *hsp70* and  
335 *Mn-sod* in treated fish. In mice, previous studies have revealed that the expression patterns of  
336 detoxification genes is regulated by circadian mechanisms that control their daily rhythmicity  
337 (Zmrzljak & Rozman, 2012) suggesting that the analysis of daily gene expression of  
338 antioxidant enzymes may be used as a tool to predict chronotoxicity. This is further supported  
339 by Hamby et al. (2013) who investigated daily activity patterns and detoxification gene  
340 expression in *Drosophila suzukii* to determine susceptibility rhythms to insecticides  
341 (malathion and fenprothrin). These authors found that the expression of five out of the six  
342 genes investigated (two cytochrome P450 genes, two glutathione S-transferases and one  $\alpha$ -  
343 esterase) showed daily rhythmicity with increased expression at the time of the day when  
344 tolerance to malathion was the highest (ZT20). However, most of the target genes peaked at  
345 ZT0, when the flies' response to malathion was most variable. Furthermore, a key enzyme in  
346 the biotransformation of malathion (converting it to the more toxic malaoxon) peaked at ZT6,  
347 when malathion tolerance was the lowest. In our study, the expression of enzymes in the liver  
348 of control fish (basal levels) peaked between ZT22-ZT0 (around dawn) and reached  
349 minimum expression levels between ZT10-ZT14. However, H<sub>2</sub>O<sub>2</sub> treatment induced  
350 increased gene expression and stress response of fish when administered at ZT6. In gills,  
351 results were less consistent and significant daily rhythmicity of gene expression in control  
352 salmon was only found for *gpx1*. However, in the treated fish, higher gene expression of all  
353 the analysed enzymes was observed when basal levels in control fish were lower (ZT6-10). In  
354 general, it may be expected that fish were more susceptible to toxicant exposure at those  
355 times of the day when the expression of detoxification genes in basal conditions was lower.  
356 However, in liver, the highest stress and toxicological response of treated fish did not occur at  
357 those times. Altogether these results suggest that although daily variations in detoxification in  
358 control conditions may affect the toxicity of xenobiotics, there may be other mechanisms

359 influencing fish response to H<sub>2</sub>O<sub>2</sub> exposure. Previous investigations have revealed an  
360 important correlation between daily activity patterns of fish and the toxicity of anaesthetics  
361 when these were administered in a bath. Thus, during the active phase of fish (i.e. during the  
362 day in diurnal fish), the toxicity and effectiveness of these compounds (MS-222 and eugenol)  
363 was found to be higher, possibly due to an increase in the ventilatory frequency when fish are  
364 active and consequently in the uptake of anaesthetics from the water (Sánchez-Vázquez et al.,  
365 2011; Vera et al., 2010; Vera et al., 2013a). In the present investigation no data about the  
366 activity patterns of the experimental fish could be obtained; therefore a correlation cannot be  
367 determined. However, as previously indicated above, Atlantic salmon has been reported to be  
368 a diurnal species which may explain, at least in part, the lower effects of hydrogen peroxide  
369 at night when we observed significantly lower levels of physiological stress markers and gene  
370 expression of antioxidant enzymes.

371 Clock gene expression showed rhythmicity only in the liver, supporting the more robust  
372 rhythmicity in the enzyme expression observed in this tissue. For both experimental groups,  
373 *clock* expression in liver displayed a similar pattern to that observed in the antioxidant  
374 enzymes but with a phase delay of 4 h, whereas *bmal1* expression matched the same pattern  
375 only in the treated fish. Previous results in Atlantic salmon have reported that under long-day  
376 conditions (as in the present experiment) *clock* and *bmal1* expression did not show daily  
377 rhythmicity in the brain (Davie et al., 2009) whereas in liver only *bmal1* expression was  
378 rhythmic, with the acrophase found at ZT13 (Betancor et al., 2014). In our study, *clock*  
379 expression showed daily rhythmicity in both experimental groups, whereas *bmal1* only did in  
380 the treated salmon, with the acrophase at ZT9:38. However, the feeding regime of salmon in  
381 the present study differed from that described by Betancor et al. (2014) and this factor has  
382 been shown to be a powerful signal able to shift the phase of the daily rhythm of clock gene  
383 expression in the liver (Vera et al., 2013b). The expression of both clock genes in gills was  
384 arrhythmic but was higher in the treated group at ZT10, as observed for most of the  
385 antioxidant enzymes. In mice, Gorbacheva et al. (2005) found that circadian sensitivity to a  
386 chemotherapeutant (cyclophosphamide) could not be attributed to variations in metabolic  
387 activation or detoxification but it was modulated by the functional status of the  
388 CLOCK/BMAL1 transactivation complex which regulates the survival of B cells, probably  
389 through the existence of variations in plasma levels of growth factors and cytokines. In  
390 particular, the time of the highest resistance (lowest toxicity) to the drug corresponded to the  
391 daily peak in the activity of the CLOCK/BMAL1 transactivation complex whereas low-  
392 complex activity was correlated with higher sensitivity. In addition, the authors of this

393 research suggested that higher activity could be due to either daily variation or *cry* deficiency  
394 while low activity would be caused by daily variation or *bmal1* and/or *clock* deficiency.  
395 Likewise, CLOCK/BMAL1 heterodimer activates the expression of *klf10* (*krüppel-like*  
396 *factor*), a transcription factor integrating both circadian and metabolic cues to regulate a  
397 crucial gene of hepatic gluconeogenesis in mice (Guillaumond et al., 2010). In our study, the  
398 hepatic expression of both *bmal1* and *clock* in the treated group peaked at around ZT8-9 but  
399 translation of the corresponding proteins would be expected to peak later in the day, giving  
400 support to our results showing lower effects of H<sub>2</sub>O<sub>2</sub> at the end of the day and at night.  
401 Further studies focusing on the levels of CLOCK/BMAL1 complex are clearly needed to  
402 confirm this hypothesis.

403 To conclude, the physiological and molecular biomarkers used in this investigation showed  
404 that the sublethal toxic effect of H<sub>2</sub>O<sub>2</sub> was time-dependent in Atlantic salmon, with both  
405 stress and toxicological responses being higher during the first half of the day. Although  
406 several mechanisms seem to be involved in the daily control of H<sub>2</sub>O<sub>2</sub> toxicity, the present  
407 study provides evidence for the optimisation of the timing of treatment administration in  
408 aquaculture, opening the door to chronotherapy to treat fish diseases. Next steps will  
409 necessarily involve looking at the temporal variations of H<sub>2</sub>O<sub>2</sub> on controlling salmon parasitic  
410 infections (e.g. sea lice, amoebic gill disease). So far, despite its successful application to  
411 treat human diseases (e.g. cancer) only a few studies have focused on the potential  
412 application of chronotherapy in veterinary medicine (Giuseppe & Giovanni, 2002; Giudice et  
413 al., 2006). Although future studies will be required to investigate the potential time-  
414 dependence efficacy of a range of aquaculture treatments, this paper presents first evidence of  
415 chronotoxicity in salmon.

416

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422

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425

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- 544

**Table 1.** Atlantic salmon primer sequences used for real-time PCR

Gene	Accession number	F/R	Primer sequence (5'-3')	Amplicon size (bp)	Anneal
<i>gpx1</i>	DW566563	F	GCCCACCCCTTGTTTGTGTA	103	61 °C
		R	AGACAGGGCTCCACATGATGA		
<i>cat</i>	BT059457	F	CCCAAGTCTTCATCCAGAAACG	123	61 °C
		R	CGTGGGCTCAGTGTTGTTGA		
<i>hsp70</i>	BG933934	F	CCCCTGTCCCTGGGTATTG	121	61 °C
		R	CACCAGGCTGGTTGTCTGAGT		
<i>Mn-sod</i>	DY718412	F	GTTTCTCTCCAGCCTGCTCTAAG	227	61 °C
		R	CCGCTCTCCTTGTCGAAGC		
<i>bmal1</i>	DY735402	F	GCCTACTTGCAACGCTATGTCC	110	64 °C
		R	GCTGCGCCTCGTAATGTCTTCA		
<i>clock</i>	CA038738	F	AGAAATGCCTGCACAGTCGGAGTC	197	64 °C
		R	CCACCAGGTCAGAAGGAAGATGTT		
<i>β-actin</i>	AF012125	F	ATCCTGACAGAGCGCGGTTACAGT	112	61 °C
		R	TGCCCATCTCCTGCTCAAAGTCCA		

**Table 2.** Parameters of the cosine function calculated by Cosinor analysis ( $p < 0.05$ ) for physiological stress indicators, oxidative stress markers and clock genes of salmon under control conditions.

<b>Biological parameters</b>	<b>Tissue</b>	<b>p value</b>	<b>Mesor</b>	<b>Amplitude</b>	<b>Acrophase (ZT hours)</b>
<b>Glucose</b>	Blood	NS	-	-	-
<b>Lactate</b>	Blood	<0.01	3.4±0.2	0.8±0.4	9:25±1:27
<b>Cortisol</b>	Plasma	NS	-	-	-
<b><i>gpx1</i></b>	Liver	<0.01	33,025±4,578	12,644±8,116	0:16±2:38
	Gills	<0.01	34,366±5108	11,295±9053	5:39±3:30
<b><i>cat</i></b>	Liver	<0.05	763,541±88,594	190,294±155,798	1:02±3:40
	Gills	NS	-	-	-
<b><i>hsp70</i></b>	Liver	<0.01	4,150,828±420,019	1,470,551±730,079	23:44±2:05
	Gills	NS	-	-	-
<b><i>Mn-sod</i></b>	Liver	<0.01	19,514±2,029	6,420±3,608	0:43±2:15
	Gills	NS	-	-	-
<b><i>bmal1</i></b>	Liver	NS	-	-	-
	Gills	NS	-	-	-
<b><i>clock</i></b>	Liver	<0.05	827±114	224±207	3:54±4:25
	Gills	NS	-	-	-

All parameters are expressed as the value ± standard error (SE). NS=non significant.

**Table 3.** Parameters of the cosine function calculated by Cosinor analysis ( $p < 0.05$ ) for physiological stress indicators, oxidative stress markers and clock genes of salmon after hydrogen peroxide treatment for 20 min.

<b>Biological parameters</b>	<b>Tissue</b>	<b>p value</b>	<b>Mesor</b>	<b>Amplitude</b>	<b>Acrophase (ZT hours)</b>
<b>Glucose</b>	Blood	<0.05	5.0±0.2	0.4±0.4	6:31±4:46
<b>Lactate</b>	Blood	<0.01	4.0±0.4	1.9±0.7	7:23±1:28
<b>Cortisol</b>	Plasma	<0.01	1081±51	127±94	7:12±3:08
<b><i>gpx1</i></b>	Liver	<0.01	34,366±5,108	11,295±9,053	5:39±3:30
	Gills	NS	-	-	-
<b><i>cat</i></b>	Liver	<0.01	737,607±92,341	243,719±164,522	5:31±3:10
	Gills	NS	-	-	-
<b><i>hsp70</i></b>	Liver	<0.01	3,987,115±496,032	1,307,700±885,973	4:40±2:27
	Gills	<0.01	3,465,693±234,801	815,854±422,044	7:46±2:02
<b><i>Mn-sod</i></b>	Liver	<0.01	21,615±2,565	6,429±4,568	5:44±3:01
	Gills	<0.05	57,650±3,440	7,108±6,189	7:35±4:04
<b><i>bmal</i></b>	Liver	<0.05	919±117	209±203	9:38±5:18
	Gills	NS	-	-	-
<b><i>clock</i></b>	Liver	<0.05	819±135	258±241	8:09±4:37
	Gills	NS	-	-	-

All parameters are expressed as the value ± standard error (SE). NS=non significant.

## 1 **FIGURE LEGENDS**

2 **Figure 1.** Linear relationship (line) between plasma glucose (A) and plasma lactate (B)  
3 measured in parallel using handheld metres (x-axis) and spectrophotometric methods (y-  
4 axis).

5 **Figure 2.** Daily profiles of blood glucose (A), lactate (B) and plasma cortisol (C) in control  
6 (black circles and solid line) and H<sub>2</sub>O<sub>2</sub>-treated salmon (white circles and dashed line). Values  
7 represent the mean  $\pm$ SEM (n=6)/time point. White and black bars above the graph represent  
8 light and darkness, respectively. Asterisks indicate statistically significant differences  
9 between experimental groups at the same time point (t-test independent samples, p<0.05).  
10 Superscript letters indicate statistically significant differences between sampling points (ZTs)  
11 within the control (lower case letters) and treated (capital letters) groups. The continuous and  
12 dotted black lines represent the sinusoidal function determined by Cosinor analysis for the  
13 control and treated groups, respectively.

14 **Figure 3.** Gene expression of *gpx1* (A), *cat* (B), *hsp70* (C) and *Mn-sod* (D) genes in liver of  
15 control (black circles and solid line) and H<sub>2</sub>O<sub>2</sub>-treated salmon (white circles and dashed line).  
16 Full details given in Figure 2.

17 **Figure 4.** Gene expression of *gpx1* (A), *cat* (B), *hsp70* (C) and *Mn-sod* (D) genes in gills of  
18 control (black circles and solid line) and H<sub>2</sub>O<sub>2</sub>-treated salmon (white circles and dashed line).  
19 Full details given in Figure 2.

20 **Figure 5.** Gene expression of *bmal1* (A, B) and *clock* (C, D) genes in liver and gills of  
21 control (black circles and solid line) and H<sub>2</sub>O<sub>2</sub>-treated salmon (white circles and dashed line).  
22 Full details given in Figure 2.

23 **Figure 6.** Acrophases map for the parameters analysed in control (A) treated (B) salmon  
24 (Cosinor, p<0.05). The confidence intervals (set at 95%) are indicated by the lateral bars.  
25 White and black bars above the graph represent light and darkness, respectively.

Fig. 1

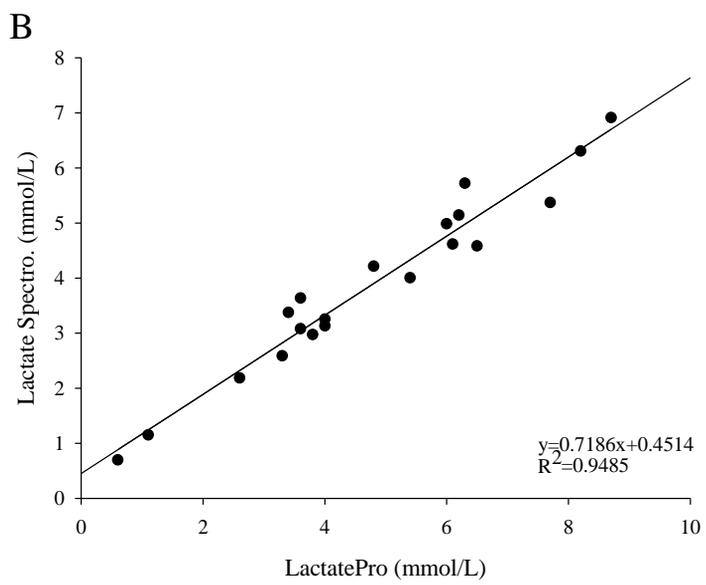
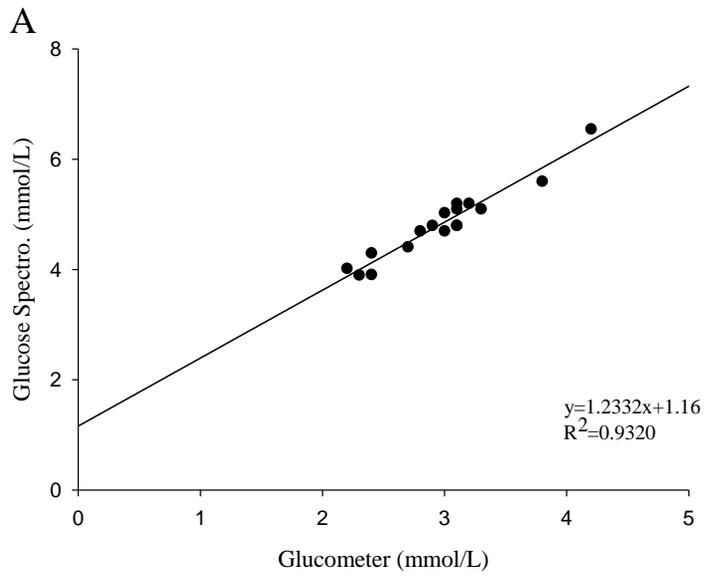


Fig. 2

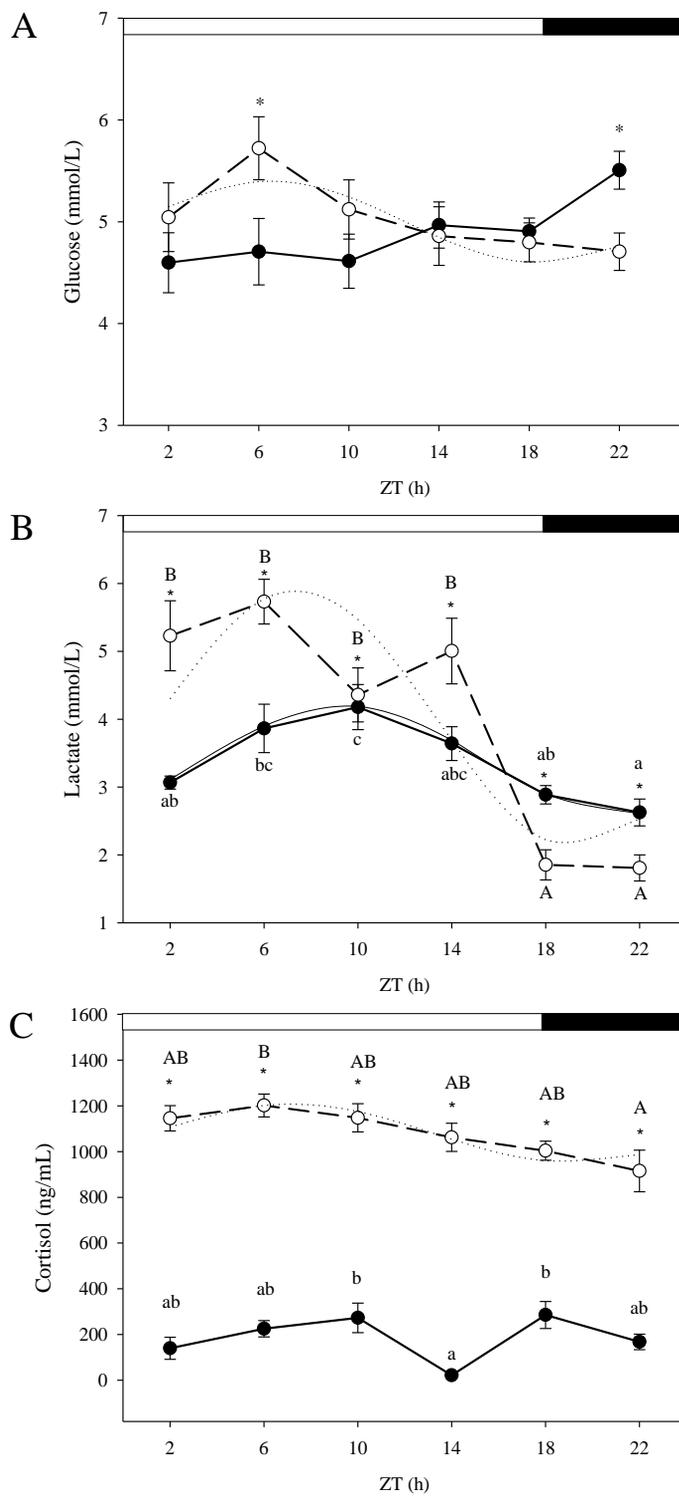


Fig. 3

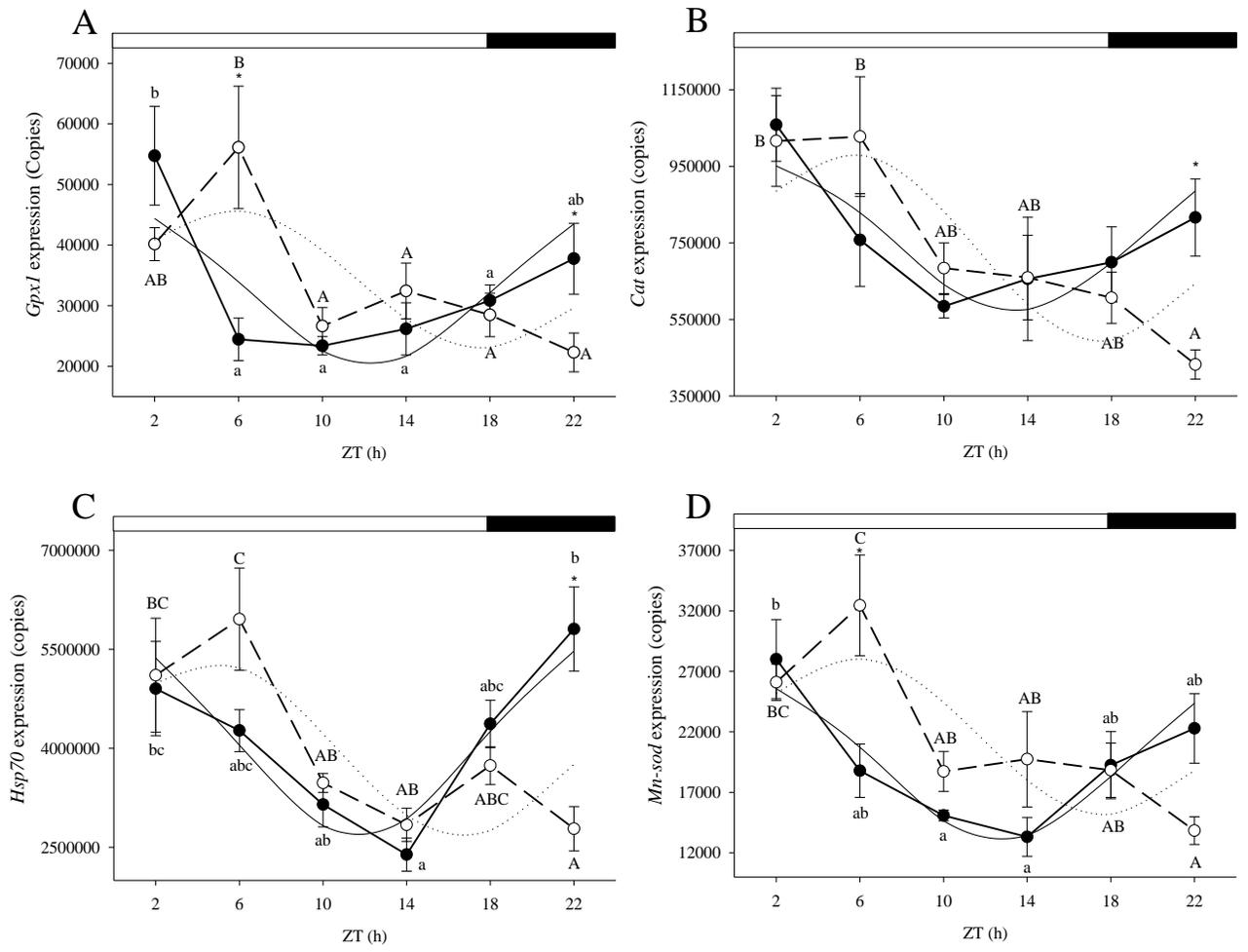


Fig. 4

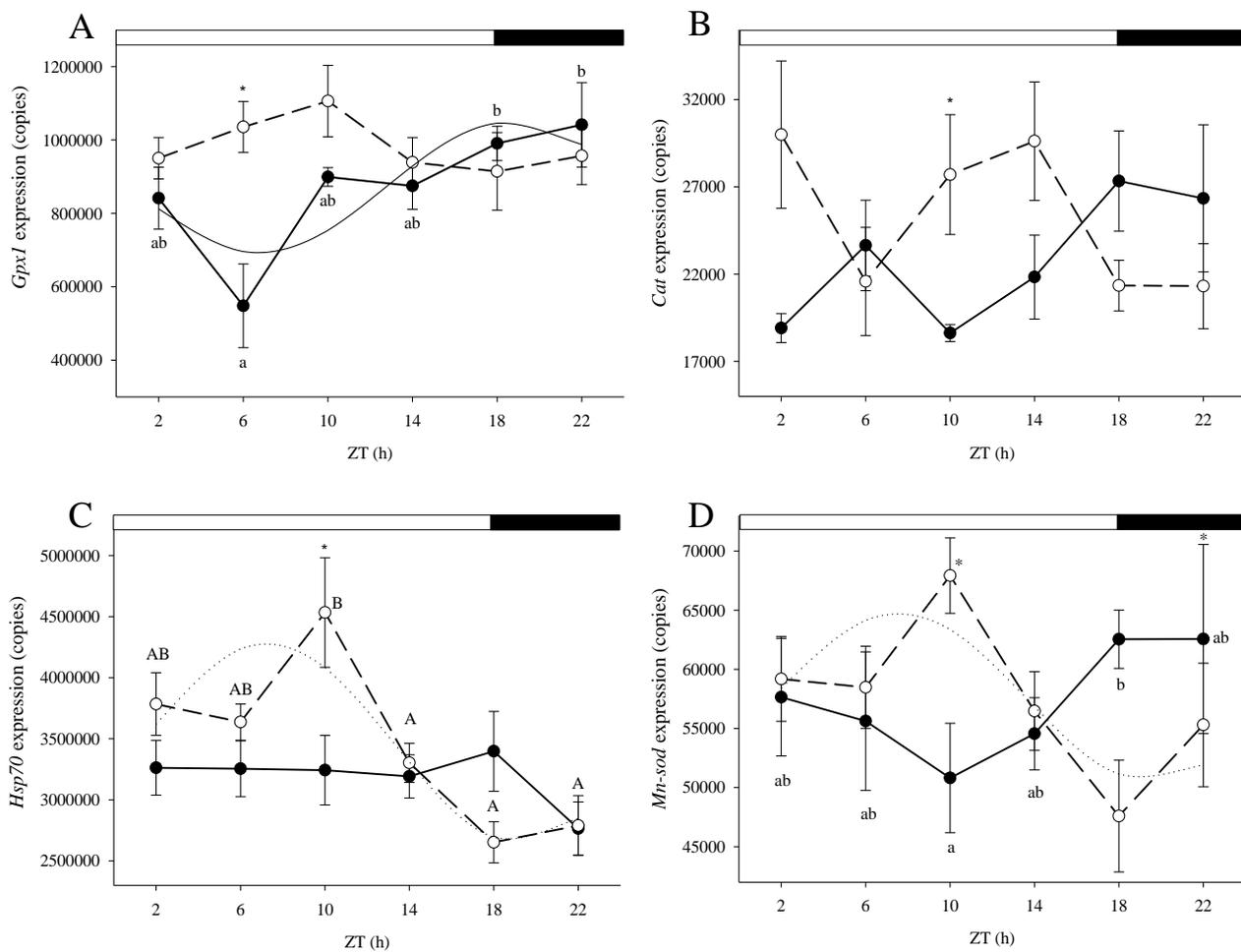


Fig. 5

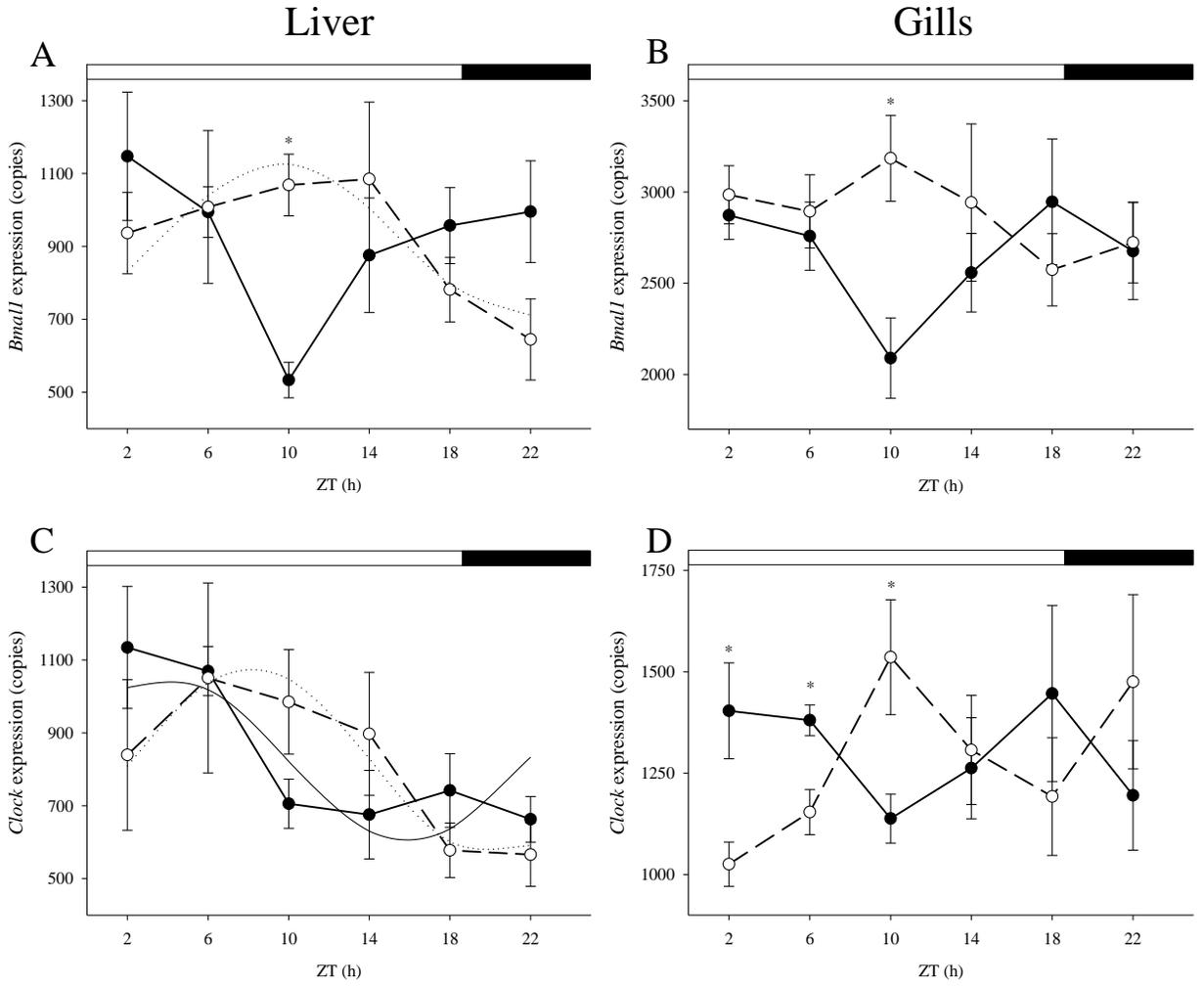


Fig. 6

