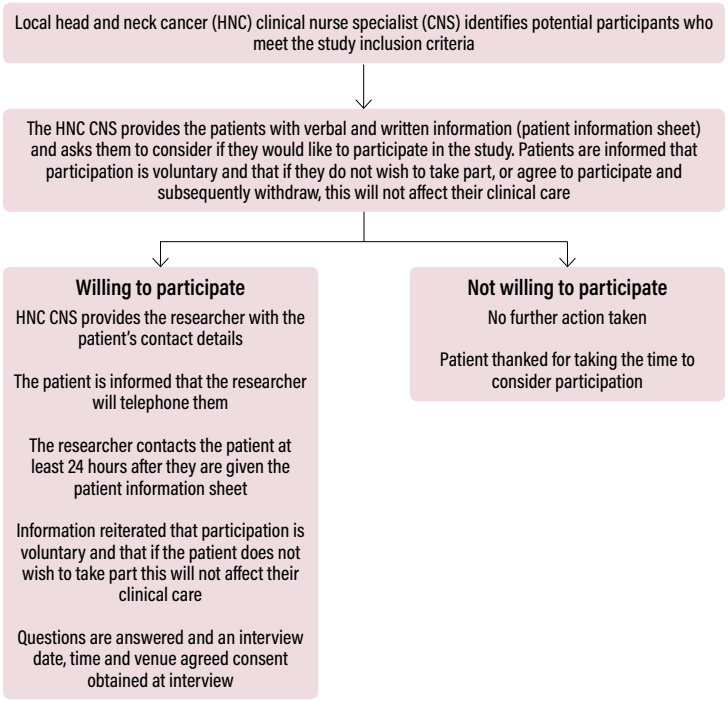Figure 1. Flow chart illustrating participant recruitment