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1 **Long-chain polyunsaturated fatty acid biosynthesis in chordates: insights into the**
2 **evolution of Fads and Elovl gene repertoire**

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20

21 **Abbreviations**

- 22 aa, amino acid
- 23 ACP, acyl carrier protein
- 24 ALA, α -linolenic acid (18:3n-3)
- 25 ARA, arachidonic acid (20:4n-6)
- 26 BHT, butylated hydroxytoluene
- 27 cDNA, complementary DNA
- 28 CoA, Coenzyme A
- 29 DHA, docosahexaenoic acid (22:6n-3)
- 30 ELOVL, elongation of very long-chain fatty acid protein
- 31 EPA, eicosapentaenoic acid (20:5n-3)
- 32 ER, endoplasmic reticulum
- 33 FACES, fatty acid chain elongation system
- 34 FADS, fatty acyl desaturase
- 35 FAE1, fatty acid elongase 1
- 36 FAS, fatty acid synthase
- 37 HADC, β -hydroxyacyl-CoA dehydrase
- 38 KAR, β -ketoacyl-CoA reductase
- 39 KCS, β -ketoacyl-CoA synthase
- 40 LA, linoleic acid (18:2n-6)
- 41 LC-PUFA, long-chain (C₂₀₋₂₄) polyunsaturated fatty acids
- 42 ORF, open reading frame
- 43 PKS, polyketide synthase
- 44 PUFA, Polyunsaturated fatty acid
- 45 SCD, stearoyl-CoA desaturase
- 46 TER, trans-2-enoyl-CoA reductase
- 47 VLC-PUFA, very long-chain (>C₂₄) polyunsaturated fatty acid
- 48 WGD, whole genome duplication
- 49

50 **Abstract**

51

52 Long-chain polyunsaturated fatty acids (LC-PUFA) are major components of complex lipid
53 molecules and are also involved in numerous critical biological processes. Studies conducted
54 mainly in vertebrates have demonstrated that LC-PUFA can be biosynthesized through the
55 concerted action of two sets of enzymes, namely fatty acyl desaturases (Fads) and elongation
56 of very long-chain fatty acid (Elovl) proteins. While LC-PUFA research is a thriving field,
57 mainly focused on human health, an integrated view regarding the evolution of LC-PUFA
58 biosynthetic genetic machinery in chordates is yet to be produced. Particularly important is to
59 understand whether lineage specific life history trajectories, as well as major biological
60 transitions, or particular genomic processes such as genome duplications have impacted the
61 evolution of LC-PUFA biosynthetic pathways. Here we review the gene repertoire of Fads
62 and Elovl in chordate genomes and the diversity of substrate specificities acquired during
63 evolution. We take advantage of the magnitude of genomic and functional data to show that
64 combination duplication processes and functional plasticity have generated a wide diversity of
65 physiological capacities in extant lineages. A clear evolutionary framework is provided,
66 which will be instrumental for the full clarification of functional capacities between the
67 various vertebrate groups.

68

69

70 **Keywords**

71 Chordates; elongation of very long-chain fatty acid protein; evolution; front-end desaturase;
72 long-chain polyunsaturated fatty acids

73

74 1. Introduction

75

76 Unlike proteins and carbohydrates, that generally have structures based on long chains
77 (polymers) of amino acid (polypeptides) or sugar (polysaccharides) residues, lipids are a
78 much more diverse range of compounds with considerable variations in structure. However,
79 although lipids do not have “building blocks” as such, fatty acids come closest, being
80 components of many lipid classes including acylglycerols (glycerides and phosphoglycerides)
81 and sphingolipids. In complex lipids, fatty acids are esterified to alcohol or amino groups and,
82 as these lipid classes are the predominant forms, fatty acids constitute the bulk of lipid. All
83 fatty acids play important roles in key biological processes including energy supply, structure
84 and functions of biological membranes. Some fatty acids, particularly polyunsaturated fatty
85 acids (PUFA) and their derivatives, are highly biologically active and involved in signalling
86 and the regulation of lipid metabolism, inflammatory response and cell division [1]. Saturated
87 and monounsaturated fatty acids can be biosynthesized by all organisms whereas PUFA
88 generally have to be obtained in the diet of animals although they can be converted to long-
89 chain (C₂₀₋₂₄) PUFA (LC-PUFA) in some species. This review will focus on two sets of
90 enzymes, fatty acyl desaturases and elongases that participate in the biosynthesis of LC-
91 PUFA in chordates. In particular, we will review the currently available data on the
92 desaturase and elongase gene¹ repertoire present in chordate genomes and the diversity of
93 substrate specificities that have been acquired by the encoded enzyme proteins during
94 evolution. For clarity purposes, we will first provide a description of the fatty acid
95 nomenclature system used in this paper, as well as a definition of the groups of organisms that
96 compose the chordate phylum.

97

98 ¹ Gene/protein nomenclature

99 The standard vertebrate gene symbol formatting determines that different conventions apply to name gene/protein in different model
100 organisms including human (*Homo sapiens*), mouse (*Mus musculus*), rat (*Rattus norvegicus*), chicken (*Gallus gallus*), Carolina anole (*Anolis*
101 *carolinensis*), frog (*Xenopus laevis* or *X. tropicalis*) and zebrafish (*Danio rerio*). Using as example “Elov15”, the human gene is referred as
102 “ELOVL5” and the predicted protein as “ELOVL5”; for mouse and rat, gene will be named as “Elov15”, whereas protein will be “ELOVL5”;
103 for chicken and other birds, gene will be termed as “ELOVL5”, whereas protein will be “ELOVL5”; for anole and other reptiles, gene will be
104 termed as “elov15”, whereas protein will be “ELOVL5”; for frog and other amphibians, gene will be named as “elov15”, whereas protein will
105 be “Elov15”; similarly, for zebrafish and other fish, gene will be named as “elov15”, whereas protein will be “Elov15”. For non-vertebrate
106 organisms and agnathans, we have used the same symbols as described for fish (“elov15” for genes and “Elov15” for proteins).

107

108

109 1.1 Nomenclature and structure of fatty acids

110

111 A fatty acid is essentially an organic molecule with a carboxylic acid group at the end of an
112 aliphatic chain containing four or more carbons, usually an even number up to 24, although
113 odd-numbered and longer carbon chains are also found (Fig. 1). The aliphatic chain can be
114 “saturated”, where all carbon-carbon linkages are single bonds and all other carbon bonds are
115 taken by hydrogen, or “unsaturated”, where some carbons are linked by double bonds.
116 Several systems have been used historically for fatty acid nomenclature, but the most
117 commonly used and internationally accepted is that defined by the International Union of
118 Pure and Applied Chemistry (IUPAC) in the Compendium of Chemical Terminology (IUPAC,
119 1997). In the n-x (or “omega x”) system of nomenclature, fatty acids are described by the
120 general formula, C:Dn-x, where C = chain length, D = number of ethylenic/double bonds, and
121 n-x (or ω x) indicates the position of the first double bond relative to the methyl end of the
122 chain. Therefore, in this nomenclature 18:0 represents a saturated fatty acid containing an 18-
123 carbon aliphatic chain with no double bonds, and 18:1n-9 (18:1 ω 9) denotes a
124 monounsaturated fatty acid with an 18-carbon aliphatic chain with a single, *cis* double bond 9
125 carbons from the methyl group. Polyunsaturated fatty acids (PUFA), any fatty acid containing
126 two or more double bonds that are most commonly separated by methylene (CH₂) groups, are
127 represented as in the following example, 20:5n-3 (20:5 ω 3), which denotes a 20-carbon
128 aliphatic chain containing five double bonds with the first situated three carbons from the
129 methyl group (Fig. 1). However, in the present review, the main alternative nomenclature, the
130 Δ x (delta-x) system, is equally important as this is the one commonly used for specifying
131 activities of the fatty acyl desaturase (Fads) enzymes studied herein. In this nomenclature the
132 double bonds are numbered from the carboxyl end of the molecule and so 20:5n-3 is written
133 as 20:5 ^{Δ 5,8,11,14,17}. Thus, a Fads that introduces an ethylenic (double) bond five carbons from
134 the carboxyl end of the aliphatic chain is described as having Δ 5 activity. Additionally, fatty
135 acids are often still described using trivial names, often reflecting their main sources, such as
136 palmitic acid (16:0) and oleic acid (18:1n-9) from palm and olive oils, respectively. Semi-
137 systematic names, such as eicosapentaenoic acid (EPA; 20:5n-3) and docosahexaenoic acid
138 (DHA; 22:6n-3), are more useful as they at least indicate the numbers of carbons (e.g. eicosa-,
139 20) and double bonds (e.g. pentaenoic, 5). It is important to clarify that, while PUFA applies
140 to any fatty acid with at least two double bonds and generally, with chain lengths from 18
141 carbons or more, we will use the term long-chain PUFA (LC-PUFA) for fatty acids with an
142 aliphatic chain length from C₂₀ to C₂₄, and two or more double bonds. Similarly, very long-

143 chain PUFA (VLC-PUFA) refer to PUFA with two or more double bonds, with fatty acyl
144 chains $> C_{24}$.

145

146 1.2 Classification of chordates

147

148 Metazoans, a classification that refers to animals, are characterized by being multicellular
149 and heterotrophic, possessing epithelial cells and having the ability to produce sperm and
150 eggs. Their overwhelming diversity can be organized into defined groups on the basis of
151 phylogenetic relationships. The first major division separates two clades on the basis of their
152 body plan symmetry: the pre-Bilateria (e.g. sponges, coral and jellyfish) and the Bilateria.
153 Within the latter, two other groups can be distinguished based on early embryonic
154 development features: the protostomes (e.g. molluscs) and the deuterostomes (e.g. sea urchins,
155 mammals). In this review we will focus primarily on the phylum chordates that, together with
156 hemichordates and echinoderms, comprise the deuterostomes. Chordates are subdivided into
157 three sub-phyla, namely cephalochordates, tunicates and vertebrates (Fig. 2).
158 Cephalochordates and tunicates are usually referred to as “invertebrate chordates” as they lack
159 vertebrae (Fig. 2). Chordates share a number of characteristics including a dorsal hollow
160 nerve cord, pharyngeal slits, postanal tail and a prominent axial notochord. Over the years a
161 consensus over the phylogenetic relationships between these three lineages emerged, with
162 tunicates now considered the sister clade of the vertebrates [2]. The transition towards
163 vertebrates entailed a significant number of innovations including the presence of an
164 endoskeleton, elaborated brain and distinct head [3]. A fundamental separation within the
165 vertebrates involves the presence or absence of a jaw, which divides the agnathans (lampreys
166 and hagfishes), which lack a jaw, from gnathostomes (cartilaginous fish, teleosts, amphibians,
167 birds and reptiles and mammals) (Fig. 2).

168 Comparative studies involving species from key phylogenetic lineages within the chordates
169 have shed light over the specific acquisition (and loss) of numerous developmental,
170 morphological and physiological traits [3-5]. An underscoring aspect of this research is the
171 impact of gene duplication, particularly that arising from whole genome duplications (WGD).
172 It is clear today that WGD events took place in early vertebrate evolution, although the
173 number of events and exact timing remains contentious (Fig. 2) [6-9]. Nevertheless, the
174 increment of gene numbers followed by episodes of sub-functionalizations,
175 neofunctionalizations, and gene loss, have all impacted vertebrate physiology and, with
176 regard to the topic of this review, the number and function of genes encoding key enzymes

177 involved in the biosynthesis of LC-PUFA. Vertebrates have a surprising diversity of species
178 denoting a wide range of adaptations. They also colonize a variety of habitats from aquatic
179 (fresh and salt) to land and air, which have hinted at impacts on lipid metabolism [10]. In the
180 context of the present review, the availability of full genome sequences in species
181 representatives of the main lineages clearly provides the necessary tools to address the
182 evolutionary and functional aspects of LC-PUFA molecular components (Fig. 2).

183

184 **2. Biosynthesis of fatty acids**

185

186 2.1. Biosynthesis of saturated fatty acids

187

188 The lipogenic pathways are essentially the same in plants and animals including vertebrates
189 although most studies in animals have been conducted in mammals. The primary pathway of
190 lipogenesis is the biosynthesis of fatty acids, which is catalyzed by two cytosolic enzyme
191 systems, acetyl-CoA carboxylase and the multienzyme fatty acid synthase (FAS) complex
192 that uses acetyl-CoA as carbon source to produce saturated fatty acids, primarily 16:0 in
193 animals and 18:0 in plants [11]. There are two main classes of FAS; Type I systems as found
194 in yeast and animals use a single large, multifunctional polypeptide whereas Type II systems
195 that are found in prokaryotes and plants utilize a series of discrete, monofunctional enzymes.
196 The FAS mechanism consists of sequential decarboxylative Claisen condensation reactions
197 with the key step being the condensation of malonyl-CoA, formed by acetyl-CoA carboxylase,
198 with the growing acyl chain. After each round of elongation the β -keto group is reduced to the
199 fully saturated carbon chain by the sequential action of ketoacyl reductase, dehydrase, and
200 enoyl reductase activities. The growing acyl chain is carried between the enzyme active sites
201 by the acyl carrier protein (ACP) domain through a covalent linkage to the
202 phosphopantetheine prosthetic group, and is finally released as 16:0 by the action of a
203 thioesterase. Acetyl-CoA is initially produced in mitochondria from both carbohydrate or
204 protein sources through the oxidative decarboxylation of pyruvate or the oxidative catabolism
205 of some amino acids, respectively, leading to citrate production (via the tri-carboxylic acid
206 cycle) and export to the cytosol, and subsequent production of cytosolic acetyl-CoA through
207 the action of ATP-citrate-lyase. The NADPH reducing equivalents are produced by enzymes
208 of carbohydrate metabolism including the pentose phosphate pathway (glucose-6-phosphate
209 dehydrogenase and 6-phosphogluconate dehydrogenase), tricarboxylic acid cycle (NADP-
210 dependent isocitrate dehydrogenase) and malic enzyme.

211 The FAS complexes are very similar to another family of multi-enzyme complexes, the
212 polyketide synthases (PKS), that use a similar mechanism and homologous domains to
213 produce structurally complex organic molecules or secondary metabolites, collectively termed
214 polyketides, in bacteria, fungi, and plants [12]. Both FAS and PKS have two principal classes,
215 Type I and Type II, with the differences between PKS Types being the same as described
216 above for FAS, e.g. Type II being characterized by discrete, monofunctional enzymes. The
217 relationship between FAS and PKS is particularly interesting and relevant to the present
218 review for two main reasons. Firstly, the evolutionary history of FAS is intimately linked with
219 that of PKS as the Type I FAS in animals is believed to have evolved by modification of
220 fungal Type I PKS, whereas Type I FAS in fungi (and some bacteria) appears to have arisen
221 through the fusion of Type II FAS genes. Secondly, LC-PUFA including EPA and DHA may
222 be biosynthesized by PKS-like pathways (see below) in some marine microalgae including
223 some dinoflagellates and thraustochytrids [13].

224

225 2.2 Fatty acid chain elongation

226

227 Although FAS produces 16:0 and 18:0, C₂₀ - C₂₄ fatty acids are common and chain lengths
228 > C₂₄ are often found in eukaryotes [14, 15]. Therefore, fatty acid elongation is another major
229 pathway in the production of fatty acids. Depending upon the organism, different terms such
230 as “elongase” or “elongase system”, or fatty acid chain elongation system (FACES) have all
231 been used to describe enzymes responsible for the elongation of fatty acids through the
232 addition of two carbon units to the carboxyl end of the chain. In higher plants, elongation is
233 usually restricted to saturated and monounsaturated fatty acids and accomplished by an
234 enzyme coded by the FAE1 gene (Fatty acid elongase 1) [16], although a PUFA Fae1 has
235 been functionally characterized in the marine parasitic protozoon *Perkinus marinus* [17].
236 Marine microalgae rich in n-3 LC-PUFA appear to have an elongase (e.g. IgASE1 in
237 *Isochrysis galbana*) capable of elongating PUFA [18]. Similarly, marine protists such as
238 thraustochytrids may also have an elongase capable of elongating PUFA [19]. The yeast,
239 *Saccharomyces cerevisiae*, only produces saturated and monounsaturated fatty acids and has a
240 family of elongases, ELO1, ELO2 and ELO3, with different fatty acid specificities according
241 to chain length [19, 20]. The PUFA-producing fungus, *Mortierella alpina*, that produces
242 arachidonic acid (ARA; 20:4n-6) has two elongases including GLELO that elongates 18:3n-6
243 to 20:3n-6 and is likely the rate-limiting step in ARA biosynthesis, and MAELO that
244 preferentially elongates saturated and monounsaturated fatty acids [21].

245 In plants and animals, the elongation of fatty acids to produce fatty acids with chain lengths
246 $> C_{18}$ involves four sequential reactions to add each 2-carbon unit that occurs in endoplasmic
247 reticulum (ER) [19, 22] (Fig. 3). These reactions are analogous to those of *de novo* synthesis,
248 (specifically condensation, 1st reduction, dehydration and 2nd reduction) and are catalyzed by
249 four membrane-bound enzymes, namely Elongation of very long fatty acids (Elovl) proteins
250 (condensing enzyme), β -ketoacyl-CoA reductase (Kar; 1st reduction), β -hydroxyacyl-CoA
251 dehydrase (Hadc; dehydration), and trans-2-enoyl-CoA reductase (Ter; 2nd reduction) (Fig. 3).
252 Early biochemical studies provided indirect evidence to indicate that the condensing enzyme
253 Elovl of the elongation system was rate-limiting, regulated the specificity of elongation in
254 term of chain length and the degree of unsaturation, and was regulated by nutritional and
255 hormone status [19]. Cloning of the condensing enzyme and functional characterization of the
256 activity confirmed these data and other enzymes in the complex do not show any fatty acid
257 specificity [20, 23]. While expanded in Section 3, it is worth clarifying that ELOVL enzymes
258 comprise a family with at least seven members, ELOVL1-7, that can be broadly sub-divided
259 into elongases of saturated and monounsaturated fatty acids, ELOVL1, ELOVL3, ELOVL6
260 and ELOVL7, and elongases of PUFA, ELOVL2, ELOVL4 and ELOVL5 [20, 22, 24]. It is
261 worth clarifying that Elovl and Fae1 are both β -ketoacyl-CoA synthases (Kcs) and, although
262 structurally unrelated, both enzymes have been suggested to similarly interact with the “core”
263 elongase components Kar, Hadc and Ter (Fig. 3) [25]. Interestingly, a new component of the
264 plant elongation pathway, the ECERIFERUM2-like proteins, are believed to affect the Fae1-
265 like Kcs although the mechanism is not yet been established [26]. Preliminary *in silico*
266 analyses appear to suggest that such a paralogue does not exist in non-plant organisms.

267

268 2.3 Biosynthesis of unsaturated fatty acids

269

270 The biosynthesis of unsaturated fatty acids can occur by two pathways. The first pathway,
271 found in many bacteria, generates the double bonds by essentially leaving those created
272 during the biosynthesis of the fatty acid [27]. Some marine bacteria (e.g. *Shewanella* sp.) are
273 capable of EPA production and analysis of the amino acid sequences derived from the genes
274 responsible showed they were related to microbial PKS (and FAS) complexes [28]. Related
275 genes have been analysed from DHA-producing organisms, the bacterium *Moritella marina*
276 strain MP-1 [29] and *Schizochytrium*, a thraustochytrid marine protist [30]. The second
277 pathway, found in almost all eukaryotes and some bacteria, involves aerobic desaturase
278 enzymes that directly regioselectively introduce double bonds into fatty acids produced by *de*

279 *novo* synthesis or obtained through the diet [31, 32]. Although the basic mechanism of the
280 desaturation reaction, removing two hydrogens to create a carbon-to-carbon double bond, is
281 similar and they all utilize molecular oxygen and reducing equivalents obtained from an
282 electron transport chain, fatty acid desaturases have been classified in a number of ways.

283

284 *2.3.1 Classification of fatty acid desaturases*

285

286 Probably the most fundamental classification of fatty acid desaturases is based on
287 subcellular location, which classifies fatty acid desaturases into two groups, the soluble
288 desaturases and membrane-bound desaturases, that are phylogenetically unrelated [31]. The
289 only soluble desaturase is the acyl-acyl carrier protein (ACP) or stearyl-ACP desaturase,
290 found only in the stroma of plant plastids, which is responsible for the production of oleic
291 acid (18:1n-9) from stearic acid (18:0) [33]. In contrast, membrane-bound desaturases are
292 ubiquitous in eukaryotes and bacteria, and are characterized by three histidine box motifs that
293 contain eight histidine residues [34]. The membrane-bound desaturases can be sub-divided
294 based on the nature of the lipid substrate to which the fatty acyl chain is linked [35]. First,
295 acyl-lipid desaturases, which are associated with the ER and chloroplast membrane in plants,
296 cyanobacterial thylakoid membranes, plasma membrane of some bacteria [36], and ER in
297 *Tetrahymena* [37], desaturate fatty acids esterified to glycerolipids. Second, acyl-CoA
298 desaturases, found in the ER of animals and fungi, and plasma membrane of some bacteria,
299 introduce double bonds into fatty acids esterified to coenzyme A (CoA) [38]. A separate
300 classification is based on which end of the fatty acid molecule the desaturase “counts” from in
301 determining specificity. Thus, methyl end desaturases insert the double bond at a fixed
302 number of carbons from the methyl group and are termed ω -desaturases (e.g. ω 3 or ω 6
303 desaturases), whereas the so-called “front-end” desaturases insert the double bond as a fixed
304 number of carbons from the carboxyl group and are termed Δ (delta)-desaturases (e.g. Δ 6 or
305 Δ 5 desaturases). In Section 3, particular attention will be paid to front-end desaturases termed
306 FADS in mammals. The protein sequences of the FADS-like desaturases possess features
307 characteristic of all membrane-bound fatty acid desaturases, including the three histidine
308 boxes mentioned above, two transmembrane regions, and an N-terminal cytochrome b_5
309 domain containing the haem-binding motif, HPGG [34, 39, 40]. Thus, the animal front-end
310 desaturases are fusion proteins containing both desaturase and cytochrome b_5 functions [41].

311

312 *2.3.2 Biosynthesis of monounsaturated fatty acids and C₁₈ PUFA*

313

314 Monounsaturated fatty acids, such as 18:1n-9 and 16:1n-7, are produced through the
315 activity of $\Delta 9$ fatty acyl desaturases, including the soluble stearoyl-ACP desaturase in plants,
316 and the microsomal stearoyl-CoA desaturases of yeast (OLE1) and animals (SCD) [42-44]
317 (Fig. 4). Two representatives of mammalian SCD have been crystallized and subjected
318 recently to X-ray analysis [45, 46]. Therefore, this activity is ubiquitous and found in all
319 living organisms [47]. In plants and algae, monounsaturated fatty acids can be further
320 desaturated through the action of chloroplast membrane-bound desaturases to form, firstly,
321 linoleic acid (LA; 18:2n-6) from 18:1n-9 and then α -linolenic acid (ALA; 18:3n-3) from LA
322 [42, 48] (Fig. 4). The production of LA is catalyzed by an $\omega 6$ desaturase that counts from the
323 pre-existing $\Delta 9$ bond (rather than the methyl end) in higher plants, and a $\Delta 12$ desaturase in
324 cyanobacteria [43, 49]. The production of ALA from LA is catalyzed by $\omega 3$ or $\Delta 15$
325 desaturases [42, 50]. In addition, PUFA can be produced by the action of $\Delta 12$ desaturases in
326 some yeast [51] and bifunctional desaturases showing both $\Delta 12$ and $\Delta 15$ activities have also
327 been described in protozoans [52, 53] and fungi [54].

328 In contrast to plants, fungi and some aquatic microorganisms, few other organisms are
329 capable of producing PUFA *de novo*. In animals, the $\Delta 12$ desaturation of 18:1n-9 to form LA
330 was demonstrated in axenic tissues from insects including cockroach [55] and cricket [56],
331 and insect $\Delta 12$ desaturase genes were subsequently isolated and characterized [57, 58]. The
332 nematode, *Caenorhabditis elegans* has also been shown to have two desaturase-like genes,
333 *fat1* and *fat2*. The *fat1* gene encodes a novel $\omega 3$ desaturase capable of introducing an $\omega 3$
334 double bond into both C₁₈ and C₂₀ substrates [59], and the *fat2* gene encodes a functional $\Delta 12$
335 that can desaturate both C₁₈ and C₁₆ substrates [60], and has been shown recently to also have
336 $\Delta 15$ desaturation activity [61]. However, PUFA cannot be synthesized *de novo* by
337 chordates/vertebrates as they lack the necessary $\Delta 12/\omega 6$ and $\Delta 15/\omega 3$ desaturases [38]. The
338 desaturase enzymes involved in the biosynthesis of monounsaturated and C₁₈ polyunsaturated
339 fatty acids are important in defining context, however the $\Delta 9$, $\Delta 12/\omega 6$ and $\Delta 15/\omega 3$ desaturases
340 are outwith the scope of the present review.

341

342 2.4 Biosynthesis of LC-PUFA in plants, bacteria and fungi

343

344 *De novo* biosynthesis of LC-PUFA with chain lengths longer than C₁₈ occurs in
345 phototrophic and heterotrophic algae, especially marine microalgae that are rich in EPA
346 and/or DHA, and some marine bacteria. In algae, LC-PUFA can be produced by two

347 pathways, either the aerobic pathway using specific, discrete desaturase enzyme proteins [18,
348 51] or, in some cases including certain thraustochytrids and possibly flagellates, anaerobically
349 via polyketide (PKS) pathways [13]. The aerobic pathway synthesises LC-PUFA from the C₁₈
350 PUFA produced through the action of the Δ₁₂/ω₆ and ω₃ desaturases as described above
351 (Section 2.3). However, the desaturases involved in LC-PUFA biosynthesis are termed “front-
352 end” desaturases as they introduce double bonds into the fatty acyl chains between the Δ₉
353 bond and the carboxyl end of the molecule, in contrast to the Δ₁₂/ω₆ and ω₃ desaturases that
354 produce C₁₈ PUFA, which introduce double bonds between the Δ₉ double bond and the
355 methyl end of the chain [62]. In eukaryotic algae, Δ₈, Δ₆, Δ₅ and Δ₄ desaturases necessary
356 for the production of EPA and DHA from 18:3n-3 have all been described [18] (Fig. 4).

357 The biosynthesis of n-3 LC-PUFA in marine bacteria also occurs through the activity of a
358 bacterial PKS-type multi-enzyme complex [63]. The PKS pathway for LC-PUFA
359 biosynthesis operates in some thraustochytrids, including *Schizochytrium* sp. [30], and is
360 speculated to also possibly be responsible for DHA production in some flagellate microalgae
361 [13]. In bacteria, the EPA biosynthesis gene cluster carries around 18 open reading frames
362 (ORF), but only five of the genes termed pfaA, pfaB, pfaC pfaD and pfaE code for proteins
363 required for the biosynthesis of EPA [63]. Analysis of the amino acid sequences derived from
364 the genes showed that they were related to microbial PKS (and FAS) complexes [28].
365 Organization of the gene clusters is divided into three types with Type I, present in
366 *Shewanella pneumatophori* SCRC-2738, containing all five pfa genes in close vicinity. Type
367 II, as in *Moriella marina* MP-1, consists of a cluster of four genes pfaABCD with a separate
368 pfaE, and Type III is considered to consist of just four genes with pfaE integrated into pfaC/E
369 [27].

370 Biosynthetic enzymes including front-end desaturases and PUFA elongases activities have
371 been also reported in fungi. The filamentous fungus *Mortierella alpina* has an elongase
372 (GLELO) with the ability to elongate 18:3n-6 to 20:3n-6 and thus involved in ARA
373 biosynthesis [21]. Additionally, desaturases with Δ₅ [64] and Δ₆ [65, 66] activities have been
374 also identified. Other fungi from which desaturase genes have been identified include
375 *Rhizopus nigricans*, *R. arrhizus*, *Mucor rouxii* and *Pythium irregulare* [67].

376

377 3. Fatty acyl desaturases and their genes in Bilateria

378

379 Other than the examples of the nematode *C. elegans* and some insects (Section 2.3.2),
380 bilaterian organisms appear to lack enzymes capable of producing C₁₈ PUFA from
381 monounsaturated fatty acids [39]. Therefore, the production of LC-PUFA in most animals,
382 and certainly in all vertebrates, is restricted to biosynthesis from pre-existing (dietary) C₁₈
383 PUFA. The pathway for the production of LC-PUFA from C₁₈ PUFA using aerobic front-end
384 fatty acid desaturases (Fads) and fatty acid elongases (Elovl) is shown in Figure 4. The PUFA
385 substrates for the pathway are 18:3n-3 and 18:2n-6 with DHA and 22:5n-6, respectively,
386 generally being the most highly unsaturated products [68]. All the enzymes involved act on
387 both the n-3 and n-6 series fatty acids with generally a preference for n-3 [38]. Using the n-3
388 example, production of EPA requires $\Delta 6$ and $\Delta 5$ desaturases producing 18:4n-3 from ALA
389 and EPA from 20:4n-3, respectively. An alternative pathway for the production of 20:5n-3
390 operates via elongation of ALA to 20:3n-3 followed by $\Delta 8$ - and $\Delta 5$ -desaturation steps [69, 70].
391 In some basal vertebrate lineages, such as teleosts, the production of DHA from EPA can
392 occur directly via a $\Delta 4$ desaturase that produces DHA from the EPA elongation product,
393 22:5n-3 [71]. In mammals, the production of DHA from EPA appears to involve a more
394 complicated pathway that involves sequential elongations of EPA to produce 24:5n-3 that is
395 desaturated by $\Delta 6$ desaturase [72] (Fig. 4). Recently, the human FADS2 gene product was
396 demonstrated to have the ability for direct $\Delta 4$ desaturation of 22:5n-3 to 22:6n-3 [73].

397 Bilateria including invertebrate and vertebrate organisms possess genes encoding
398 desaturases and elongases involved in biosynthetic pathways of LC-PUFA, although the exact
399 repertoire and function remain to be clarified. In particular, this section will largely focus on
400 front-end desaturases (Fads) with $\Delta 4$, $\Delta 5$, $\Delta 6$ and $\Delta 8$ activities, and Elovl2-, Elovl4- and
401 Elovl5-like elongases found in chordates. Thus, the current knowledge on gene complement
402 and functionalities of Fads and Elovl involved in LC-PUFA biosynthesis will be revised from
403 basal vertebrates like cartilaginous fish to mammals. For the purpose of providing the
404 adequate evolutionary perspective, the Fads and Elovl genes of non-chordate invertebrates
405 will be also described.

406

407 3.1 Fads and Elovl in invertebrates and non-vertebrate chordates

408

409 Some invertebrate groups, and particular species among them, are becoming increasingly
410 popular model species for comparative genomics and evolutionary developmental biology.

411 This is particularly true for species that have been noted for the retention of ancestral features
412 of their genome organization as well as gene content to a much greater degree than seen in
413 more traditional invertebrate model species [74-86]. As a result, ever-increasing genomic data
414 of certain species are becoming available that will surely allow the study of genes encoding
415 PUFA biosynthetic enzymes. While an extensive review of the molecular mechanisms of
416 PUFA biosynthesis in marine invertebrates has been published recently [77], it is still relevant
417 for the present review to highlight the most important findings uncovered in non-vertebrate
418 metazoans, to contextualise the gene complement of Fads and Elovl in chordates, the focus of
419 this review.

420 The nematode *C. elegans* was the first animal from which front-end desaturases, including
421 $\Delta 6$ [41] and $\Delta 5$ [78, 79] desaturases, were isolated and characterized. More recently, further
422 molecular studies on Fads and Elovl genes have been performed on another group of
423 invertebrates, the molluscs. A complementary DNA (cDNA) encoding a Fads enzyme was
424 first isolated from the common octopus *Octopus vulgaris* and shown to have $\Delta 5$ desaturation
425 activity towards saturated and polyunsaturated fatty acyl substrates [80]. Likewise, a full-
426 length cDNA sequence encoding an Elovl-like protein identified from *O. vulgaris* had high
427 homology to vertebrate Elovl2 and Elovl5 enzymes [81]. Consistent with vertebrate Elovl2
428 and Elovl5 that have demonstrated roles in PUFA biosynthesis in vertebrates [20], the
429 octopus Elovl was also efficient in the elongation of C18 and C20 PUFA substrates. Further
430 investigations on other mollusc class representatives including *Haliotis discus hannai*
431 (Gastropoda) [82] and *Chlamys nobilis* (Bivalvia) [83, 86], have confirmed the presence of
432 Fads and Elovl with similar substrate specificities to those described previously for the *O.*
433 *vulgaris* genes. More recently, two Fads- and Elovl-like cDNAs have been isolated and
434 functionally characterized from the common cuttlefish *Sepia officinalis* [85]. These results
435 confirm that the Fads and Elovl repertoire in protostome metazoans appear to have conserved
436 functionalities.

437 Through the interrogation of transcriptome and genome sequences, Surm and co-workers
438 [86] have recently screened a representative list of Fads and Elovl genes in a number of
439 commercially important species within phylum Mollusca. It was confirmed that orthologues
440 of Fads and Elovl were found in all investigated species covering three major classes
441 including gastropods, bivalves and cephalopods. Regarding the Fads complement,
442 cephalopods were found to possess one single Fads gene as previously predicted [80, 85],
443 whereas a lineage-specific gene duplication event accounted for the presence of more than
444 one Fads copy in some of the gastropod and bivalve species investigated. Interestingly, one

445 group of sequences (Clade A) included all the mollusc Fads that have been functionally
446 characterized to date as $\Delta 5$ desaturases, but none of the Fads-like enzymes from Clade B have
447 yet been functionally characterized [86]. Similar to Fads, gene duplication has played a major
448 role in the evolution of the Elovl gene family in molluscs. Genomic data support the idea that
449 a duplication event in the Elovl gene family likely occurred during the early diversification of
450 bilateria as all three classes considered (cephalopods, bivalves and gastropods) possess
451 sequences orthologous to the Elovl2/5- and Elovl4-like types found in present day vertebrates
452 [86].

453 The characterization of *elovl/fads* gene repertoire and function in invertebrate
454 deuterostomes including species from phyla such as the hemichordates, echinoderms,
455 cephalochordates and tunicates is poorly detailed (Fig. 5). Here we focus on basal invertebrate
456 chordate lineages. To date, a single *elovl* gene representative has been characterized in the
457 European amphioxus (*Branchiostoma lanceolatum*) [87] and the sea squirt (*Ciona*
458 *intestinalis*) [88]. Despite their clear orthology towards the larger super-family of ELOVL
459 enzymes, phylogenetic analysis indicated that these characterized sequences belonged to
460 different Elovl classes. Independent phylogenetic reconstructions demonstrated that the
461 isolated sequence from the sea squirt belonged to the Elovl4 clade [87, 88], while the
462 amphioxus gene was a *bona-fide* orthologue of Elovl2/5 from vertebrates [87]. Perhaps more
463 interesting was the fact that close inspection of the available genomes of the Florida
464 amphioxus (*Branchiostoma floridae*) and two sea squirt species (*C. intestinalis* and *C.*
465 *savignyi*) suggested a fundamental difference. While orthologues of *elovl4* and *elovl2/5* were
466 recognizable in the lancelet (amphioxus) genome (as they are indeed in protostomes), no
467 apparent *elovl2/5* was found in these tunicate species [87] (Fig. 5). Some data on the
468 characterization of the substrate specificities of these Elovl are also available. The Elovl4
469 from the sea squirt was able to elongate C₁₈ and C₂₀ PUFA [88]. In contrast, the amphioxus
470 Elovl2/5 showed a more broad elongation pattern with the ability to elongate C₂₂ PUFA, but
471 with clear preferences for C₁₈ and C₂₀ [87]. At present no characterization of the orthologue
472 of Elovl4 has been performed in amphioxus. Regarding desaturases, both amphioxus and sea
473 squirts have a single desaturase gene although their precise phylogenetic relationships and
474 functions have not yet been addressed (Fig. 5) [87, 89]. Preliminary analysis suggests that the
475 tunicate desaturase is not a Fads but rather a sphingolipid desaturase (Castro and Monroig,
476 personal communication).

477

478

479 3.2 Fads and Elovl in vertebrate basal lineages

480

481 3.2.1 Agnathans, chondrichthyans and holosteans

482

483 The Elovl and Fads gene repertoire in basal vertebrate lineages, such as chondrietyans and
484 especially agnathans, is poorly investigated. Therefore, only patchy knowledge of the
485 functions and diversity of LC-PUFA biosynthetic enzymes outside tetrapods, such as birds
486 and mammals, and teleosts is currently available [90-92]. However, recent findings have
487 provided some clarification of Fads and Elovl genes in early vertebrate evolution, and their
488 overall impact on our understanding of the evolution of the LC-PUFA pathway. The gene
489 complement of *fads* desaturases in chondrietyans was shown to partially coincide with that of
490 mammals [89]. Thus, orthologues of both *fads1* and *fads2* were identified in the elasmobranch,
491 the lesser-spotted dogfish or small-spotted catshark (*Scyliorhinus canicula*), pushing back the
492 origin of these desaturase gene lineages to the pre-gnathostome period [89]. Moreover, the
493 overall PUFA substrate specificity of both gene orthologues showed unequivocally that Fads1
494 and Fads2 were $\Delta 5$ and $\Delta 6$ desaturases, respectively, similar to that previously determined in
495 mammals [89]. The recent release of the genome sequence of the holocephali species, the
496 elephant shark (*Callorhynchus milii*) [93], confirmed the initial description in the dogfish,
497 with only two Fads-encoding genes found in the chimaera genome (Fig. 6). *Fads* genes tend
498 to occur in genomes in physical clusters, an indication of their origin through tandem gene
499 duplication. That is the case in humans with a gene cluster with three Fads genes, as well as
500 birds and reptiles with four and five Fads genes, respectively [89]. Although the original
501 description of the *fads* repertoire in cartilaginous fish did not provide information regarding
502 the genomic organization of these genes, the *fads1* and *fads2* orthologues in *C. milii* map
503 together into the same genomic scaffold with a similar composition to the human *FADS* gene
504 locus at chromosome 11 (Fig. 6). The finding of *fads1* and *fads2* orthologues in cartilaginous
505 fish, together with the description of a single basal gene in invertebrate chordates [89],
506 provided tentative evidence that both genes originate from a gene duplication dated back to
507 the transition from cephalochordates/tunicates to gnathostomes. In the most basal vertebrate
508 branch, the agnathans, the repertoire of Fads genes is presently unknown (Fig. 5). While the
509 genome of the sea lamprey (*Petromyzon marinus*) presented no detectable gene sequence with
510 similarity to front-end desaturases, the existence of a partial sequence with similarity to *fads2*
511 was suggested previously [89]. Moreover, the recently available genome from the Japanese

512 lamprey (*Lecentheron japonicus*) [8] indicated the presence of at least a single sequence with
513 similarity to *fads1* (Castro's personal communication) (Fig. 5) and thus the currently available
514 data enable us to tentatively infer the presence of *fads1* and *fads2* orthologues in agnathans.
515 This would tentatively date the origin of these two gene lineages to the time of the
516 invertebrate/vertebrate transition.

517 The *elovl* gene repertoire involved in LC-PUFA biosynthesis, namely Elov12 and Elov15,
518 has been characterized in agnathans and chondriactyans. Monroig and co-workers [87] have
519 investigated the *elovl2* and *elovl5* gene repertoire and function in two species belonging to
520 these chordate lineages, the sea lamprey and the elephant shark (Fig. 5). In the case of the
521 elephant shark, orthologues of the tetrapod Elov12 and Elov15 were identified and their origin
522 delineated using both phylogenetics and comparative genomics [87]. However, agnathan
523 sequences are often difficult to place phylogenetically [94]. In the case of Elov12/5,
524 supporting evidence from both phylogenetic and synteny comparisons indicated that
525 orthologues of both Elov12 and Elov15 can indeed be found in lampreys [87] (Fig. 5).
526 Analysis of the PUFA substrate specificities of these enzymes revealed a complex
527 evolutionary pattern. The elephant shark Elov1 resembled other gnathostome Elov12 and
528 Elov15 with clear preferences for C₂₂ and C₁₈, respectively, while a clear overlap was
529 observed for C₂₀ PUFA substrates [87]. The profile determined for the lamprey genes was
530 strikingly different. The agnathan putative Elov12 and Elov15 enzymes showed overlapping
531 preferences for C₁₈ and C₂₀, respectively, with no capacity to elongate C₂₂ PUFA [87]. These
532 results suggested that the agnathans represent an intermediate state after duplication since
533 they completely lack the ability to elongate C₂₂ PUFA observed in cartilaginous fish such as
534 elephant shark.

535 The exact role and gene number of *elovl4* genes in lampreys and cartilaginous fish has not
536 been described or characterized previously. However, genome mining clearly indicated the
537 presence of single copy orthologues in both lineages, which await functional characterization
538 (Fig. 5). Finally, other emerging genomic fish models will most likely provide a better-
539 defined picture of Fads and Elov1 evolution. For example, the impact of the teleost-specific
540 whole genome duplication (3R) has been barely explored considering other non-classical
541 vertebrate models such as the spotted gar, *Lepisosteus oculatus*, a pre-3R holostean [4].
542 Scrutiny of the spotted gar genome revealed the identification of the full gene complement of
543 Fads (*fads1* and *fads2*) and Elov1 (*elovl2*, *elovl4*, and *elovl5*), an indication that a conserved
544 LC-PUFA pathway is probably present (Castro's personal communication).

545

546 3.2.2 *Teleosts*

547

548 The mechanisms of LC-PUFA biosynthesis in teleost fish, particularly farmed species,
549 have been investigated extensively in recent years, and many aspects of these metabolic
550 pathways are better understood in fish compared to mammals. These investigations have led
551 to the conclusion that LC-PUFA biosynthetic capability varied notably among species linked
552 to differences in the complement of Fads and Elovl gene and enzymatic activities existing in
553 that species [92]. Generally, freshwater and salmonid species have been regarded as having
554 high capacity for LC-PUFA biosynthesis, whereas marine teleost species showed a limited
555 ability to biosynthesize LC-PUFA [95]. This has been hypothesized to be a consequence of
556 marine species having evolved in an LC-PUFA-rich environment and thus with low
557 evolutionary pressure to retain the ability to endogenously produce LC-PUFA. In contrast,
558 lower levels of LC-PUFA in the food chain may have been the selective pressure driving
559 freshwater species to retain the ability to biosynthesize LC-PUFA to satisfy their
560 physiological requirements [89, 95, 96]. In addition to the fact that such dichotomy had been
561 established based on a rather limited number of species, other confounding factors beyond
562 habitat have been explored in recent years. Among them, the trophic level, the position of an
563 organism within the food web, the “trophic ecology” and diadromy have been also suggested
564 as potential drivers modulating the range of desaturation and elongation capabilities in
565 teleosts and thus their ability for LC-PUFA biosynthesis [97, 98]. Importantly for the purpose
566 of this review, it has become obvious that the capability for LC-PUFA biosynthesis in teleost
567 fish is more diverse than in other vertebrate groups, and is possibly the result of a
568 combination of factors that interact throughout the evolutionary history of each particular
569 group or species.

570

571 3.2.2.1 Fads in teleosts

572

573 Teleosts have been by far the group of tetrapods where the greatest number of Fads and
574 Elovl have been studied (Fig. 5). The first Fads-encoding cDNAs were isolated from rainbow
575 trout [99] and zebrafish [100]. The amino acid sequence homology of the two Fads indicated
576 they both were $\Delta 6$ desaturases. However, the functional characterization of the zebrafish Fads
577 by heterologous expression in yeast demonstrated that the encoded enzyme was a bifunctional
578 $\Delta 6/\Delta 5$ desaturase [100]. Subsequently, a relatively large number of Fads-like cDNAs have
579 been isolated from a variety of teleost fish from a wide range of environments (from

580 freshwater species such as zebrafish, to diadromous species like Atlantic salmon, and marine
581 species such as Atlantic cod), trophic levels (from true herbivores like rabbitfish to top
582 carnivores like Atlantic bluefin tuna) and phylogenetic groups (from the basal teleost clade
583 Elopomorpha such as eels, to Percomorpharia like cobia or gilthead seabream). An extensive
584 list of all Fads-like cDNAs that have been isolated and functionally characterized from teleost
585 fish species is shown in Table 1 [70, 71, 92, 97-117].

586 It has been shown that all the Fads-like desaturases characterized in teleost fish are *FADS2*
587 orthologues [89]. Interesting, whereas mammalian *FADS2* are predominantly $\Delta 6$ desaturases,
588 teleostei *Fads2* enzymes show much more varied substrate specificities (Table 1). Similar to
589 mammalian orthologues, many fish *Fads2* are indeed typical $\Delta 6$ desaturases as demonstrated
590 in a range of marine (gilthead sea bream, turbot, Atlantic cod, cobia, European sea bass,
591 barramundi, Northern bluefin tuna, meagre, Nibe croaker) and freshwater species (common
592 carp and rainbow trout). None of those *Fads2* showed $\Delta 5$ or $\Delta 4$ desaturase activities. In
593 Atlantic salmon, however, four distinct genes encoding *Fads2* have arisen as a result of
594 segmental duplications and not as a result of the salmonid tetraploidization event
595 hypothesized to have occurred between 25 and 100 million years ago [104]. While the so-
596 called $\Delta 6$ Fad_a, $\Delta 6$ Fad_b, and $\Delta 6$ Fad_c [104] were shown to have $\Delta 6$ specificity [103, 104],
597 a fourth *Fads2* cDNA was demonstrated to have $\Delta 5$ -desaturase activity [102]. The salmon $\Delta 5$
598 *Fads2*, together with the three $\Delta 6$ -like desaturases described above, enable this species to
599 perform all desaturation reactions (i.e. $\Delta 6$ and $\Delta 5$ desaturations) required in the LC-PUFA
600 biosynthesis through the conventional pathways for mammals (Fig. 4). Thus, biosynthesis of
601 DHA in Atlantic salmon appears to proceed through the Sprecher pathway. This is also the
602 case for rainbow trout, for which another monofunctional $\Delta 5$ *Fads2* has been characterized
603 (Hamid's personal communication), and zebrafish, the only fish species where there is
604 supporting evidence for the existence of the Sprecher pathway in fish [118-120]. Interestingly,
605 other teleost *Fads2* have apparently lost the ability to desaturate 24:5n-3 to 24:6n-3, a key step
606 in the Sprecher pathway. Thus, the Nibe croaker *Nibea mitsukurii*, a member of the
607 Sciaenidae family (Percomorpharia) [121], possess a *Fads2* that has $\Delta 6$ desaturase activity
608 towards 18:3n-3 but no capability to desaturate 24:5n-3 [112]. Whether the apparent loss of
609 $\Delta 6$ desaturase activity on C₂₄ substrates in *Fads2* of *N. mitsukurii* is an extended trait or not
610 among fish *Fads2* desaturases remains to be elucidated. However, it has become apparent in
611 recent years that *Fads2* from teleosts have evolved quite markedly from the typical *Fads2*
612 functionalities as described in mammals as indicated by their high plasticity in terms of
613 substrate specificities. Other than the abovementioned zebrafish bifunctional $\Delta 6\Delta 5$ *Fads*, and

614 the salmon and trout $\Delta 5$ Fads2, other subfunctionalized Fads2 have been subsequently
615 characterized in several fish species.

616 Arguably the most important and interesting finding in our investigations of teleost LC-
617 PUFA biosynthesis in recent years has been the discovery of a Fads2 in rabbitfish (*Siganus*
618 *canaliculatus*) with capability for $\Delta 4$ desaturation [71], an activity originally believed to
619 account for the production of DHA directly from 22:5n-3 resulting from a single elongation
620 of EPA [68]. More recently Fads2 with $\Delta 4$ activities have also been characterized in
621 Senegalese sole *Solea senegalensis* [97], pike silverside *Chirostoma estor* [92] and the striped
622 snakehead *Channa striata* [117]. Further to the isolation and characterization of $\Delta 4$ desaturase
623 cDNAs in teleosts, *in vivo* biochemical evidence of the existence of an enzymatic activity
624 enabling $\Delta 4$ -desaturase-dependent DHA synthesis has been shown recently in *S. senegalensis*
625 [122]. In comparison with the Sprecher pathway, the so-called “ $\Delta 4$ pathway” is a more direct
626 metabolic route as it avoids translocation of LC-PUFA intermediates (namely 24:6n-3)
627 between endoplasmic reticulum and peroxisomes, and also the further catabolic step (partial
628 oxidation to DHA) occurring in the latter organelle [72, 123]. In addition to the $\Delta 4$ Fads2,
629 rabbitfish also expressed a bifunctional $\Delta 6\Delta 5$ Fads2 [71], similar to the zebrafish desaturase,
630 and the high degree of amino acid (aa) sequence similarity between the two rabbitfish Fads2
631 has prompted investigation of the specific residues dictating the different substrate
632 specificities of Fads2 desaturases [124]. It was concluded that four aa residues (YNYN for $\Delta 4$
633 Fads2 and FHYQ for $\Delta 6\Delta 5$ Fads2) located between the second and third histidine boxes were
634 responsible for the PUFA substrate specificities of each enzyme. *In silico* searches among
635 teleost fish indicated that Fads2 with the key aa residues and thus being putative $\Delta 4$
636 desaturases were more widely spread than initially believed. For instance, cichlids including
637 *Oreochromis niloticus*, *Maylandia zebra*, *Haplochromis burtoni* and *Pundamilia nyererei*, all
638 possess putative $\Delta 4$ Fads2 (Monroig’s personal communication).

639 As mentioned above, plasticity of teleost Fads2 is not restricted to the existence of
640 monofunctional $\Delta 6$, $\Delta 5$ or $\Delta 4$ desaturases, but some of the enzymes investigated have been
641 shown to be bifunctional proteins. In addition to the abovementioned zebrafish Fads2 that was
642 the first bifunctional $\Delta 6\Delta 5$ desaturase described [100], other bifunctional desaturases were
643 described in fungi [54, 125], protozoans [53] and moths [126]. In fish, the rabbitfish *S.*
644 *canaliculatus* [71] as described above, Nile tilapia *O. niloticus* and pike silverside *C. estor*
645 [92] also possess bifunctional $\Delta 6\Delta 5$ Fads2 enzymes. These bifunctional desaturases are
646 enzymes that can introduce two separate, distinct double bonds into the same fatty acid chain
647 and, interestingly, mammalian Fads2, zebrafish $\Delta 6\Delta 5$ Fads2 and possibly salmon Fads2_a,

648 are also believed to be responsible for introducing two distinct bonds into both C₁₈ and C₂₄
649 chains as required for DHA synthesis [120, 127, 128]. Many Fads2 desaturases are also able
650 to introduce the same double bond into both C₁₈ and C₂₀ chains. Specifically, a retrospective
651 study investigating the ability of Fads2 from freshwater, diadromous and marine teleost
652 species to desaturate PUFA at position Δ8, an intrinsic characteristic of mammalian FADS2
653 [69], concluded that is also a characteristic of teleost Fads2. That was also the case of
654 bifunctional Δ6Δ5 desaturases, and so this sort of multifunctionality appears to be an
655 extended feature among teleost Fads2. Furthermore, the Δ8 activity varied notably among the
656 species investigated, with marine fish Fads2 having higher Δ8 capability than Fads2 from
657 freshwater/diadromous species. The establishment of Δ8 activity in Fads2 enzymes opened up
658 the possibility of a “Δ8 pathway” whereby 20:3n-3 was no longer regarded as a dead-end
659 product but could potentially be an intermediate in the LC-PUFA biosynthetic pathway.
660 However, it remained unclear what benefit this evolutionary adaptation implied for marine
661 species that are receiving adequate dietary EPA and DHA, and little 18:3n-3 or 20:3n-3, and
662 in which the limiting step in the LC-PUFA biosynthesis pathway appears to be lack of Δ5-
663 desaturation capability [13, 129]. It is important to note that, while the desaturase gene
664 numbers and substrate specificities vary among species, some teleosts appear to lack any
665 *fads*-like gene in their genomes. This is the case of two pufferfish species, namely *Takifugu*
666 *rubripes* and *Tetraodon nigroviridis* [129].

667

668 3.2.2.2 Elovl in Teleosts

669

670 Elovl-like cDNAs have been isolated and characterized from a wide range of fish species
671 (Table 2) [92, 96-98, 107, 110-113, 115, 130-140]. The first teleost Elovl-like cDNAs with a
672 role in LC-PUFA biosynthesis was a zebrafish elongase that was identified as an Elovl5
673 enzyme [130]. Similar to mammalian orthologues [141, 142], zebrafish Elovl5 showed the
674 ability to elongate C₁₈ and C₂₀ PUFA, with markedly lower elongation efficiency on C₂₂
675 PUFA substrates. Subsequently, Elovl5 cDNAs were cloned and characterized in Atlantic
676 salmon, the only teleost species where two paralogues have been cloned and functionally
677 characterized [102, 134], catfish, tilapia, turbot, gilthead sea bream, Atlantic cod [133], cobia
678 [107], barramundi [110], Southern [137] and Northern [113] bluefin tuna, rabbitfish [138],
679 black seabream [139], meagre [98], rainbow trout [140] and Nibe croaker [112]. While the
680 majority of these studies on the functional characterization of Elovl5 included only 18:4n-3
681 and 18:3n-6 as substrates for C₁₈ elongation, the more recent studies increasingly include

682 both 18:3n-3 and 18:2n-6 as potential substrates for elongation [98, 137]. Consequently,
683 Elovl5 has been demonstrated to have the ability to elongate 18:3n-3 and 18:2n-6 and thus
684 produce adequate Δ 8-desaturation substrates 20:3n-3 and 20:2n-6 (Fig. 4). The establishment
685 of the ability of Elovl5 to elongate 18:3n-3 and 18:2n-6 along with the aforementioned Δ 8
686 activity in Fads2 enzymes has confirmed the possibility of a “ Δ 8 pathway” and so the initial
687 steps in LC-PUFA biosynthesis can be performed by the same Fads2 and Elovl5 enzymes but
688 with either activity initiating the pathway, desaturase followed by the elongase (Δ 6) or
689 elongase followed by desaturase (Δ 8). Interesting, the meagre *A. regius* and the Nibe croaker
690 *N. mitsukurii* Elovl5 have also shown the ability to elongate the C₁₆ PUFA 16:3n-3 [98, 112],
691 a fatty acid found in algae and plants. Moreover, heterologous expression in yeast suggested
692 a putative role for Elovl5 in fish in the elongation of monounsaturated fatty acids, as denoted
693 by the endogenous 18:1n-7 and 18:1n-9 in yeast being elongated to 20:1n-9 and 20:1n-7 [98,
694 102, 110, 112, 134]. The teleost Elovl5 functionalities suggest that these are more versatile
695 and adaptive enzymes than the mammalian orthologues. In this regard, adaptation to diet was
696 postulated as the main evolutionary driver accounting for the different tissue expression of
697 the two Elovl5 paralogues found in Atlantic salmon, and that of Northern pike (*Esox lucius*),
698 the closest extant relative to the preduplicated ancestral salmonid [96]. Thus, the
699 complementary expression pattern of *elovl5* genes in Atlantic salmon (liver and intestine)
700 might have enabled Atlantic salmon to thrive in a relatively poor LC-PUFA environment
701 during the freshwater stages. It was postulated that Atlantic salmon *elovl5* genes have been
702 efficiently retained in the genome under strong functional constraints indicating a
703 physiological requirement for both enzymes to be functionally active. On the other hand, a
704 piscivorous species like the Northern pike, despite it has the ability to biosynthesize DHA
705 from ALA [143], can directly satisfy its LC-PUFA requirements in the diet and thus the
706 Elovl5 activity for LC-PUFA production in liver and intestine might not be so critical.
707 Upstream promoter regions of salmon *elovl5* have strongly diverged from one another, and
708 thus, in contrast to their similar substrate preferences, the different regulatory mechanisms
709 indicate a relaxation of purifying selection following the duplication event [144].

710 Investigations of the other Elovl enzymes involved in LC-PUFA biosynthesis, i.e. Elovl2
711 and Elovl4, has contributed considerably to an advanced understanding of these metabolic
712 pathways in teleosts (Fig. 5). An Elovl2 enzyme was cloned and functionally characterized
713 for the first time in Atlantic salmon [134] and soon thereafter in zebrafish [131]. While
714 showing some low level of elongation activity towards C₁₈ substrates (18:4n-3 and 18:3n-6),
715 the Elovl2 were particularly efficient in the elongation of C₂₀ (20:5n-3 and 20:4n-6) and C₂₂

716 (20:5n-3 and 20:4n-6) LC-PUFA substrates, the latter not regarded as substrates for Elovl5
717 according to the low (if any) conversions observed in the yeast expression system. Recently,
718 an Elovl2 has been isolated and investigated in rainbow trout *O. mykiss* [140]. Similar to the
719 observations in *S. salar* and *D. rerio*, the *O. mykiss* Elovl2 showed the ability to elongate C₂₀
720 and C₂₂ but, in contrast, did not show any activity on C₁₈ PUFA substrates. Interestingly it is
721 unclear whether the ability to elongate C₁₈ PUFA is a common feature among Elovl2 proteins
722 as, like Atlantic salmon and zebrafish orthologues, the mouse ELOVL2 showed some
723 elongation capability on C₁₈ PUFA [141], although the human and chicken did not (see
724 below), similar to rainbow trout Elovl2 [90, 142]. Regardless of its possible role in C₁₈ PUFA
725 elongation, the ability of Elovl2 to elongate 22:5n-3 to 24:5n-3 was regarded as key for the
726 production of DHA via the “Sprecher pathway”, and because of the loss of Elovl2 in the vast
727 majority of marine fish lineages and virtually all commercially important farmed species, this
728 has been hypothesized as a possible factor accounting for the limited ability for DHA
729 biosynthesis in those species [134].

730 Elovl4 are the most recent member of the Elovl family that has been studied in teleosts.
731 Zebrafish was the first teleost fish species from which Elovl4 were isolated and functionally
732 characterized, representing at that time the only report of a non-human Elovl4 elongase [132].
733 Two isoforms, termed as Elovl4a and Elovl4b, were described in zebrafish and both showed
734 the ability to efficiently elongate saturated fatty acids up to C₃₆. Interestingly though, activity
735 for the elongation of PUFA substrates was only shown by Elovl4b, which effectively
736 converted the C₂₀ LC-PUFA, EPA and ARA, to elongated products with acyl chain-lengths
737 up to C₃₆. Subsequent studies describing the cloning and functional characterisation of Elovl4
738 were conducted in cobia (*R. canadum*), Atlantic salmon (*S. salar*) and rabbitfish (*S.*
739 *canaliculatus*) [135, 136, 138]. In agreement with these enzymes being homologues of the
740 zebrafish Elovl4b isoform, the cobia, Atlantic salmon and rabbitfish Elovl4 enzymes showed
741 the ability to biosynthesize both saturated and polyunsaturated VLC-FA. While Atlantic
742 salmon also possess an Elovl2 with elongation capability towards C₂₂ LC-PUFA [134], the
743 ability of Elovl4 from cobia and rabbitfish, two marine Actinopterygii species, to elongate
744 22:5n-3 to 24:5n-3 provided evidence to support a role for Elovl4 of some teleosts at least in
745 DHA biosynthesis similar to Elovl2 [136]. More recently, the Nibe croaker Elovl4 [112],
746 another Elovl4b-like orthologue, was shown to be capable of elongating 22:5n-3 to 24:5n-3
747 although the reported conversions were notably lower (3.6 %) compared to previously
748 reported conversions for zebrafish isoform b (29.8 %), cobia (34.1 %), Atlantic salmon
749 (22.1 %) and rabbitfish (20.7 %). However, these studies on fish Elovl4 elongases have

750 revealed that Elov14 from some marine species can elongate 22:5n-3 to 24:5n-3 and other C₂₂
751 LC-PUFA, and this has been hypothesized as an adaptive strategy to compensate for the lack
752 of Elov12 in these species [136]. *In silico* searches strongly suggest that all teleosts appear to
753 possess at least one copy of both *elov14a* and *elov14b*. It is uncertain which mechanism has
754 led teleosts to have two distinct genes for Elov14 enzymes, but it is clear that they may have
755 diverged to acquire different functions and tissue distributions [132]. A comprehensive tissue
756 distribution study on ten *elovl* genes performed in Atlantic cod (*Gadus morhua*) recently
757 showed that, in addition to Elov14a and Elov14b homologues, this teleost possessed two
758 further *elovl4*-like transcripts termed as *elovl4c-1* and *elovl4c-2* [145]. Further studies
759 investigating the presence of this Elov1 in other teleost species and its function are required.

760

761 3.3 Fads and Elov1 in non-mammalian tetrapods

762

763 This section reviews the existing knowledge on LC-PUFA biosynthetic enzymes in reptiles,
764 birds, and amphibians. Basal tetrapods such as amphibians display the complete repertoire of
765 Fads and Elov1 although their function has not been elucidated (Fig. 5). In birds and reptiles
766 an interesting finding was described with respect to the Fads gene collection as investigation
767 into the genomes of representative species showed a unique Fads1 gene expansion in this
768 lineage (Fig. 5) [89]. It is unclear at this stage whether these enzymes perform different
769 functions, for example utilizing alternative PUFA substrates (sub-functionalization), or if they
770 have evolved novel functions with respect to PUFA desaturation. Since this gene expansion
771 dates back to reptile/bird separation we anticipate that these genes will perform similar
772 functions in both lineages. Additionally, given the relevance of poultry production it is
773 important that future studies investigate Fads capacities in chicken.

774 The chicken (*Gallus gallus*) ELOVL2 and ELOVL5 were the first elongase genes to be
775 studied in birds [90] (Table 3). Functional characterization of the two proteins in the
776 heterologous yeast *S. cerevisiae* showed the ELOVL2 was capable of elongating C₂₀-C₂₂
777 PUFA substrates, and no activity on C₁₈ PUFA such as 18:4n-3 and 18:3n-6 being detected.
778 In contrast, the functionality of the chicken ELOVL5 was reported to be broader compared to
779 ELOVL2. Thus, the chicken ELOVL5 showed the ability to elongate a variety of substrates
780 including C₁₈ (18:4n-3 and 18:3n-6), C₂₀ (EPA and ARA) and, interestingly, C₂₂ (22:5n-3 and
781 22:4n-6) PUFA. Indeed, the ability of the chicken to produce 24:5n-3 from EPA was regarded
782 as unique when compared to non-piscine orthologues such as human [142] and rat [146].
783 However, as discussed above (Section 3.2.2.2), Elov15 from some teleost fish showed some

784 limited ability to elongate C₂₂ PUFA including 22:5n-3 and, as suggested for the chicken
785 ELOVL5, they can potentially contribute to the biosynthesis of DHA through the Sprecher
786 pathway [72].

787 The ability of the chicken ELOVL5 to elongate C₂₂ PUFA does not appear to be a common
788 feature among bird ELOVL5. Thus, a subsequent study on fatty acid elongases of the
789 domestic Mallard duck (*Anas platyrhynchos*) and Australian white hybrid turkey (*Meleagris*
790 *gallopavo*) showed that the Elov15 from these species had no activity towards C₂₂ PUFA
791 including 22:5n-3 and 22:4n-6 [91]. Unlike the chicken ELOVL5, both the duck and turkey
792 ELOVL5 had C₁₈ PUFA such as 18:4n-3 and 18:3n-6, as well as C₂₀ PUFA like EPA and
793 ARA as preferred substrates for elongation. Similarly, functional analyses of the duck and
794 turkey ELOVL2 also showed some differences compared to the chicken orthologue [90].
795 Although the turkey ELOVL2 did not show any activity towards C₁₈ PUFA substrates like the
796 chicken ELOVL2, the turkey orthologue also showed no activity on ARA that remained
797 unmodified. The duck ELOVL2 was capable of elongating C₂₀ (including EPA and ARA) and
798 C₂₂ substrates similar to the chicken ELOVL2 but, in addition, it showed the ability to
799 elongate C₁₈ PUFA like 18:4n-3 and 18:3n-6, an capability not shown by the chicken
800 orthologue. The ability of Elov12 proteins to elongate C₁₈ PUFA substrates to a small extent
801 has also been described in fish as detailed above [131, 134] and mouse [142].

802

803 3.4. FADS and ELOVL in mammals

804

805 The LC-PUFA biosynthetic enzymes have been extensively studied in human and other
806 mammals, primarily rodent model species such as mouse *Mus musculus* and rat *Rattus*
807 *norvegicus*. As a result, several reviews have been published in recent years [20, 22, 32].
808 Therefore, this section will provide a brief overview of the *FADS* and *ELOVL* gene
809 complement in mammals and the functions of their protein products with a role in LC-PUFA
810 biosynthesis. Additionally, we will also discuss the most recent advances on evolutionary
811 aspects of these gene families.

812

813 3.4.1 Mammalian *FADS*

814

815 Mammals express $\Delta 6$ and $\Delta 5$ desaturases with the ability to desaturate at the $\Delta 6$ and $\Delta 5$
816 positions of PUFA substrates. In humans the $\Delta 5$ and $\Delta 6$ desaturase enzymes are encoded by
817 the *FADS1* and *FADS2* genes, respectively [147] (Fig. 5). These genes are organized into a

818 tight physical cluster on chromosome 11, and a further desaturase, FADS3 with unknown
819 function [148], is also part of the cluster [147, 148]. Interestingly, Castro and co-workers [89]
820 also identified a fourth Fads gene (*Fads4*) sequence occurring at a distant genomic location of
821 the *FADS1/FADS2/FADS3* gene cluster in mouse. The function and role of murine *Fads4*
822 remains to be characterized, but its unique phylogenetic distribution and rather restricted
823 occurrence in some mammalian species, perhaps suggests a very specific role.

824 By comparison of the sequences of known $\Delta 6$ desaturases from a cyanobacterium [150],
825 nematode [41] and plant [151], full lengths cDNAs for $\Delta 6$ FADS2 desaturases were
826 characterized in mammals including rat [152], mouse and human [153] (Table 3). Functional
827 characterization demonstrated that the C₁₈ PUFA, 18:3n-3 and 18:2n-6, were adequate
828 substrates for the mammalian $\Delta 6$ desaturases and, subsequently, it was demonstrated that the
829 $\Delta 6$ desaturase from human [127] and rat [128] also had the ability to desaturate 24:5n-3 at the
830 $\Delta 6$ position [127]. While the recent discovery of $\Delta 4$ activity of the human FADS2 provides an
831 alternative and direct pathway for DHA biosynthesis [73], historically it was accepted that
832 DHA production was achieved through the Sprecher pathway and, thus, FADS2 mediates the
833 $\Delta 6$ desaturation of 24:5n-3 to 24:6n-3, which is thereafter translocated to peroxisomes for
834 chain shortening via partial β -oxidation [123]. This makes DHA biosynthesis by the Sprecher
835 pathway a somewhat inefficient process and thus $\Delta 6$ desaturase has been regarded as the
836 overall rate-limiting factor in the LC-PUFA biosynthetic pathway in mammals [22]. Unlike
837 $\Delta 6$ desaturases, the $\Delta 5$ desaturases operate at one single step of the pathway, converting
838 20:4n-3 to EPA in the n-3 series, and 20:3n-6 to ARA in the n-6 series (Fig. 4). Several
839 mammalian $\Delta 5$ FADS1 desaturase genes have been characterized from human [154], rat
840 [155] and mouse [156]. Interestingly, non-coding RNA genes, which are transcribed from the
841 opposite strand of the mammalian *FADS1* gene, were later discovered in human, mouse and
842 rat [157]. Such reverse $\Delta 5$ -desaturase was found to regulate the expression and enzymatic
843 activity of the rat FADS1, supporting a significant role as a natural antisense regulator of $\Delta 5$ -
844 desaturase.

845 In addition to the above described $\Delta 6$ desaturation capability of mammalian FADS2, this
846 enzyme can also operate as a $\Delta 8$ desaturase and thus PUFA substrates including 20:3n-3 and
847 20:2n-6 can be desaturated to 20:4n-3 and 20:3n-6, respectively, to thus reincorporate them
848 into the pathway for further $\Delta 5$ desaturation [69] (Fig. 4). It is worth mentioning that the $\Delta 8$
849 desaturase capacity of the baboon FADS2 [69] seemed to be notably lower compared to those
850 of marine teleost Fads2 assayed under similar conditions [70]. These findings represent
851 further evidence of subfunctionalization occurring in teleost Fads2. Importantly, while the

852 teleostei Elov15 has been identified to elongate C₁₈ PUFA (18:3n-3 and 18:2n-6) required for
853 the Δ⁸ pathway, it still remains to be elucidated if the mammalian ELOVL5 is responsible for
854 such conversions [22]

855 Adaptive evolution studies have recently revealed that ability to biosynthesize LC-PUFA
856 varies notably among human populations and, for instance, levels of LC-PUFA in African-
857 American individuals were found to be higher compared to European-Americans [158, 159].
858 Such differences were linked to polymorphisms in the FADS gene cluster that then lead to
859 higher capacity to biosynthesis LC-PUFA from C₁₈ precursors. It was postulated that highly
860 efficient desaturation alleles of *FADS* genes are particularly abundant in African populations
861 where these were retained by positive selection driven by dietary limitation of preformed LC-
862 PUFA in isolated regions [160].

863

864 3.4.1 Mammalian ELOVL

865

866 Seven members of the ELOVL protein family (ELOVL 1-7) have been described in
867 mammals [20, 22]. The elongation of saturated and monounsaturated fatty acids in mammals
868 can be catalyzed by four elongases, namely ELOVL1, ELOVL3, ELOVL6 and ELOVL7, that
869 show different tissue distributions probably reflecting different functional roles. ELOVL1 is
870 thought to be involved in the production of saturated fatty acids up to C₂₆ in length, as present
871 in sphingolipids [161, 162]. It is expressed in most tissues, which may reflect a housekeeping
872 role and a requirement for these fatty acids and lipids containing them in membranes, but it is
873 also highly expressed in some parts of the central nervous system and may have an important
874 role in the synthesis of sphingomyelin and hence myelin [162, 163]. ELOVL3 is suggested to
875 control the synthesis of saturated and monounsaturated fatty acids of up to C₂₄ and is
876 expressed mainly in brown and white adipose tissue, skin and liver [20, 164]. ELOVL3 is
877 cold inducible in brown adipose tissue [164], displays a diurnal expression in the liver, and is
878 regulated by gender-specific steroid hormones such as glucocorticoids, androgens and
879 oestrogens [165]. ELOVL6 is involved in the elongation of C₁₂₋₁₆ saturated fatty acids up to
880 C₁₈, but it has no capability to elongate beyond C₁₈. *ELOVL6* is ubiquitously expressed but
881 especially in liver, brain, and other tissues with high lipid content such as white and brown
882 adipose tissue [166, 167]. ELOVL7, the latest member of the ELOVL family to be identified,
883 is highly expressed in the kidney, pancreas, adrenal glands and prostate [168]. Knockdown
884 experiments of Elov17 in carcinoma cell lines showed reduced levels of saturates 20:0, 22:0

885 and 24:0. Moreover, overexpression of Elov17 in microsomes has confirmed that Elov17
886 participates in elongation of saturated fatty acids with up to 24 carbons.

887 As with saturated and monounsaturated fatty acids, and as previously described for fish
888 above, there are multiple enzymes for the elongation of PUFA in mammals that differ in
889 tissue distributions and fatty acid specificity likely reflecting different functional roles. The
890 *ELOVL2* and *ELOVL5* enzymes appear to be fairly ubiquitously expressed in most tissues in
891 mammals although there can be species differences with *Elov15* in rats showing highest
892 expression in lung and brain whereas human *ELOVL5* is particularly highly expressed in testis
893 and adrenal gland that are characterized by relatively high levels of 22:5n-6 [141, 167] (Fig.
894 5). These two elongases have overlapping fatty acid substrate specificity with ELOVL5 being
895 able to elongate both C₁₈ and C₂₀ PUFA, but with no activity towards C₂₂, whereas ELOVL2
896 is generally able to elongate C₂₀ and C₂₂ PUFA [142, 166]. However, while mouse ELOVL2
897 was able to elongate 18:3n-6 to some degree, human ELOVL2 was not, which suggested
898 there may be some functional divergence between species as discussed above in teleosts
899 (Section 3.2.2.2). Neither ELOVL2 nor ELOVL5 have activity towards saturated or
900 monounsaturated fatty acids [142, 166], contrary to what was observed with some teleost
901 Elov15 when expressed in yeast. The yeast expression system was also used to investigate the
902 substrate specificities, competitive substrate interactions and dose response curves of the rat
903 ELOVL2 and ELOVL5 [146]. It was confirmed that the rat ELOVL2 was active towards C₂₀
904 and C₂₂ PUFA but interestingly, the reaction converting the C₂₂ PUFA, 22:5n-3 to 24:5n-3
905 appeared to be saturated at substrate concentrations and thus ELOVL2 was postulated as an
906 additional control point of LC-PUFA biosynthesis in addition to FADS2 mentioned above.

907 In contrast to ELOVL2 and ELOVL5, ELOVL4 has much more specific tissue distribution
908 being highly expressed in retina and brain but also skin [169, 170]. A major difference of
909 ELOVL4 compared to the other mammalian ELOVL is that it is capable of elongating both
910 saturated fatty acids and PUFA [20]. Therefore, ELOVL4 is responsible for the biosynthesis
911 of saturated VLC-FA (e.g. 26:0, 28:0 and 30:0) that are components of sphingolipids and
912 ceramides and important in the skin [171, 172], and also for the biosynthesis of VLC-PUFA
913 (> C₂₄) that are components of key phosphatidylcholine species in retina [173-175], brain [14,
914 176] and testis [177-180]. Although some of these studies revealed potential substrates for
915 mammalian ELOVL4, the specific steps in which ELOVL4 was involved was only described
916 in detail later when the human orthologue of ELOVL4 was characterized [181].
917 Overexpression of human ELOVL4 in rat neonatal cardiomyocytes and a human RPE cell
918 line ARPE-19 showed a decreased level of 26:0 and concomitant increased levels of 28:0 and

919 30:0. Similar conclusions were obtained in genetically engineered mice lacking a functional
920 ELOVL4 protein, which showed increased levels of C₂₆ fatty acids and a depletion of C₂₈ in
921 lipids of the epidermal stratum corneum, which altered the skin barrier function and
922 ultimately caused dehydration and perinatal death [171, 172, 182]. In addition to saturated
923 VLC-FA biosynthesis, the human ELOVL4 was also demonstrated to mediate the production
924 of C₂₈-C₃₈ n-3 VLC-PUFA, compounds mainly present into phospholipid molecules in retina
925 [183]. As far as the authors are aware, no other mammalian ELOVL4 has been functionally
926 characterized.

927

928 **4. Concluding remarks**

929

930 The extraordinary number of full genome sequences currently available offers a unique
931 opportunity to investigate the evolution of complex gene pathways, and their impact on
932 animal physiology. One of those examples is the genetic cascade controlling LC-PUFA
933 biosynthesis, namely Fads and Elovl enzymes. In this review, we extensively addressed
934 aspects directly linked with the diversity and function of Elovl and Fads genes in key chordate
935 species. The existing literature supports the fundamental conclusion that the wiring and
936 elaboration of a complete and functional LC-PUFA cascade evolved in the vertebrate lineage.
937 The available data support an evolutionary model where a combination of whole genome and
938 tandem duplications expanded the repertoire of Elovl and Fads in vertebrate ancestry, thus
939 contributing to the diversification of these molecular modules – Elovl2, Elovl4, Elovl5, Fads1,
940 and Fads2 (Fig. 7).

941 In this context, some questions remain to be addressed. The characterization of FADS
942 enzymes in the amphioxus and agnathans will be essential to provide a defined picture at the
943 invertebrate/vertebrate transition. Additionally, the functional characterization of Fads and
944 Elovl genes retrieved from the sequenced genome of the holostean spotted gar, a basal
945 freshwater fish closely related to teleosts, should facilitate our understanding of LC-PUFA
946 biosynthesis. Also, Elovl4 orthologues remain largely uncharacterized as well their exact role
947 in different species. Finally, the integration with functional *in vivo* studies to determine the
948 interplay between endogenous synthesis versus dietary inputs of LC-PUFA is of vital
949 importance to understand the impact and regulation at the physiological level.

950

951

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955

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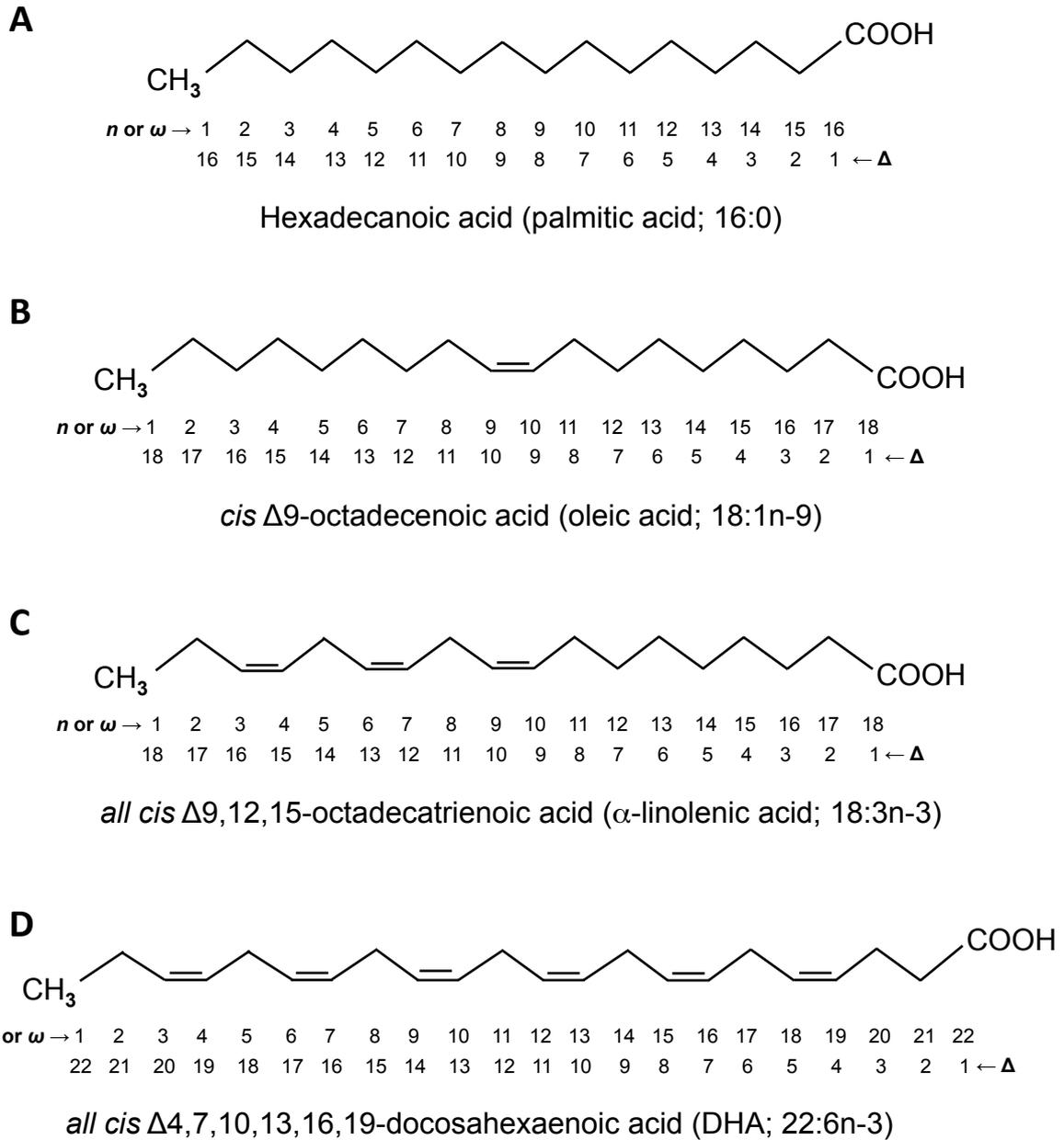
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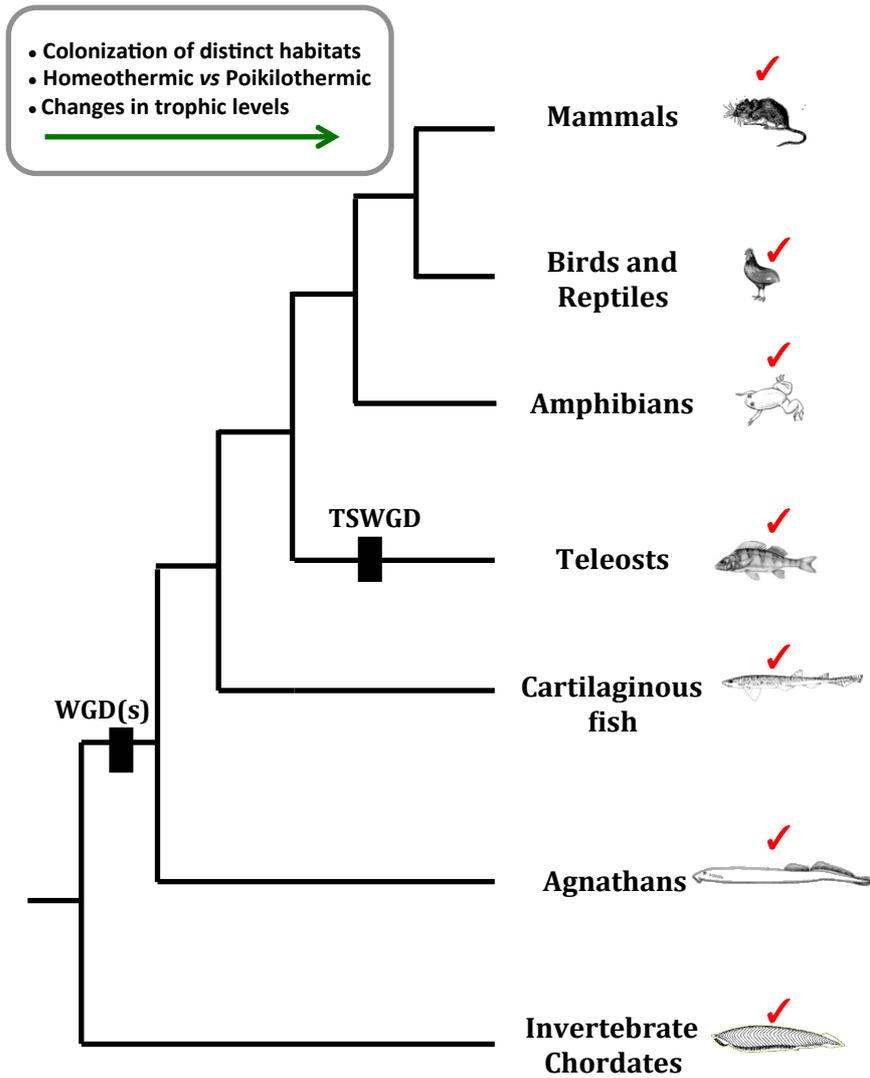
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1488 Figure 1. Fatty acid nomenclature. Examples of the A) saturated fatty acid palmitic acid or
 1489 hexadecanoic acid (16:0), B) monounsaturated fatty acid oleic acid or *cis* Δ 9-octadecenoic
 1490 acid (18:1n-9), C) polyunsaturated fatty acid α -linolenic acid or *all cis* Δ 9,12,15-
 1491 octadecatrienoic acid (18:3n-3), and long-chain polyunsaturated fatty acid docosahexaenoic
 1492 acid or *all cis* Δ 4,7,10,13,16,19-docosahexaenoic acid (22:6n-3).

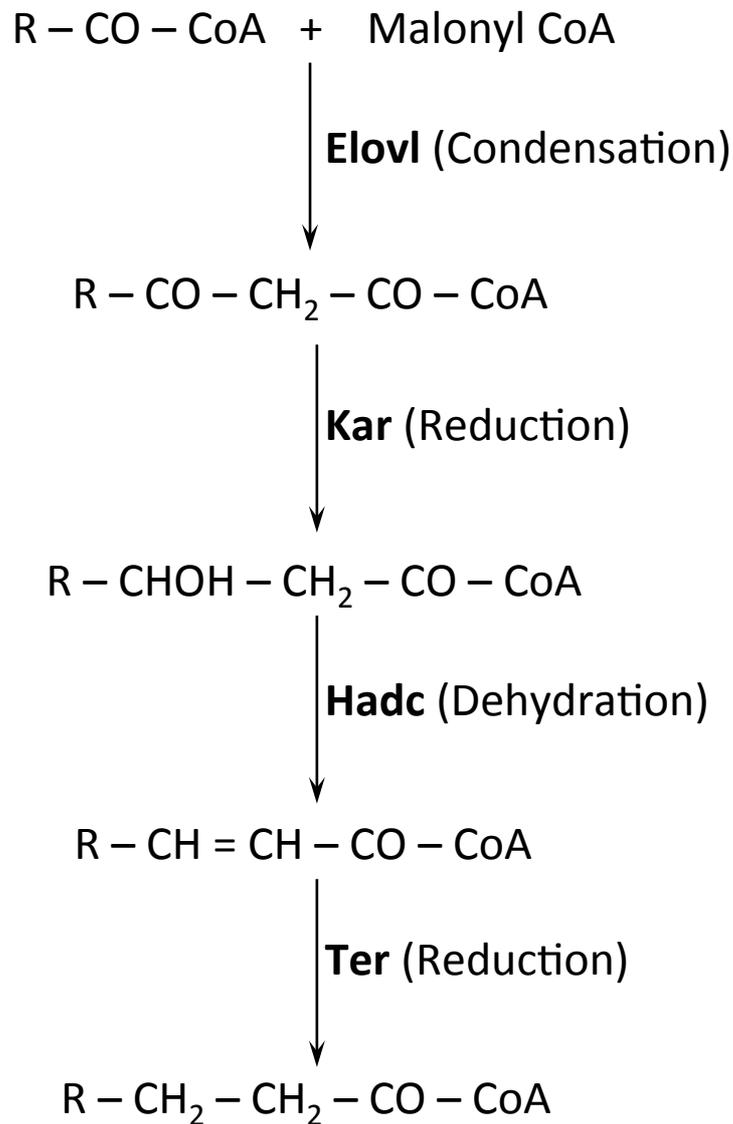
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1495 Figure 2. Phylogenetic relationships of extant chordate lineages. WGD – whole genome
 1496 duplications; TSWGD – teleost-specific whole genome duplications. ✓ indicates the
 1497 presence of available genome sequence.

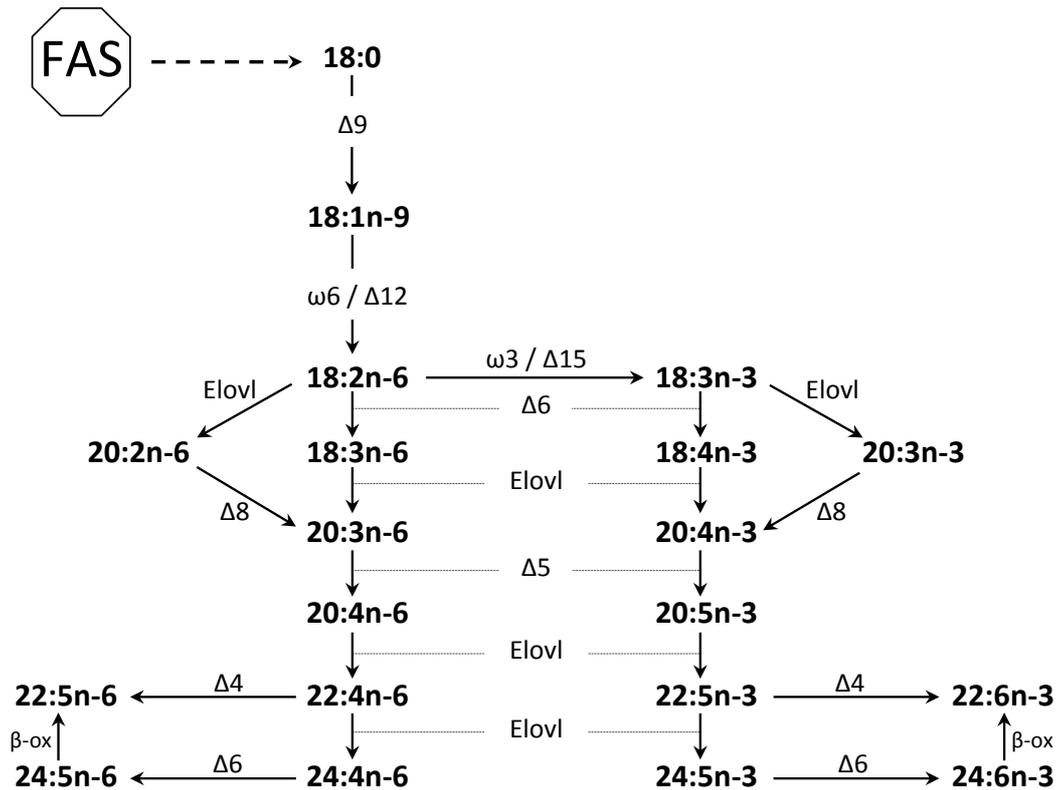
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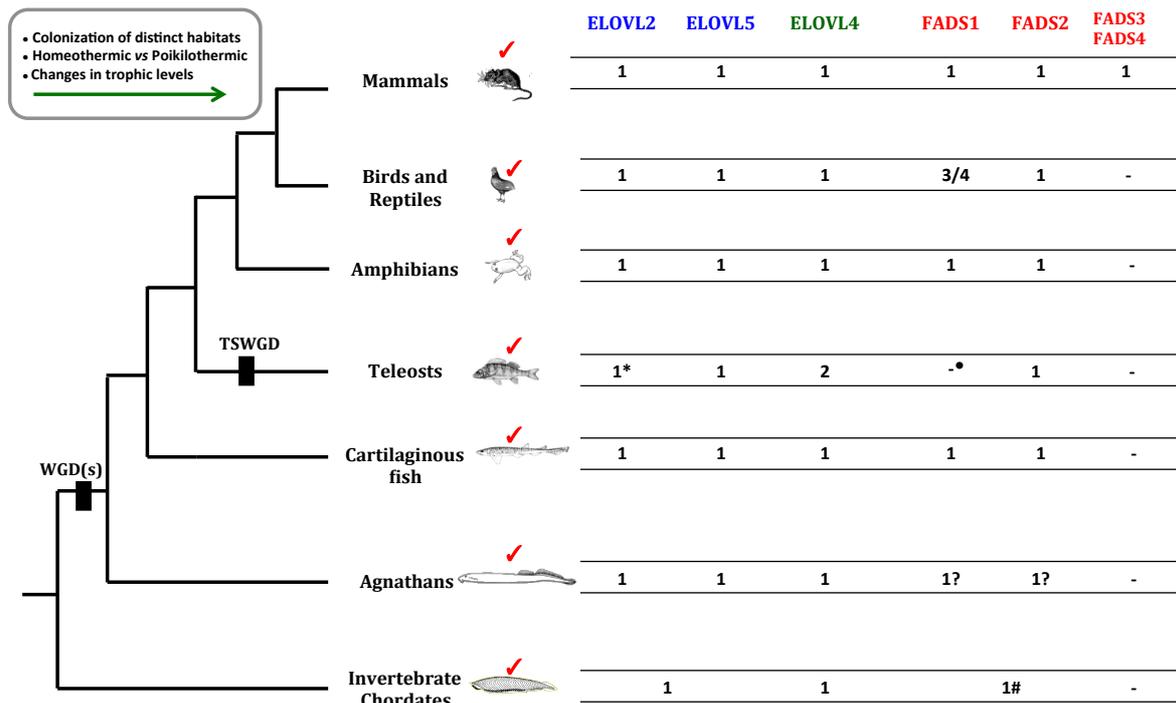
1500 Figure 3. Fatty acid elongation pathway occurring in endoplasmic reticulum. The elongase
 1501 (Elovl) is responsible for the condensation of malonyl-CoA into an activated fatty acid,
 1502 regarded as the rate-limiting step in the pathway. Other enzymes involved in the pathway are
 1503 3-ketoacyl-CoA reductase (Kar), 3-hydroxyacyl-CoA dehydrase (Hadc) and *trans*-2,3,-enoyl-
 1504 CoA reductase (Ter).

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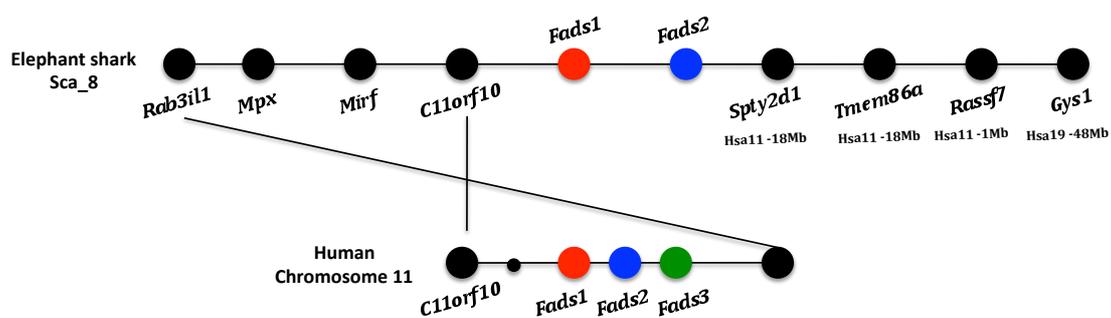
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Figure 4. Biosynthetic pathways of polyunsaturated fatty acids. Desaturation reactions are denoted with “ ω ” or “ Δ ” to refer, respectively, the carbon position at which the incipient double bond locates within the methyl (ω) and front (Δ) ends of fatty acyl chain. Elongation reactions are catalyzed by Elovl. *De novo* biosynthesis of stearic acid (18:0) by fatty acid synthase (FAS) complex system and subsequent $\Delta 9$ unsaturation by stearyl-CoA desaturase are also shown. Production of 22:6n-3 and 22:5n-6 occurs through partial β -oxidation of 24:6n-3 and 24:5n-6, respectively.



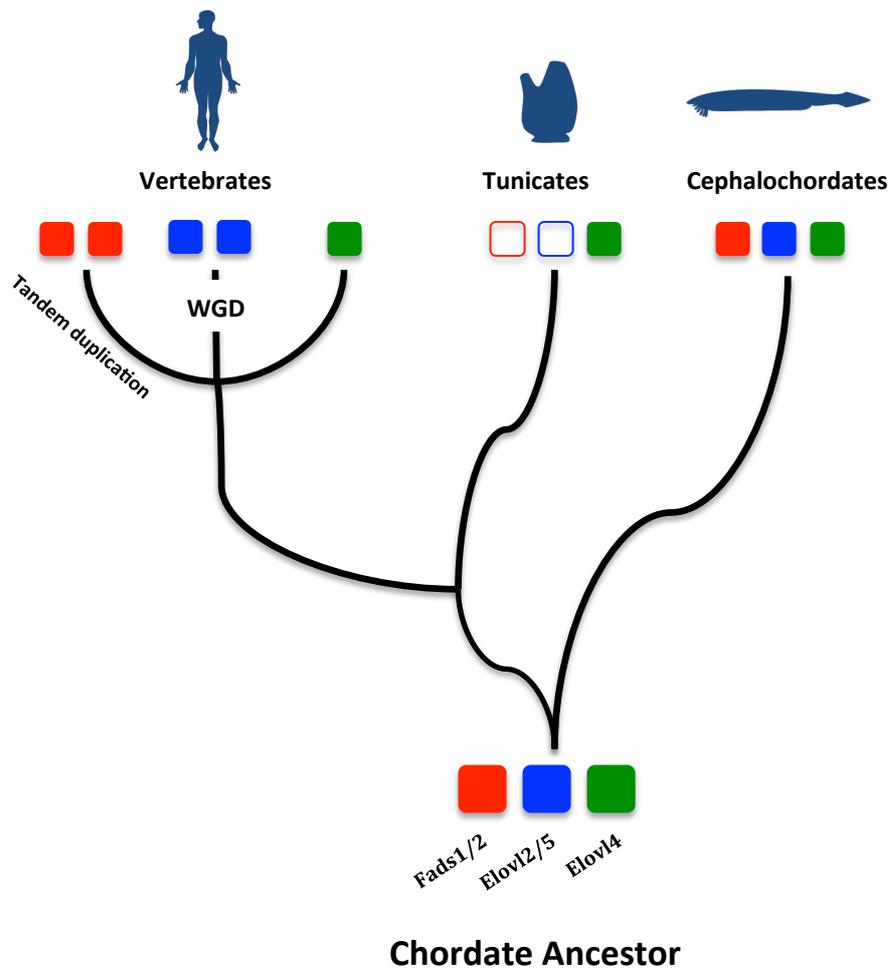
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Figure 5. Elov1 and Fads gene repertoire in extant chordate lineages. WGD – whole genome duplications; TSWGD – teleost-specific whole genome duplications. ✓ indicates the presence of full genome sequences; * indicates gene loss in various teleost species; • indicates gene loss in species examined to date; # indicates absent gene in tunicates.



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Figure 6. The elephant shark *Fads* locus.



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1525 Figure 7. The evolution of Fads and Elovl gene repertoire in chordates. Empty boxes signal
 1526 gene loss.

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1528 **Tables**

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1530 Table 1. Fatty acyl desaturases investigated in teleosts. The desaturation activities determined
 1531 for each characterized desaturase enzyme are indicated.

Species*	Common name	Reported activities	References
<i>Danio rerio</i> ¹	Zebrafish	$\Delta 6, \Delta 5, \Delta 8$	[70, 100]
<i>Oncorhynchus mykiss</i>	Rainbow trout	$\Delta 6, \Delta 8$	[70, 99, 101]
<i>Salmo salar</i> ($\Delta 5Fad$)	Atlantic salmon	$\Delta 5$	[102]
<i>S. salar</i> ($\Delta 6Fad_a$)		$\Delta 6$	[103]
<i>S. salar</i> ($\Delta 6Fad_b$)		$\Delta 6, \Delta 8$	[70, 104]
<i>S. salar</i> ($\Delta 6Fad_c$)		$\Delta 6, \Delta 8$	[70, 104]
<i>Cyprinus carpio</i>	Common carp	$\Delta 6$	[101]
<i>Sparus aurata</i>	Gilthead sea bream	$\Delta 6, \Delta 8$	[70, 101, 105]
<i>Psetta maxima</i>	Turbot	$\Delta 6, \Delta 8$	[70, 101]
<i>Gadus morhua</i>	Atlantic cod	$\Delta 6, \Delta 8$	[70, 106]
<i>Rachycentron canadum</i>	Cobia	$\Delta 6, \Delta 8$	[70, 107]
<i>Dicentrarchus labrax</i>	European sea bass	$\Delta 6$	[108, 109]
<i>Lates calcarifer</i>	Barramundi	$\Delta 6$	[110]
<i>Siganus canaliculatus</i> (Fad1) ¹	Rabbitfish	$\Delta 6, \Delta 5, \Delta 8$	[70, 71]
<i>S. canaliculatus</i> (Fad2) ²		$\Delta 4, \Delta 5, \Delta 8$	[70, 71]
<i>Acanthopagrus schlegeli</i>	Black seabream		[111]
<i>Nibe mitsukurii</i>	Nibe croaker	$\Delta 6, \Delta 8$	[112]
<i>Thunnus thynnus</i>	Northern bluefin tuna	$\Delta 6$	[113]
<i>Solea senegalensis</i> ²	Senegalese sole	$\Delta 4, \Delta 5$	[97]
<i>Oreochromis niloticus</i> ¹	Nile tilapia	$\Delta 6, \Delta 5$	[114]
<i>Argyrosomus regius</i>	Meagre	$\Delta 6, \Delta 8$	[98]
<i>Chirostoma estor</i> (Fads2a) ¹	Pike silverside	$\Delta 4, \Delta 5$	[92]
<i>C. estor</i> (Fads2b) ²		$\Delta 6, \Delta 5, \Delta 8$	[92]
<i>Anguilla japonica</i>	Japanese eel	$\Delta 6, \Delta 8$	[115]
<i>Epinephelus coioides</i>	Orange spotted grouper	$\Delta 6, \Delta 8$	[116]
<i>Channa striata</i> ²	Striped snakehead	$\Delta 4, \Delta 5$	[117]

1532 *In species with more than one desaturase being studied (*Salmo salar*, *Siganus canaliculatus*,
 1533 *Chirostoma estor*), the name of the specific gene is indicated according to published
 1534 information.

1535 ¹ Bifunctional $\Delta 6\Delta 5$ desaturases

1536 ² Bifunctional $\Delta 4\Delta 5$ desaturases

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1539 Table 2. Elongases (Elovl) investigated in teleosts. The type of Elovl is determined by amino
 1540 acid similarities with mammalian orthologues and substrate specificities as reported in the
 1541 indicated publications.

Species	Common name	Elongase type	Substrate specificities	References
<i>Danio rerio</i>	Zebrafish	Elovl5	C ₁₈₋₂₂	[130]
<i>D. rerio</i>		Elovl2	C ₁₈₋₂₄	[131]
<i>D. rerio</i>		Elovl4a	C ₂₀₋₃₄	[132]
<i>D. rerio</i>		Elovl4b	C ₂₀₋₃₄	[132]
<i>Salmo salar</i>	Atlantic salmon	Elovl5a	C ₁₈₋₂₂	[96, 133, 134]
<i>S. salar</i>		Elovl5b	C ₁₈₋₂₂	[133, 134]
<i>S. salar</i>		Elovl2	C ₁₈₋₂₂	[134]
<i>S. salar</i>		Elovl4b	C ₂₀₋₃₄	[135]
<i>Oreochromis niloticus</i>	Nile tilapia	Elovl5	C ₁₈₋₂₂	[136]
<i>Clarius gariepinus</i>	African catfish	Elovl5	C ₁₈₋₂₂	[133]
<i>Sparus aurata</i>	Gilthead sea bream	Elovl5	C ₁₈₋₂₂	[133]
<i>Psetta maxima</i>	Turbot	Elovl5	C ₁₈₋₂₂	[133]
<i>Gadus morhua</i>	Atlantic cod	Elovl5	C ₁₈₋₂₂	[133]
<i>Rachycentron canadum</i>	Cobia	Elovl5	C ₁₈₋₂₂	[107]
<i>R. canadum</i>		Elovl4b	C ₂₀₋₃₄	[136]
<i>Lates calcarifer</i>	Barramundi	Elovl5	C ₁₈₋₂₂	[110]
<i>Nibea mitsukurii</i>	Nibe croaker	Elovl5	C ₁₈₋₂₂	[112]
<i>N. mitsukurii</i>		Elovl4b	C ₁₈₋₂₂	[112]
<i>Thunnus maccoyii</i>	Southern bluefin tuna	Elovl5	C ₁₈₋₂₂	[137]
<i>Thunnus thynnus</i>	Northern bluefin tuna	Elovl5	C ₁₈₋₂₂	[113]
<i>Siganus canaliculatus</i>	Rabbitfish	Elovl5	C ₁₈₋₂₂	[138]
<i>S. canaliculatus</i>		Elovl4b	C ₂₀₋₃₄	[138]
<i>Solea senegalensis</i>	Senegalese sole	Elovl5	C ₁₈₋₂₂	[97]
<i>Acanthopagrus schlegelii</i>	Black seabream	Elovl5	C ₁₈₋₂₀	[139]
<i>Argyrosomus regius</i>	Meagre	Elovl5	C ₁₈₋₂₂	[98]
<i>Esox lucius</i>	Northern pike	Elovl5	C ₁₈₋₂₂	[96]
<i>Oncorhynchus mykiss</i>	Rainbow trout	Elovl5	C ₁₈₋₂₀	[140]
<i>O. mykiss</i>		Elovl2	C ₂₀₋₂₂	[140]
<i>Chirostoma estor</i>	Pike silverside	Elovl5	C ₁₈₋₂₂	[92]
<i>Anguilla japonica</i>	Japanese eel	Elovl5	C ₁₈₋₂₀	[115]

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1544 Table 3. Fatty acyl desaturases (Fads) and elongases (Elovl) investigated in non-teleost
 1545 chordates.

Species	Gene	Common name	References
<i>MAMMALS</i>			
<i>Homo sapiens</i>	<i>FADS1</i>	Human	[154]
<i>H. sapiens</i>	<i>FADS2</i>		[73, 127, 154]
<i>H. sapiens</i>	<i>ELOVL2</i>		[142]
<i>H. sapiens</i>	<i>ELOVL4</i>		[181]
<i>H. sapiens</i>	<i>ELOVL5</i>		[141]
<i>Mus musculus</i>	<i>Fads1</i>	Mouse	[156]
<i>M. musculus</i>	<i>Fads2</i>		[156]
<i>M. musculus</i>	<i>Elovl2</i>		[142]
<i>M. musculus</i>	<i>Elovl5</i>		[142]
<i>Rattus norvegicus</i>	<i>Fads1</i>	Rat	[155]
<i>R. norvegicus</i>	<i>Fads2</i>		[128, 152]
<i>R. norvegicus</i>	<i>Elovl2</i>		[146]
<i>R. norvegicus</i>	<i>Elovl5</i>		[146, 167]
<i>Papio anubis</i>	<i>FADS2</i>	Baboon	[69]
<i>BIRDS</i>			
<i>Gallus gallus</i>	<i>ELOVL2</i>	Chicken	[90]
<i>G. gallus</i>	<i>ELOVL5</i>		[90]
<i>Anas platyrhynchos</i>	<i>ELOVL2</i>	Domestic Mallard duck	[91]
<i>A. platyrhynchos</i>	<i>ELOVL5</i>		[91]
<i>Meleagris gallopavo</i>	<i>ELOVL2</i>	Australian white hybrid turkey	[91]
<i>M. gallopavo</i>	<i>ELOVL5</i>		[91]
<i>TUNICATES</i>			
<i>Ciona intestinalis</i>	<i>elovl4</i>	Sea squirt	[88]
<i>CHONDRICHTHYANS</i>			
<i>Scyliorhinus canicula</i>	<i>fads1</i>	Lesser-spotted dogfish	[89]
<i>S. canicula</i>	<i>fads2</i>	Lesser-spotted dogfish	[89]

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