

# Interventions targeted at women to encourage the uptake of cervical screening (Review)

Everett T, Bryant A, Griffin MF, Martin-Hirsch PPL, Forbes CA, Jepson RG



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[Intervention Review]

# Interventions targeted at women to encourage the uptake of cervical screening

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## ABSTRACT

### Background

World-wide, cervical cancer is the second most common cancer in women. Increasing the uptake of screening, alongside increasing informed choice is of great importance in controlling this disease through prevention and early detection.

### Objectives

To assess the effectiveness of interventions aimed at women, to increase the uptake, including informed uptake, of cervical cancer screening.

### Search methods

We searched the Cochrane Gynaecological Cancer Group Trials Register, Cochrane Central Register of Controlled Trials (CENTRAL), Issue 1, 2009. MEDLINE, EMBASE and LILACS databases up to March 2009. We also searched registers of clinical trials, abstracts of scientific meetings, reference lists of included studies and contacted experts in the field.

### Selection criteria

Randomised controlled trials (RCTs) of interventions to increase uptake/informed uptake of cervical cancer screening.

### Data collection and analysis

Two review authors independently abstracted data and assessed risk of bias. Where possible the data were synthesised in a meta-analysis.

### Main results

Thirty-eight trials met our inclusion criteria. These trials assessed the effectiveness of invitational and educational interventions, counselling, risk factor assessment and procedural interventions. Heterogeneity between trials limited statistical pooling of data. Overall, however, invitations appear to be effective methods of increasing uptake. In addition, there is limited evidence to support the use of educational materials. Secondary outcomes including cost data were incompletely documented so evidence was limited. Most trials were at moderate risk of bias. Informed uptake of cervical screening was not reported in any trials.

## Authors' conclusions

There is evidence to support the use of invitation letters to increase the uptake of cervical screening. There is limited evidence to support educational interventions but it is unclear what format is most effective. The majority of the studies are from developed countries and so the relevance to developing countries is unclear.

## PLAIN LANGUAGE SUMMARY

### Invitations and probably educational interventions increase the uptake of Pap smears

Cervical cancer is the second most common cancer world-wide. Increasing the uptake of screening is of great importance in controlling this disease through early detection and treatment of pre-cancerous changes before malignancy evolves. Methods of encouraging women to undergo cervical screening include invitations, reminders, education, message framing, counselling, risk factor assessment, procedures and economic interventions. These were all examined in this review. Evidence supports the use of invitations, and to a lesser extent, educational materials. It is likely other methods are advantageous, but the evidence is not as strong. Further research is required.

## BACKGROUND

### Description of the condition

Cervical cancer is the second most common cancer among women (GLOBOCAN 2008). A woman's risk of developing cervical cancer by age 65 years ranges from 0.8% in developed countries to 1.5% in developing countries. The management varies around the world dependent on resources and policy however the mainstay of treatment most commonly involves surgery requiring hysterectomy and chemotherapy or radiotherapy. In Europe and the USA, the 5 year survival rate is between 60% and 72% (EUROCORE 2003; Jemal 2008) and in England and Wales between 2001 and 2006, the 5 year survival rate was 64% (ONS 2010).

### Primary and secondary prevention

Human papillomavirus (HPV) infection is believed to be an important primary cause of cancer of the cervix, with a recent study estimating the world-wide HPV prevalence in cervical cancers to be 99.7% (Walboomers 1999). In particular, two subtypes of the virus HPV (16 and 18) are present in over 80% of invasive cervical cancers. Other known risk factors for cervical cancer include smoking (Brinton 1986), the early onset of sexual activity, multiple sexual partners, the presence of other sexually transmitted diseases (STDs) (La Vecchia 1986) and the immunological status of the woman (Schneider 1983). Individuals who receive immunosuppressive therapy for organ transplants and those infected with human immunodeficiency virus (HIV) are therefore particularly at risk of developing pre-invasive disease. Primary strategies to prevent the development of cervical cancer focus on reducing these

known risk factors by encouraging a healthy lifestyle, smoking cessation and the adoption of 'safer' sexual behaviours aimed at reducing the risk of HPV infection (Shepherd 2011).

The understanding the role of HPV in cervical cancer has led to the development of the HPV vaccination. An immunisation programme has now been rolled out across many countries. Initial results are promising, though longer term population studies are required to assess the wider benefit and provide guidance for future changes in screening policy. Until more data from the vaccine programmes are available and, in countries that do not have such programmes secondary prevention methods will need to be the mainstay of efforts to reduce cervical cancer. These secondary methods involve screening for the detection of abnormal or pre-cancerous cell changes (i.e. any changes which may precede, be associated with or carry a significant risk of developing cancer).

### Description of the intervention

#### Screening

The Papanicolaou, or Pap smear, screening test is used world-wide and is primarily aimed at detecting pre-cancerous changes within the cervix (i.e. abnormalities in the cells of the cervix known as dysplasia) before they have an opportunity to progress to invasive carcinoma. More than 90% of cervical cancers develop within a small area of the cervix known as the transformation zone and disease progression from dysplasia to invasive cancer is usually slow, therefore providing the opportunity to detect and treat pre-cancerous disease. During a smear test, cells within the external and

internal layers of the transformation zone (i.e. ecto- and endo- cervical cells) are collected and subsequently examined for abnormal cytological changes. The reliability of the technique is however dependent both on the expertise of the health professional taking the smear and the individual examining the smear. Even in the best laboratories, 5 to 15% of abnormal smears may be reported as normal (Nottingham 1998). More recently the use of liquid based cytology (LBC) has reduced the number of inadequate smears and subsequent need for recalls (Moss 2004; NICE 2003).

Since the cervical cancer screening programme in 1988, the associated mortality rate in females under 35 years in the United Kingdom has fallen (Peto 2004).

World-wide, great variation exists between countries in terms of the coverage and uptake of cervical cancer screening. In a number of countries including the UK, Finland, Australia, Sweden and Spain, national cervical cancer screening programmes have been introduced. Such screening programmes are usually aimed at those women most at risk of developing cervical cancer (i.e. usually women aged between 20 and 65 years). Recommendations vary between countries, but women are usually screened every one to five years. In many other countries Pap smear services are provided on a much more local basis, if at all.

Pap smear uptake and coverage not only vary between countries, but differences also exist within countries between different socio-demographic groups, according to factors including ethnic origin, age, education and socio-economic status. Lower uptake rates have been found to occur in those women who are older, less well-educated, from lower socio-economic groups or who reside in rural locations (Brinton 1994; Ries 1999). Certain ethnic groups have also been identified as having lower rates of Pap smear uptake, such as African-American, Hispanic and Native American in the USA and Asian women in the UK (Luke 1996; Miller 1994). In many cases therefore, interventions have been aimed at trying to increase screening amongst these groups of women. Thus there are a number of factors to consider when developing interventions to increase the uptake of Pap smear screening. These factors are likely to differ between developing and developed countries and between individual populations in a country.

### Encouraging the uptake of screening

One of the major obstacles to the success of cervical cancer screening worldwide is the uptake of the programme by women. Understanding the various reasons for women not ever attending a smear or failing to continue in further rounds of screening are difficult to assess. Much work across the world has been undertaken to determine contributing factors, such as cost, anxiety, embarrassment, and fear of cancer. Women from ethnic minorities and deprived sub-groups in the population have shown consistently lower uptake over decades of screening in countries worldwide (Moser 2009; Webb 2004). This may be attributable to health literacy especially since screening literature can include complex

concepts. HPV is transmitted sexually and therefore screening and cervical cancer itself can be perceived as a consequence of promiscuity and thus have negative connotations. Encouragingly though, in a recent survey of Muslim Turkish women who mostly accept talking about sex as a taboo, the majority of women felt the recommendations from health workers was the major influence in attending screening and accepting the HPV vaccination for their daughters (Ilter 2010). Given the complex nature of the factors involved a number of interventions have therefore been based on theoretical models of health behaviour, such as the Health Belief Model (Kreuter 1996; Marcus 1992) and the Transtheoretical Model (Rimer 1999). It is important to realise that because of differences between populations, interventions that are effective in one setting may not be as effective in another.

In the UK, websites such as that provided by the NHS Cervical Screening Programme can go some way to trying breaking down barriers to screening. The website provides written, audio and visual resources aimed at answering common concerns, explaining the procedure and explanation of results. Key documents are provided in a translated format covering many languages spoken by the larger minority groups in the UK.

### How the intervention might work

#### Informed consent

The main focus of attention of cervical screening programmes is to increase the uptake of cervical screening. However, this must be done in the context of informed consent and understanding of the screening tests. It is recognised that both informed uptake and consent is important since screening can cause harm with inevitable false negatives leading to women being wrongly reassured and false positives resulting in unnecessary anxiety and further investigations and possibly even treatment. In particular, informed uptake needs to be considered especially when topical media coverage, exemplified by the cervical cancer sufferer Jade Goody in the UK, can result in such an increase in women attending screening whether required or not (an increase of 3.6 million women screened in 2008/09 compared to 3.2 million in the previous year) yet the numbers soon fall when the media interest settles (3.3 million women screened in 2009/10). (NHS Information Centre 2010).

### Why it is important to do this review

The incidence of cervical cancer is reduced by 93.5%, 92.5%, 90.8%, 83.6% and 64.1% if women have screening every year, every 2 years, every 3 years, every five years and every 10 years respectively; these screening intervals would mean women having 50, 25, 16, 10 and 5 smear tests respectively in their lifetime

(IARC 1986). More recently, through modelling analyses, it has been shown that extending the re-screening interval from one year to every three years results in an average excess risk of about 3 per 100,000 (Sawaya 2003). In the UK women aged 25 to 50 are invited for screening every three years and those aged 50 to 64 every five years. Each year, around 3.5 million women accept screening (NHS Information Centre 2010) and this has been estimated to prevent up to 3900 cases of cervical cancer and save over 4500 lives annually in UK (Peto 2004; Sasieni 1996). However, despite its effectiveness, the uptake rate of cervical cancer screening by eligible women remains stubbornly below 80% (NHS Information Centre 2010). Information is needed to establish what can be done to increase this uptake rate, particularly in the 20% of women who are missing out on screening.

## OBJECTIVES

To assess the effectiveness of interventions aimed at women, to increase the uptake, including informed uptake, of cervical cancer screening.

## METHODS

### Criteria for considering studies for this review

#### Types of studies

Randomised controlled trials (RCTs) and cluster RCTs of universal, selective or opportunistic cervical cancer screening.

#### Types of participants

All women eligible to participate in a cervical cancer screening programme as defined by the entry criteria for that programme. Women due or overdue were all considered for inclusion.

#### Types of interventions

All interventions targeted at women who are eligible for screening. Interventions aimed at communities such as mass media campaigns (Grilli 2002) and those aimed at health professionals were excluded as they are considered in other Cochrane reviews. Interventions targeted at health professionals that are covered in other Cochrane reviews include: audit and feedback (Jamtvedt 2006), educational outreach visits (O'Brien 1997), printed educational materials (Freemantle 1997), computer-generated paper reminders (Arditi 2010), manual paper reminders (Romero 2004),

on-screen computer reminders (Gordon 1998), and other interventions (Hulscher 2006).

For the sub-group analyses the interventions were categorised as follows (Jepson 2000):

- Invitations
  - Invitations to women due for screening (either first round or second round). Does not include women who are overdue for screening. Includes fixed or open appointments, letters, telephone calls, verbal recommendations, prompts and follow-up letters.
- Reminders
  - Reminders to women who are overdue for screening and have not responded to the first round of screening. Includes fixed or open appointments, letters, telephone calls, verbal recommendations, prompts and follow-up letters.
- Education
  - Educational interventions aiming to increase knowledge of the screening programme or the disease being screened for, that do not contain a counselling component. Includes printed educational materials, audio-visual materials, group and individual teaching and home visits.
- Message Framing
  - Messages about screening (either verbal or written) that are framed either positively or negatively.
- Counselling
  - Counselling either face-to-face or on the telephone. Must involve a discussion of barriers to screening as well as an educational component.
- Risk Factor Assessment
  - Risk factor questionnaires and computer programmes assessing a person's risk status.
- Procedures
  - Interventions to increase screening uptake by making the screening procedure easier or more acceptable to individuals undergoing screening. Includes different screening tests for the same disease, or length of time that screening test takes, and opportunistic testing and notification of results.
- Economic
  - Removal of financial barriers or economic incentives. Includes reduced cost or free screening tests, transport costs, free postage for returning tests and 'rewards' for completion of a screening test.

#### Controls

- Control groups are those with no intervention or no intervention other than that routinely undertaken by the local screening program.

#### Types of outcome measures

Trials that reported one or more of the following primary outcome measures were included:

### Primary outcomes

- Uptake or non-uptake of cervical screening as recorded by health service records (such as screening administration system, hospital or primary care physician records)
- Uptake or non-uptake of cervical screening as collected via self-report (i.e. directly reported by the participant in a telephone interview or questionnaire)

### Secondary outcomes

The following intermediate and other outcomes were considered, if reported:

- Booking of appointments;
- Reported intentions to attend screening;
- Attitudes to screening;
- Knowledge of screening;
- Satisfaction with screening service;
- Costs of the interventions.

### Search methods for identification of studies

Papers in all languages were sought and translations carried out when necessary.

### Electronic searches

See: [Cochrane Gynaecological Cancer Group](#) methods used in reviews.

The following electronic databases were searched:

The Cochrane Central Register of Controlled Trials (CENTRAL), Issue 1, 2009. Cochrane Gynaecological Cancer Collaborative Review Group's Trial Register MEDLINE (1966 to March 2009), EMBASE (1985 to March 2009) and LILACS.

The MEDLINE, EMBASE, CENTRAL and LILACS search strategies aiming to identify RCTs comparing interventions targeted at women to encourage the uptake of cervical screening before March 2009 are presented in [Appendix 1](#), [Appendix 2](#), [Appendix 3](#) and [Appendix 4](#) respectively.

Databases were searched from January 1966 until March 2000 in the original review (based on the comprehensive search strategy developed for the HTA review ([Jepson 2000](#))) and up to March 2009 in this updated version.

All relevant articles found were identified on PubMed and using the 'related articles' feature, a further search was carried out for newly published articles.

### Searching other resources

### Unpublished and Grey literature

Metaregister, Physicians Data Query, [www.controlled-trials.com/rct](http://www.controlled-trials.com/rct), [www.clinicaltrials.gov](http://www.clinicaltrials.gov) and [www.cancer.gov/clinicaltrials](http://www.cancer.gov/clinicaltrials) were searched for ongoing trials. The main investigators of the relevant ongoing trials were contacted for further information, as were the major co-operative trials groups active in this area.

Published and unpublished studies were included, if they met the inclusion criteria for the review.

### Reference lists and Correspondence

The citation lists of included trials were checked and experts in the field contacted to identify further reports of trials.

### Data collection and analysis

#### Selection of studies

All titles and abstracts retrieved by electronic searching were downloaded to the reference management database (Endnote), duplicates were then removed and the remaining references examined by four review authors (TE, AB, YLW, MK) independently. Those studies which clearly did not meet the inclusion criteria were excluded and copies of the full text of potentially relevant references were obtained. The eligibility of retrieved papers was assessed independently by two review authors (TE, MG). Disagreements were resolved by discussion between the two review authors and when necessary by a third review author (AB). Reasons for exclusion are documented.

#### Data extraction and management

For included trials, the following data were abstracted:

- Author, year of publication and journal citation (including language)
- Country
- Setting
- Inclusion and exclusion criteria
- Study design, methodology
- Study population
  - Total number enrolled
  - Patient characteristics
  - Age
- Total number of intervention groups
- Intervention details
  - Type of intervention
  - Description of intervention
  - Frequency and duration of intervention
  - Type of healthcare professional who provided the intervention
- Control details

- Any other reported information other than no active intervention was given
  - Risk of bias in study (see below)
  - Duration of follow-up
  - Outcomes - Uptake or non-uptake of cervical screening, booking of appointments, reported intentions to attend screening, attitudes to screening, knowledge of screening, satisfaction with screening service, costs of the interventions.
    - For each outcome: Outcome definition;
    - Unit of measurement (if relevant);
    - For scales: upper and lower limits, and whether high or low score is good;
    - Results: Number of participants allocated to each intervention group;
    - For each outcome of interest: Sample size; Missing participants.

Data on outcomes were extracted as below:

- For dichotomous outcomes (e.g. Uptake or non-uptake), we extracted the number of women in each treatment arm who underwent screening for cervical cancer and the number of women assessed at endpoint, in order to estimate a risk ratio.

Where possible, all data extracted were those relevant to an intention-to-treat analysis, in which participants were analysed in groups to which they were assigned.

The time points at which outcomes were collected and reported was noted.

Data were abstracted independently by two reviewers (TE, AB) onto a data abstraction form specially designed for the review.

Differences between reviewers were resolved by discussion.

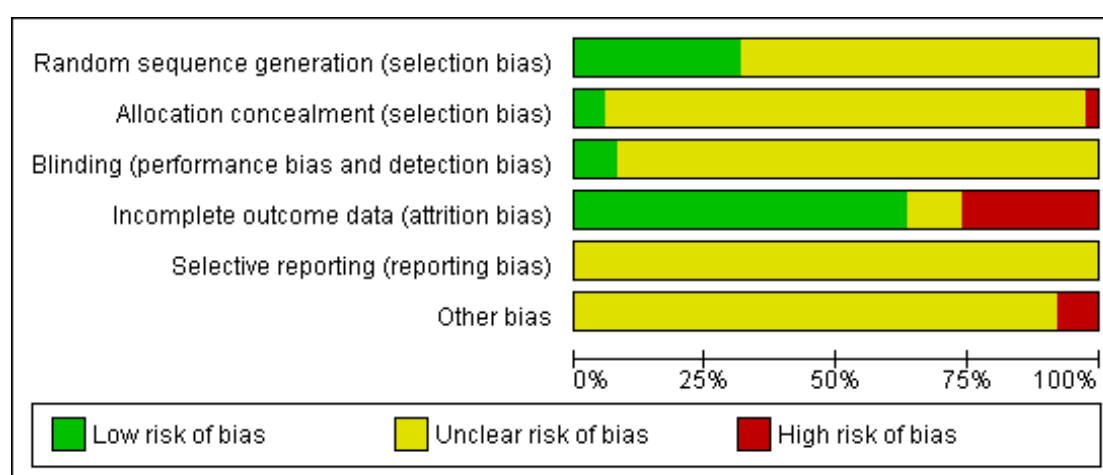
### Assessment of risk of bias in included studies

The risk of bias in included RCTs was assessed using the Cochrane Collaboration's tool. This included assessment of:

- sequence generation
- allocation concealment
- blinding (Assessment of blinding was restricted to blinding of outcome assessors)
- incomplete outcome data: We recorded the proportion of participants whose outcomes were not reported at the end of the study and noted whether loss to follow-up was not reported. We coded a satisfactory level of loss to follow-up for each outcome as:
  - Yes, if fewer than 20% of patients were lost to follow-up and reasons for loss to follow-up were similar in both treatment arms
  - No, if more than 20% of patients were lost to follow-up or reasons for loss to follow-up differed between treatment arms
  - Unclear if loss to follow-up was not reported
- selective reporting of outcomes
- other possible sources of bias

The risk of bias tool was applied independently by two review authors (TE, AB) and differences resolved by discussion. Results are presented in both a risk of bias graph and a risk of bias summary (See [Figure 1](#); [Figure 2](#)). Results of meta-analyses were interpreted in light of the findings with respect to risk of bias.

**Figure 1. Methodological quality graph: review authors' judgements about each methodological quality item presented as percentages across all included studies.**





**Figure 2. Methodological quality summary: review authors' judgements about each methodological quality item for each included study.**

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding (performance bias and detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Adab 2003	●	?	?	●	?	?
Allen 2001	?	?	?	●	?	?
Binstock 1997	?	?	?	●	?	?
Bowman 1995	?	?	●	●	?	?
Buehler 1997	●	?	?	●	?	?
Burack 1998	●	?	?	●	?	?
Burack 2003	?	?	?	●	?	?
Byles 1994	?	?	?	?	?	?
Byles 1995	?	?	?	?	?	?
Byles 1996	?	?	?	?	?	?
Clementz 1990	●	●	?	●	?	?
Del Mar 1998	?	?	●	●	?	?
Eaker 2004	?	●	?	●	?	?
Greene 1999	?	?	?	?	?	?
Hunt 1998	●	?	●	?	?	?
Kreuter 1996	?	?	?	●	?	?
Lancaster 1992	?	?	?	●	?	?
McAvoy 1991	●	?	?	●	?	?
McDowell 1989	?	?	?	●	?	?
Mock 2007	?	?	?	●	?	●
Morrell 2005	?	?	?	●	?	?
Navarro 1995	?	?	?	●	?	?
Ornstein 1991	?	?	?	●	?	?
Oscarsson 2007	●	?	?	●	?	?
Pierce 1989	?	?	?	●	?	?
Pritchard 1995	●	?	?	●	?	?
Rimer 1999	?	?	?	●	?	?
Risi 2004	?	?	?	●	?	?
Rivers 2005	●	?	?	●	?	●
Robson 1989	●	?	?	●	?	●
Segnan 1998	●	?	?	●	?	?
Somkin 1997	?	?	?	●	?	?
Stein 2005	●	?	?	●	?	?
Sung 1997	?	?	?	●	?	?
Taylor 2002	?	?	?	●	?	?
Vogt 2003	?	?	?	●	?	?
Ward 1991	?	?	?	●	?	?
Wilson 1987	?	●	?	●	?	?

### Measures of treatment effect

We used the following measures of the effect of treatment:

- For dichotomous outcomes (e.g. uptake or non-uptake), we used the risk ratio

### Dealing with missing data

We did not impute missing outcome data for the primary outcome. If data were missing or only imputed data were reported we contacted trial authors to request data on the outcomes only among participants who were assessed.

### Assessment of heterogeneity

Heterogeneity between trials was assessed by visual inspection of forest plots, by estimation of the percentage heterogeneity between trials which cannot be ascribed to sampling variation ([Higgins 2003](#)), by a formal statistical test of the significance of the heterogeneity ([Deeks 2001](#)) and, if possible, by sub-group analyses (see below). If there was evidence of substantial heterogeneity, the possible reasons for this were investigated and reported.

### Assessment of reporting biases

Funnel plots corresponding to meta-analysis of the primary outcome were examined to assess the potential for small study effects. When there was evidence of small-study effects, publication bias was considered as only one of a number of possible explanations. If these plots suggested that treatment effects may not be sampled from a symmetric distribution, as assumed by the random effects model, sensitivity analyses were performed using fixed effects models.

### Data synthesis

If sufficient, clinically similar studies were available their results were pooled in meta-analyses.

- For dichotomous outcomes, the risk ratios were pooled.

For trials with multiple treatment groups, the 'shared' comparison group was divided into the number of treatment groups and comparisons between each treatment group and the split comparison group were treated as independent comparisons.

A random effects model with inverse variance weighting was used for all comparisons ([DerSimonian 1986](#)).

Where interventions differed to any degree or there was other substantial heterogeneity the results were reported in a narrative. For cluster randomised controlled trials, if the analysis accounted for the cluster design then a direct estimate of the desired treatment

effect was extracted e.g. RR plus 95% CI. If the analysis did not account for the cluster design, we extracted the number of clusters randomised to each intervention, the average cluster size in each intervention group and the outcome data, ignoring the cluster design, for all women in each group. Next, using an external estimate of the intraclass coefficient (ICC) a design effect was estimated. Hence, the variance of the effect estimate was inflated. It was then possible to enter the data into RevMan 5 and combine the cluster randomised trials with individually randomised trials in the same meta-analysis, using the generic inverse variance method of meta-analysis.

### Subgroup analysis and investigation of heterogeneity

Subgroup analyses were performed according to the different categories of intervention type.

### Sensitivity analysis

We intended to repeat the meta-analyses excluding: trials at high risk of bias; and examine very large trials separately to determine their overall influence. However, all trials were at moderate or high risk of bias so consequently we did not perform sensitivity analyses.

## RESULTS

### Description of studies

See: [Characteristics of included studies](#); [Characteristics of excluded studies](#).

### Results of the search

Over 46,000 titles and abstracts (where available) were screened for the original HTA review covering all screening tests, of which 440 full paper copies were then further assessed for inclusion in the original review. For the review update, a further 1886 titles and abstracts were screened and 78 full paper copies were then further assessed. Forty-two of these papers, specifically focused on cervical cancer screening and appeared to fulfil the inclusion criteria. In order to confirm that trials met the inclusion criteria for analysis, additional information was requested from the authors of 42 trials (37 authors). Replies were received from 20 of the trials (17 authors). In total 102 articles were retrieved in full and translated into English where appropriate and up-dated versions of relevant trials were identified. The full text screening of these 102 references excluded 64 of them for the reasons described in the table

**Characteristics of excluded studies.** However 38 completed RCTs were identified that met our inclusion criteria and are described in the table **Characteristics of included studies**.

In total thirty eight trials, randomising a total of 159,728 women, met all of the inclusion criteria and were included in this review.

## Included studies

(See **Characteristics of included studies**)

Thirty-eight RCT's were included in the review, including six cluster RCTs (Byles 1994; Byles 1995; Byles 1996; Mock 2007; Navarro 1995; Ornstein 1991). Sixteen of the trials were performed in the USA (Allen 2001; Binstock 1997; Burack 1998; Burack 2003; Clementz 1990; Greene 1999; Kreuter 1996; Mock 2007; Navarro 1995; Ornstein 1991; Rimer 1999; Rivers 2005; Somkin 1997; Sung 1997; Taylor 2002; Vogt 2003), nine in Australia (Bowman 1995; Byles 1994; Byles 1995; Byles 1996; Del Mar 1998; Hunt 1998; Morrell 2005; Pritchard 1995; Ward 1991), seven in the UK (Adab 2003; Lancaster 1992; McAvoy 1991; Pierce 1989; Robson 1989; Stein 2005; Wilson 1987), two in Canada (Buehler 1997; McDowell 1989), two in Sweden (Eaker 2004; Oscarsson 2007), one in South Africa (Risi 2004) and one in Italy (Segnan 1998). The majority of the trials were set in community clinics and primary care practices. However, five of the trials based in the USA were set in Health Maintenance Organisations (HMOs) (Binstock 1997; Burack 1998; Burack 2003; Somkin 1997; Vogt 2003), and two of the UK trials were based around the UK national cervical screening programme (McAvoy 1991; Wilson 1987). The trial set in Italy was also based around a national cervical screening program (Segnan 1998). In addition five trials were aimed at specific ethnic populations including Asian women (McAvoy 1991), Afro-American women (Sung 1997), Vietnamese-American women (Mock 2007), Chinese women (Taylor 2002) and Latinas (Navarro 1995). Twenty-one trials had more than two arms (Binstock 1997; Bowman 1995; Burack 1998; Byles 1994; Byles 1995; Byles 1996; Greene 1999; Hunt 1998; Kreuter 1996; McAvoy 1991; McDowell 1989; Ornstein 1991; Pierce 1989; Pritchard 1995; Rimer 1999; Rivers 2005; Segnan 1998; Somkin 1997; Stein 2005; Taylor 2002; Vogt 2003); the remaining seventeen trials had only two arms and thus just one comparison.

## Invitations

Seventeen trials evaluated the effectiveness of invitation letters (Binstock 1997; Byles 1994; Byles 1995; Byles 1996; Bowman 1995; Buehler 1997; Burack 1998; Clementz 1990; Del Mar 1995; Hunt 1998; Lancaster 1992; McDowell 1989; Ornstein 1991; Pierce 1989; Pritchard 1995; Segnan 1998; Wilson 1987). The trials were subdivided according to the invitation type (i.e. GP letter, letter from another authority source, face-to-face invitation, open invitation and invitation with fixed appointment).

Comparison groups included different types of invitation or a control group (usually consisting of usual care or no intervention).

Two trials (n = 4370 participants in total) evaluated invitations from different authority sources (Bowman 1995; Segnan 1998), and the use of letters with appointments to attend for screening; two additional studies also evaluated the use of letters with appointments (Pritchard 1995; Wilson 1987). Three trials (n = 3086 participants in total) examined the use of letter with open invitations to make appointments versus control (usual care) (Bowman 1995; Pritchard 1995; Somkin 1997).

Two trials looked at telephone invitations (n = 5652 participants in total) (Binstock 1997; McDowell 1989), whereas another study (n = 121 participants in total) looked at face-to-face invitations from a health worker or GP (Hunt 1998).

## Education

Three trials evaluated printed materials (McAvoy 1991; Bowman 1995; Rimer 1999), two were face-to-face home visit trials (McAvoy 1991, Sung 1997) and one trial (n = 176 participants) did not report in detail the type of educational intervention used (Greene 1999). One cluster randomised trial adequately accounted for the clustering in its analyses, but the data reported was not suitable for calculating risk ratios (Navarro 1995).

## Counselling

Two trials examined the use of counselling (n = 599 participants in total). One compared face-to-face counselling by a GP with no counselling (Ward 1991); the other compared telephone counselling and patient prompts, versus patient prompts alone (control group) and provider prompts alone (Rimer 1999).

## Risk Factor Assessment

Two trials (n = 1590 in total) evaluated risk factor assessment (Greene 1999; Kreuter 1996). Both used an enhanced risk factor assessment that involved a personally tailored assessment and discussion with the health care provider about the woman's personal risk factors for developing cervical cancer. Both interventions were based on theoretical models of behaviour, the Social Cognitive Theory and Motivational Interviewing Methods (Greene 1999) and the Health Belief Model (Kreuter 1996), with a view to changing behaviour to increase the uptake of Pap smears. One trial (Greene 1999) compared the intervention (n = 97) to usual care (n = 79) whereas the other trial (Kreuter 1996) (n = 1317, 206/1317 analysed) compared the intervention to a no intervention control group (Kreuter 1996). Similarly, this trial also compared enhanced risk factor assessment with a less intense 'typical' risk factor assessment. The typical risk factor assessment involved supplying the participant with their personal risk factor information but not discussing the information provided.

## Procedures

Only one procedure was identified; access to a health prevention nurse (Robson 1989). There were two quasi-RCTs that examined the uptake of screening where the gender of the smear taker was revealed in the invitation letter and access to a lay health worker who offered women screening with a female nurse practitioner (Hicks 1997; Margolis 1998), but no RCTs were found.

## Secondary outcomes

A summary of the data relating to secondary outcomes is presented in Table 1.

One trial (n = 273) used the booking of appointments for screening as an outcome measure (Greene 1999).

One trial (n = 3094) examined participants attitudes to Pap smear screening (Byles 1995).

Five trials (n = 7718 participants in total) presented cost data (Binstock 1997; McDowell 1989; Oscarsson 2007; Stein 2005; Vogt 2003). Many of the trials used multiple intervention groups but only those groups that used an intervention aimed at women (and not healthcare providers) were included in this review.

## Excluded studies

The sixty-four references excluded after assessing full paper copies are listed in the [Characteristics of excluded studies](#) table, with reasons for their exclusion. Fifteen were quasi randomised (Baele 1998; Chumworathayi 2007; Hicks 1997; Hou 2002; Hou 2005; Lantz 1995; Lantz 1996; Levine 2003; Marcus 1992; Margolis 1998; Maxwell 2003; Park 2005; Paskett 1990; Ward 1999; Yancey 1995), three studies included participants who may have been screened before receiving the intervention (Dignan 1996; Dignan 1998; Gotay 2000), ten studies used an intervention aimed at either the physician or both the physician and patient (Boissel 1995; Bonevski 1999; Campbell 1997; Cecchini 1989; Hillman 1998; Litzelman 1993; Manfredi 1998; Nguyen 2000; Roetzheim 2004; Roetzheim 2005), seven studies used an intervention or an outcome that was not strictly concerned with increasing uptake (Brewster 2002; Del Mar 1995; Holloway 2003; Katz 2007; Paul 2003; Philips 2006; Sankaranarayanan 2003), nine studies concerned intervention aimed at improving follow-up of an abnormal smear results rather than initial Pap screening uptake (Engelstad 2005; Lauver 1990; Marcus 1998; Miller 1999; Paskett 1995; Peters 1999; Stewart 1994; Takacs 2004; Tomlinson 2004), four studies presented in a way that was not usable for the purposes of the review (Corkrey 2005; Hancock 2001; Lynch 2004; Newell 2002), three studies were excluded they included women over the upper age limit of most routine cervical screening programmes (Mayer 1992; Ruffin 2004; Valanis 2003) two studies did not separate attendance for cervical cancer screening from other screening tests (Mitchell 1991; Powers 1992) and ten studies did not use a randomised design (Al Saifafi 2009; German 1995;

Jenkins 1999; Karwalajtys 2007; Miller 2007; Mitchell 1997; Paskett 1999; Perkins 2007; Shelley 1991; Torres-Mejia 2000), one study (Lam 2003) presents initial data only that is included elsewhere (Mock 2007). The trial of Peters 1999 was a cluster RCT examining anxiety among women with mild dyskaryosis and the aim of the educational intervention was to reduce anxiety so scope differs to that of this review.

## Risk of bias in included studies

(See Risk of Bias tables in [Characteristics of included studies](#))

All trials were at moderate risk of bias: Hunt 1998 satisfied three of the criteria that we used to assess risk of bias, whereas the other trials, at most, satisfied only two of the criteria. Eight trials failed to fulfil any of the criteria adequately (Byles 1994; Byles 1995; Byles 1996; Greene 1999; Kreuter 1996; Navarro 1995; Rimer 1999; Sung 1997).

## Allocation

Twelve trials used an adequate method of generation of the sequence of random numbers to allocate women to treatment arms (Adab 2003; Buehler 1997; Burack 1998; Clementz 1990; Hunt 1998; McAvoy 1991; Oscarsson 2007; Pritchard 1995; Rivers 2005; Robson 1989; Segnan 1998; Stein 2005). The method of randomisation was unclear in the remaining twenty-six trials that did not report the method of randomisation.

In the trial of Eaker 2004 "collaborators in the trial were blinded to the women's group assignment". Concealment of allocation was satisfactory in the trial of Wilson 1987, as this trial used a centralised independent randomisation and allocation service which was protected from any potential tampering by those involved in the study. In the trial of Clementz 1990 treatment allocation was not concealed and was not reported in any of the other thirty-five trials.

## Blinding

The outcome assessor was blinded to the treatment allocation in only three trials (Bowman 1995; Del Mar 1998; Hunt 1998). It was unclear in the remaining thirty-five trials whether the outcome assessor was blinded as it was not reported.

## Incomplete outcome data

Loss to follow up was low in twenty-eight of the trials, with at least 80% of women being assessed at the end of the study. It was unsatisfactory in ten trials (Allen 2001; Bowman 1995; Burack 1998; Kreuter 1996; Navarro 1995; Rimer 1999; Rivers 2005; Stein 2005; Sung 1997; Vogt 2003), as less than 80% of women were assessed at endpoint in at least one of the outcomes and was

unclear in the remaining four trials (Byles 1994; Byles 1995; Byles 1996; Greene 1999).

### Selective reporting

In all thirty-eight trials it was unclear as to whether outcomes had been selectively reported as there was insufficient information to permit judgement.

### Other potential sources of bias

In thirty-five trials there was insufficient information to assess whether any important additional risk of bias existed. The trial of Robson 1989 was potentially biased as it stopped early because participating doctors were not prepared to continue excluding half the practice from access to the health promotion nurse. In Rivers 2005 the women received a telephone call at 6 months to ascertain screening uptake and this may itself have acted as a prompt for non-attenders to attend for screening and as such influenced the 12 month data. Women were selected from the social networks of the lay health outreach workers in Mock 2007 and therefore may be more motivated to comply.

### Effects of interventions

We did not include any of the cluster RCTs (Byles 1994; Byles 1995; Byles 1996; Mock 2007; Navarro 1995; Ornstein 1991) in any of the meta analyses because it was either not possible to extract binary data, interventions or/and outcomes differed sufficiently or a satisfactory estimate of the ICC could not be obtained. We obtained values of the ICC that ranged from 0.02 to 0.29 (Hade 2010). When 0.02 was used as the ICC for the trial of Byles 1996 we got an estimated design effect of 109 due to the average cluster size being large, which considerably decreased the effective sample size. Since the unit of randomisation was postal codes we would not expect a large ICC, but do not have estimates from any pilot studies so have reported cluster RCTs as single trial narratives due to the uncertainty in reducing the effective sample size.

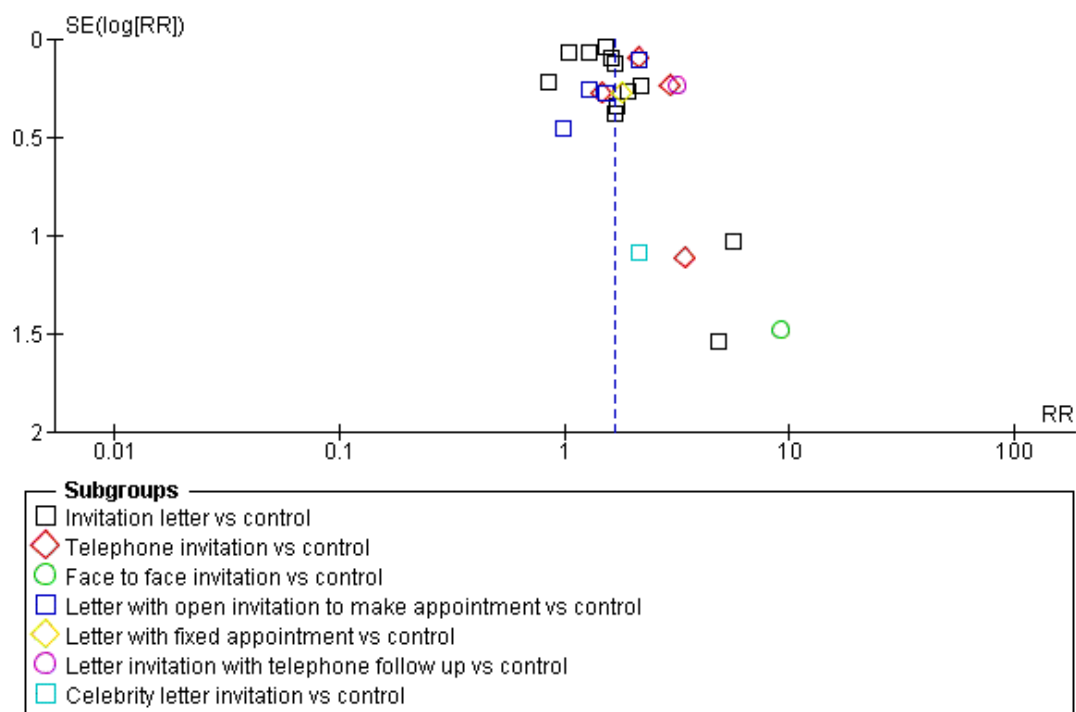
### Uptake of screening

#### Invitations

#### Invitation versus control

A funnel plot corresponding to the invitation versus control subgroup in the above meta-analysis showed no evidence of bias in small studies (see Figure 3). Funnel plots were not computed elsewhere in the analyses as there were insufficient trials in which to draw valid conclusions. Analysis 1.1

**Figure 3. Funnel plot of comparison: I Invitation vs control, outcome: I.1 Uptake of screening.**



#### Invitation letter versus control

Meta-analysis of twelve trials (Binstock 1997; Bowman 1995; Buehler 1997; Burack 1998; Burack 2003; Del Mar 1998; Hunt 1998; Lancaster 1992; McDowell 1989; Morrell 2005; Pierce 1989; Stein 2005), assessing 99,651 participants, found that women who received invitation letters to attend cervical screening programmes had a significantly higher uptake of screening than women who received usual care or no invitation (RR= 1.44, 95% CI: 1.24 to 1.52). The percentage of the variability in effect estimates that is due to heterogeneity rather than sampling error (chance) may represent substantial heterogeneity ( $I^2 = 72\%$ ). (comparison 1.1.1)

#### Telephone invitation versus control

Meta-analysis of four trials (Binstock 1997; McDowell 1989; Stein 2005; Vogt 2003), assessing 2342 participants, found that women who received a telephone invitation had a significantly higher uptake of screening than those in the control group (RR= 2.16, 95% CI: 1.70 to 2.74). The percentage of the variability in effect estimates that is due to heterogeneity rather than chance may represent moderate heterogeneity ( $I^2 = 21\%$ ). (comparison 1.1.2)

#### Face to face invitation versus control

The trial of Hunt 1998, which assessed 121 participants, found no statistically significant difference in the uptake of screening between women who received a face to face invitation and those in the control group (RR = 9.15, 95% CI: 0.50 to 166.30). However, only four out of the 121 women attended for screening. (comparison 1.1.3).

#### Letter with open invitation to make appointment versus control

Meta-analysis of four trials (Bowman 1995; Pritchard 1995; Somkin 1997; Vogt 2003), assessing 2998 participants, found that women who received letters with an open invitation to attend a cervical screening programme had significantly higher uptake of screening than women in the control group (RR= 1.61, 95% CI: 1.15 to 2.26). The percentage of the variability in effect estimates that is due to heterogeneity rather than chance may represent moderate heterogeneity ( $I^2 = 50\%$ ).

The cluster RCT of Byles 1996 reported results of a mass mailing campaign to promote screening. The intervention letter provided information on the screening services available in the local area and included an invitation to enrol with the Pap smear reminder



service. In the intervention arms, women were either sent a personalised letter with the initial invitation or three years later, with the reminder invitation. A control group received no letter at all. Significant increases in screening rates were observed in those receiving a personalised letter with the initial invitation.

Similarly the [Byles 1995](#) cluster RCT assessed the effectiveness of two direct mail strategies to encourage women to have Pap smears compared to a control. The two strategies were assessed in two geographically separated postal regions in Australia. The first intervention consisted of a personally addressed letter providing basic information about Pap smears, information on screening, advice, lists of local providers and an invitation to enrol with free Pap reminder service. The second intervention, in addition to the letter, included a multi-faceted intervention package designed to address a number of factors associated with screening behavior. The effectiveness of each strategy was assessed using a multiple group time-series design involving three postal regions. Both interventions resulted in statistically significant increases in attendances for screening over the post intervention period (42.2% in the region receiving the simple prompt and 39.6% in the region receiving the multi-faceted approach).

The cluster RCT of [Ornstein 1991](#) assessed the effectiveness of three interventions that aimed to encourage uptake of various screening/vaccine sessions, including a Pap smear. Patients and their physicians were randomly assigned by practice group into one of four groups which included physician reminders, patient reminders, patient and physician reminders and a control group. The authors concluded that computer based physician and patient reminder systems improved adherence to preventive services in primary care settings. In this one year study, a statistically significant decline in Pap smear adherence was confined to the physician reminder group. Small, inconsistent declines in adherence occurred in all four groups. These declines were significant only for white women. (comparison 1.1.4).

#### **Letter with fixed appointment versus control**

In the trial of [Pritchard 1995](#), which assessed 177 participants, women who received letters with a fixed appointment to attend a cervical screening programme had a significantly higher uptake of screening than the control group (RR = 1.80, 95% CI: 1.04 to 3.11). (comparison 1.1.5).

#### **Letter invitation with telephone follow up versus control**

The trial of [Vogt 2003](#), which assessed 276 participants, found a significant difference in the uptake of screening between women who received a face to face invitation and those in the control group (RR = 3.14, 95% CI: 1.97 to 5.01). (comparison 1.1.6).

#### **Celebrity invitation versus control**

The trial of [Stein 2005](#) which assessed 316 participants, found no statistically significant difference in the uptake of screening between women who received a celebrity endorsed letter of invitation and those in the control group (RR = 2.15, 95% CI: 0.25 to 18.15). (comparison 1.1.7)

#### **GP invitation letter versus invitation letter from other authority sources**

The trial of [Bowman 1995](#), which assessed 86 participants, found little difference between GP invitation letters and health clinic invitation letters in the uptake of cervical screening (RR = 1.69, 95% CI: 0.75 to 3.82).

In the trial of [Segnan 1998](#), which assessed 4028 participants, women who received GP letters to attend a cervical screening programme had a significantly higher uptake of screening than those who received invitation letters from programme coordinators (RR = 1.13, 95% CI: 1.05 to 1.21). [Analysis 2.1](#)

#### **Personal invitation versus invitation letter**

Meta-analysis of two trials ([Binstock 1997](#); [McDowell 1989](#)), assessing 1899 participants, found that women who received telephone invitations to attend a cervical screening programme had a significantly higher uptake of screening than women given invitation letters (RR = 1.32, 95% CI: 1.15 to 1.53). The percentage of the variability in effect estimates that is due to heterogeneity rather than chance is not important ( $I^2 = 0\%$ ).

The trial of [Hunt 1998](#), which assessed 123 participants, found no statistically significant difference between face to face invitations and invitation letters in the uptake of cervical screening (RR = 2.10, 95% CI: 0.40 to 11.05). [Analysis 3.1](#)

#### **Letter with fixed appointment versus letter with open invitation to make an appointment**

Meta-analysis of four trials ([Bowman 1995](#); [Pritchard 1995](#); [Segnan 1998](#); [Wilson 1987](#)), assessing 4706 participants, found that women who were given letters with a fixed appointment to attend a cervical screening programme had a significantly higher uptake of screening than women who received letters with an open invitation (RR= 1.57, 95% CI 1.43 to 1.72). The percentage of the variability in effect estimates that is due to heterogeneity rather than chance is not important ( $I^2 = 0\%$ ). [Analysis 4.1](#)

#### **Three way comparison of television media, television media combined with invitation letter and television media combined with GP based recruitment**

The cluster RCT of [Byles 1994](#) assessed the effectiveness of three community based strategies to promote screening for cervical cancer. A trial of each television media intervention was carried out in three postal regions in New South Wales - a rural locality, a

country town and a major rural centre. Three control regions were selected to be demographically similar to the corresponding regions. Television media alone was associated with a significant increase in attendances for screening in the rural centre. The media/letter based campaign was associated with a significant increase in attendances in the rural locality and rural centre. The media/GP based campaign was associated with significant increases in attendances in all three regions. All three interventions were associated with significant increases in the number of women attending for screening above those observed in the control regions. Furthermore, these increases were not restricted to women at low risk. They were also found for older women (aged 50 to 69 years) and women who had not had a Pap smear within the past three years.

## Education

### Education versus control

#### Education (printed material) versus control

Meta-analysis of three trials ([Bowman 1995](#); [McAvoy 1991](#); [Rimer 1999](#)), assessing 502 participants, showed little difference in the uptake of screening between women who received printed material as a form of education and those in the control group (RR = 1.11, 95% CI: 0.88 to 1.41). The percentage of the variability in effect estimates that is due to heterogeneity rather than chance is not important ( $I^2 = 0\%$ ). [Analysis 5.1](#)

#### Education (miscellaneous) versus control

Meta-analysis of two trials ([Greene 1999](#); [Taylor 2002](#)), which assessed 295 participants showed a significantly higher uptake of screening in women in the education group compared to women in the control group (RR = 1.92, 95% CI 1.24 to 2.97). The percentage of the variability in effect estimates that is due to heterogeneity rather than chance is not important ( $I^2 = 0\%$ ). Women were given an educational exercise (format unknown) ([Greene 1999](#)) or a variety of educational materials ([Taylor 2002](#)), aimed at increasing awareness of cervical screening programme (comparison 5.1.2).

#### Education (miscellaneous) versus control

Meta-analysis of three trials ([McAvoy 1991](#); [Sung 1997](#); [Taylor 2002](#)), assessing 1318 participants, showed a significantly higher uptake of screening in women who received face to face home visits as a form of education compared to those in the control group (RR = 2.33, 95% CI: 1.04 to 5.23). The percentage of the variability in effect estimates that is due to heterogeneity rather than chance may represent considerable heterogeneity ( $I^2 = 79\%$ ) (comparison 5.1.3).

### Education versus other

The trial of [Bowman 1995](#), which assessed 99 participants, showed little difference in the uptake of screening between women who received printed material as a form of education and those who received a health clinic invitation letter (RR = 1.08, 95% CI: 0.45 to 2.61). Similarly there was no statistically significant difference in the uptake of screening between printed material and GP invitation letters (RR = 0.64, 95% CI: 0.31 to 1.32).

The trial of [Greene 1999](#), which assessed 98 participants, found little difference in the uptake of cervical screening between education (format unknown) aimed at increasing awareness of cervical screening programme and enhanced risk assessment (RR = 0.87, 95% CI: 0.63 to 1.21).

The trial of [McAvoy 1991](#), which assessed 482 participants, showed little difference in the uptake of screening between women who received printed material as a form of education and those shown educational videos or slides (RR = 0.86, 95% CI: 0.64 to 1.14).

The trial of [Allen 2001](#), which assessed 2944 participants, showed no significant difference in the uptake of screening between women who worked in worksites with workshops aimed at increasing cervical screening led by peer health advisors and those in the non-intervention group (RR = 1.02, 95% CI: 0.99 to 1.05).

#### Analysis 6.1

### Lay health outreach worker and media education versus media education alone

In the cluster RCT of [Mock 2007](#), 1005 Vietnamese American women were randomised into either a lay health worker (LHW) outreach plus media based education combined intervention or a media based education only (control). Each LHW used her social network to recruit 20 women before they were randomised. Over the program period, 16% of women in the combined intervention group obtained a Pap test (increasing from 65.8% to 81.8%;  $P < 0.001$ ) compared with 5.4% in the media only group (increasing from 70.1% to 75.5%;  $P < 0.001$ ). The increase in the combined intervention group was significantly greater than that in the media only group (Z test  $P = 0.001$ ). Among women who at baseline had never had a Pap test, 46% of those in the combined intervention group obtained one during the program period ( $P < 0.001$ ) compared with 27% of those in the media only group ( $P < 0.001$ ). Again, the increase was significantly greater in the combined intervention group (Z test  $P = 0.001$ ). In the combined intervention group, 21.6% became up-to-date during the program period (increasing from 45.7% to 67.3%;  $P < 0.001$ ) compared with 4.8% in the media only group (increasing from 50.9% to 55.7%;  $P = 0.035$ ). The increase in being up-to-date was also significantly greater in the combined intervention group (Z test  $P = 0.001$ ) ([Analysis 6.2](#)).



### Standard invitation and printed education versus standard invitation only

The trial of [Eaker 2004](#), which assessed 12,157 participants, did not show a significant increase in the uptake of cervical in women who received both standard invitation and printed education material compared to women who received the standard invitation to attend screening (RR = 1.05, 95% CI: 0.99 to 1.11). [Analysis 6.3](#)

### 12 week cancer screening education versus control

In the cluster RCT of [Navarro 1995](#), 36 lay community workers (consejeras) were recruited and trained to conduct educational group sessions. Each consejera recruited approximately 14 peers from the community to participate in the program. The consejeras were randomly assigned to either a 12 week cancer screening intervention group or a control group. The authors reported although both groups increased Pap smear use, the increase was higher for the cancer intervention group than the control group. The difference approached statistical significance using participants as the unit of analysis ( $P = 0.10$ ), but not when consejera was the unit of analysis ( $P = 0.37$ ).

## Counselling

### Counselling versus control

Meta-analysis of two trials ([Rimer 1999](#); [Ward 1991](#)), assessing 393 participants, found that women given counselling to encourage attendance of a cervical screening programme had a significantly higher uptake of screening than those given no counselling or patient prompts alone (RR = 1.23, 95% CI: 1.04 to 1.45). The percentage of the variability in effect estimates that is due to heterogeneity rather than chance is not important ( $I^2 = 0\%$ ) ( $I^2 = 0\%$ ). [Analysis 7.1](#)

### Counselling versus other

The trial of [Rimer 1999](#), assessing 208 participants, found little difference in the uptake of cervical screening between women who received telephone counselling aimed at increasing awareness of cervical screening programme and women who received provider prompts (RR = 1.13, 95% CI: 0.90 to 1.41). [Analysis 8.1](#)

## Risk Factor Assessment

### Enhanced risk assessment versus control

Meta-analysis of two trials ([Greene 1999](#); [Kreuter 1996](#)), assessing 145 participants, showed little difference in the uptake of screening between women who had an enhanced risk assessment and

those in the control group (RR = 1.52, 95% CI: 0.58 to 3.95). The percentage of the variability in effect estimates that is due to heterogeneity rather than chance may represent considerable heterogeneity ( $I^2 = 87\%$ ). The results of the two trials differed markedly where the trial of [Greene 1999](#) showed a statistically significant increase in the number of women screened who received the enhanced risk assessment compared to control (RR = 2.53, 95% CI: 1.42 to 4.51), whereas the [Kreuter 1996](#) trial showed no significant difference between the two groups (RR = 0.95, 95% CI: 0.64 to 1.42). [Analysis 9.1](#)

### Enhanced risk assessment versus other

The trial of [Kreuter 1996](#), which analysed 70 participants, found no statistically significant difference in the uptake of cervical screening between women who had an enhanced risk assessment and women who received a 'typical' risk assessment (RR = 1.20, 95% CI: 0.79 to 1.81). [Analysis 10.1](#)

## Procedures

### Access to health promotion nurse versus control

The trial of [Robson 1989](#), which assessed 1407 participants, found a significant increase in uptake of screening in women who had access to a health prevention nurse compared to those who did not (RR = 1.18, 95% CI: 1.10 to 1.26). There was substantial heterogeneity between trials ( $I^2 = 76\%$ ). [Analysis 11.1](#)

## Photocomic book

### Photocomic book versus placebo comic book

Only one trial ([Risi 2004](#)) assessing 658 participants studied photocomic book use as a tool to promote cervical screening uptake. It found no significant difference in the uptake of cervical screening between women who had been exposed to the photocomic book aimed at promoting cervical screening uptake compared with women who been exposed to a placebo photocomic book. (RR = 0.96, 95% CI: 0.53 to 1.73). [Analysis 12.1](#)

## Intensive recruitment

### Intensive recruitment attempts versus control

One trial ([Oscarsson 2007](#)) with 800 participants studied intensive recruitment. A significant increase in cervical screening uptake was found in women in the intensive recruitment intervention group compared with those in the control group (RR = 1.59, 95% CI: 1.24 to 2.06). [Analysis 13.1](#)

### Message framing

Only one trial ([Rivers 2005](#)) assessed message framing in the uptake of cervical screening in 441 participants. No significant differences in uptake were seen. Loss-framed messages whether prevention or detection phrased and gain-framed detection compared to loss-framed detection messages both showed a non-significant decrease in uptake (RR = 0.79, 95% CI 0.48 to 1.30). Gain-framed messages whether prevention or detection phrased and gain-framed detection compared to loss-framed prevention messages both showed a non-significant increase in uptake (RR = 1.07, 95% CI 0.62 to 1.83). [Analysis 14.1](#)

### Reminders

No trials examining the effects of reminders on cervical screening uptake were identified.

### Economic

No trials with economic outcomes were identified.

### Informed uptake of cervical screening

None of the trials identified in this review reported informed consent to cervical screening.

### Secondary outcomes

A summary of the data relating to secondary outcomes is presented in [Table 1](#).

### Booking of appointments

One trial ( $n = 273$ ) used the booking of appointments for screening as an outcome measure ([Greene 1999](#)). The trial population was randomly divided into three groups: usual care (women received general dietary and health information), cancer education (women received general information about cervical cancer risk factors and screening recommendations), and cognitive behavioural intervention (women received feedback about personal risk for cancer and engaged in a clinical interview to enhance self-efficacy for preventative behaviour). Women in the usual care group were more likely to schedule an appointment for a Pap smear than those who received the cognitive behavioural intervention (usual care = 79% versus cognitive behavioural intervention = 37%,  $P < 0.0001$ ). Women in the usual care group were also more likely to attend without rescheduling the appointment (usual care = 64% versus cognitive behavioural intervention = 35%,  $P < 0.001$ ). The booking of appointments did not differ significantly between the women who received cancer education and those who received the cognitive behavioural intervention. It was difficult to assess the quality of this study as it was only published as an abstract and not further details were available.

### Attitudes to screening

One trial ( $n = 3094$ ) examined participants attitudes to Pap smear screening ([Byles 1995](#)). The following number of 384 responding women reported receiving the intervention: invitation letter 154 (72%), invitation letter and behavioural prompts (e.g. prompt cards) designed to address aspects believed to be associated with poor screening rates 134 (78%) letter, 100 (58%) card, and 109 (64%) pamphlet; control (not applicable). The following number of women responders said they had read the material sent: 1. 147 (69%); 2. 128 (75%) letter, 7 (4%) card, 101 (59%) pamphlet; control (not applicable). In terms of those women who received the invitation letter 118/151 (78%) of the women said that they were pleased to have the intervention personally addressed to them, only 1/151 (1%) said they were displeased and the remainder were not sure. In comparison, of those women who received the invitation letter and behavioural prompts 89/132 (68%) were pleased, 3/132 (2%) were displeased and the remainder were unsure. 152/155 (98%) of the women who received the invitation letter thought that the intervention should be sent to all women, 2/155 (1%) did not and the remainder were unsure. 124/130 (95%) of women who received the invitation letter and behavioural prompts thought the intervention should be sent to all women, 1/130 (1%) did not and the remainder were unsure.

### Costs of the interventions

Five trials ( $n = 7718$  participants in total) presented cost data ([Binstock 1997](#), [McDowell 1989](#), [Oscarsson 2007](#), [Stein 2005](#), [Vogt 2003](#)). The first trial used five different intervention groups ([Binstock 1997](#)). However only those groups that used an intervention aimed at women (and not healthcare providers) were included in this review: telephone invitation, invitation letter, and a control group. The total estimated costs (\$US) per intervention group were as follows: telephone invitation \$4282, invitation letter \$1918, memo to primary provider \$8933, medical record reminder \$1090 and control group (not stated). In terms of the uptake of screening tests invitation letters produced a greater increase compared with invitation letters or the control group. The second trial used four different intervention groups, but again not all of the interventions were aimed solely at women, some were aimed at healthcare providers ([McDowell 1989](#)). The following groups were considered in this review: GP letter invitation, telephone invitation, and control (usual care). The estimated costs (\$US) per additional Pap smear performed as compared with usual care were: GP invitation letter \$14.23, telephone intervention \$11.75 (assuming a salary of \$60) or \$5.88 (assuming a salary of \$30 per hour).

The trial of [Stein 2005](#) used four different intervention groups: No intervention (Control); telephone intervention; letter from Health Authority District Cervical Screening Commissioner on behalf of National Cervical Screening Programme and letter from a well known journalist and broadcaster. Cost effectiveness analysis

performed. Average cost per attender was £145.12 for telephone call, £14.29 for letter from commissioner and £37.14 for letter from a celebrity.

The trial of [Vogt 2003](#) had examined the costs of each smear gained in the intervention groups above the cost of a smear in the control (usual care) group. Cost effectiveness analysis showed that for each additional Pap smear, the letter/letter intervention cost \$185, the phone/phone intervention cost \$305 and the letter/letter intervention cost \$1117 for each additional Pap smear.

[Oscarsson 2007](#) compared intensive recruitment using multiple methods with a control groups. The cost per smear was 66.87EURO and 16.63EURO respectively. Each additional smear obtained in the trial cost 151.36EURO.

## DISCUSSION

### Summary of main results

Overall, invitations and educational interventions appeared to be the most effective methods of increasing the absolute uptake of cervical screening. However, heterogeneity between the trials limited the statistical pooling of data. Evidence regarding the effectiveness of other interventions such as economic incentives, procedural interventions (i.e. revealing the gender of the smear taker and using a health promotion nurse), counselling and risk factor assessment was limited by the number of included trials and their moderate or high risk of bias. Furthermore, statistical pooling of the data were often limited by the presence of substantial heterogeneity between the trials.

### Invitations

In general, invitation letters were effective at encouraging women to attend for a Pap smear. Cervical cancer screening programmes in the UK, Italy, Sweden and other countries already invite women to attend via a letter, with or without appointments, as part of their national call/recall system. However, the use of such systems in developing countries may be difficult to implement where issues of migration, literacy and access to remote areas may be of concern. There was also some limited evidence that telephone invitations increased uptake, but it was unclear whether this practice was more effective than invitation letters. Telephone invitations are not routinely used in organised screening programmes such as that in the UK and would be even more difficult to implement in developing countries where access to telephones may be an issue. It was also unclear as to whether sending invitation letters with appointments was any more effective than sending invitation letters alone. However, there was some evidence to suggest that invitation letters with fixed appointments were more effective than invitations with open appointments.

Current practice in the UK and a number of other countries involves sending invitation letters both from GPs and/or Health Authorities ([NHS Information Centre 2010](#)). The effectiveness of sending letters from different authority sources was evaluated in three trials ([Bowman 1995](#); [Segnan 1998](#); [Stein 2005](#)). All of these trials favoured GP/local authority letters over other sources. It is not possible to say definitively which approach was more effective, due to the limited evidence from good quality trials. No trial showed a cost-effectiveness benefit of any alternative invitation method over the standard care (usually a letter). Given the effectiveness of invitation letters in encouraging uptake and that no other intervention has been shown to be more cost effective, it remains appropriate to use existing invitation approaches. It must be recognised that for this approach to be effective, robust administrative procedures must be in place and a comprehensive, accurate, up-to-date register maintained.

### Education

There was insufficient evidence in the form of statistically significant findings from good quality trials to support any particular educational intervention, but overall the consensus from the trials examining educational interventions was in favour of the intervention over the no intervention/usual care control. However, heterogeneity between the trials limited the statistical pooling of data. Amongst ethnic minority groups there appeared to be some limited evidence to support the use of lay members of the community in presenting culturally-tailored information, particularly when performed “face-to-face”. This may be of relevance in developing countries where remote areas and literacy may be an issue. However, the findings may vary according to ethnic group and further research is required.

Educational materials are likely to be important in increasing informed uptake, providing they cover all aspects of the screening process. For example, the Department of Health in the UK has produced a leaflet emphasising the risks and benefits and this should be included with every invitation for screening ([NHS CSP 2009](#)). No trials have attempted to measure the effectiveness of interventions at increasing the informed uptake of Pap smears.

### Intensive recruitment attempts

Although only examined in a single trial, intensive recruitment techniques, including telephone interviews, letters and other promotional efforts showed a promising increase in uptake. However, the cost per extra smear gained (151.36EURO) may limit the wider application of this approach.

### Overall completeness and applicability of evidence

Future intervention trials should aim to minimise barriers to uptake amongst those who choose screening, based on a full understanding of the likely benefits, limitations and potential harm. Trials should include a measure of knowledge and whether the information provided is used in the decision making process. Just as an intervention to increase uptake may be ineffective, an intervention to increase informed uptake might also be ineffective. For example, it should not be assumed that giving a leaflet on the risks and benefits of screening will necessarily increase informed uptake. It may be that some interventions, which are effective for increasing uptake (such as appointments), are not effective at increasing informed uptake, and the opposite may also be true. Similarly interventions which are effective in developed countries may not be as effective in developing countries or may present problems in terms of their implementation. At present the evidence regarding the effectiveness of interventions is dominated by studies set in developed countries and there is a need for research which is likely to be more applicable to developing nations. Future trials should also consider ongoing changes in screening technology. As new screening tests become available their potential effects on participation levels in cervical screening programmes should be considered. At present randomised controlled trials are underway to assess the effectiveness of HPV testing and its likely role in the UK cervical screening programme. However, it has been suggested that the introduction of this test may adversely effect the screening uptake rates because of the connotation of sexual promiscuity attached to a positive HPV test/abnormal Pap smear.

Research into screening uptake including the uptake of Pap smears is still expanding with new studies being published each year. However, at present there is very little research relevant to developing countries and it is difficult to state with any degree of certainty how effective the interventions discussed in this review will be in such settings.

## Quality of the evidence

The review and the findings of the review are very much dependent on the validity and quality of the 38 trials reported. The risk of bias of the individual trials included in the review was assessed independently by two review authors using pre-defined checklists. Although a number of the trials were of reasonable quality and only at moderate risk of bias, a number of remaining trials suffered from methodological problems and inadequate reporting. With regards to the latter attempts were made to contact authors to clarify various points, but replies were not received in a number of trials. Of note, several trials would have been eligible if proper randomisation procedures had been followed rather than using quasi-randomisation techniques. A number of trials randomised women without first assessing their eligibility so leading to the exclusion of large numbers of women post-randomisation. Many trials also failed to use appropriate analyses such as intention to intervene analyses and the appropriate consideration of the effects of clus-

tering in cluster randomised trials. By not adequately accounting for the potential effects of clustering data from a number of trials it was not available for inclusion in the summary of relative risk values.

Even though risk ratios were calculated in most of the RCTs included in this review, the pooling of data was restricted because of clinical heterogeneity. Of the meta-analyses that could be performed there was quite often substantial statistical heterogeneity present. The conclusions and implications for practice are primarily based on those interventions for which there was evidence from several RCTs, i.e. invitations and educational materials. However, issues of heterogeneity and study quality should be borne in mind when interpreting these findings. A number of trials looked at other interventions but these were often either limited in number, were of questionable validity or both. To increase informed uptake, future interventions should include information on the likely harms and risks, as well as the benefits of screening. These trials should include a measure of knowledge and whether this knowledge was used in the decision to undergo screening. Furthermore, more trials are needed which target ethnic minority groups and other groups where uptake is low.

## Potential biases in the review process

The comprehensive search strategy used in the review is likely to have located most of the published trials and our thorough search of the grey literature meant that every attempt had been made to obtain data from unpublished trials. Decisions on the relevance of trials were made by two reviewers in a two stage sifting process. Titles and abstracts of the search results were initially searched, then full articles were sifted of potentially relevant papers identified from the initial sift. In cases of disagreement, a third reviewer was called to decide on disputed trials. We restricted the included studies to RCTs as they provide the strongest level of evidence available. We excluded quasi-randomised trials and other non-RCTs, hence we have attempted to reduce bias in the review process.

The greatest threat to the validity of the review is likely to be the possibility of publication bias i.e. studies that did not find the treatment to have been effective may not have been published. We were unable to assess this possibility for most outcomes as most comparisons of the interventions were restricted to either a meta analysis of only a low number of trials or single trial analyses. However, the analysis of invitations versus control did not suggest that publication bias was likely to be a problem. It is acknowledged that although abstracts, full articles and unpublished reports were found (through contacting experts in the field and searching the grey literature and reference lists), some may have been missed, but this risk of publication bias is likely to be minimal.

## Agreements and disagreements with other studies or reviews

A meta-analysis performed by [Tseng 2001](#) showed that women who received a reminder letter to attend for cervical screening were significantly more likely to attend (OR = 1.64, 95% CI: 1.49 to 1.80) than those who received no intervention. This is in agreement with the findings of this Cochrane review. A meta-analysis by [Yabroff 2003](#) agrees with the findings of this review that letter reminders and telephone reminders are effective at increasing cervical screening uptake. The findings of this review are also in agreement with the conclusion of [Yabroff 2003](#) that media interventions do not lead to increased Papanicolou smear use and the finding that peer or lay health worker interventions may have a marginal, though not statistically significant benefit. However, this review is not in agreement with their conclusion that “telephone reminder was associated with the largest increase in Papanicolou smear use”. Whilst this review shows telephone reminders to be effective, reminder letters with a fixed appointment appeared to be more so.

## AUTHORS' CONCLUSIONS

### Implications for practice

There was sufficient evidence from good quality RCTs to support the use of invitation letters in increasing the uptake of Pap smears. There was also some evidence to suggest that educational interventions may increase Pap smear uptake. Overall, educational materials appeared promising, but it is unclear without evidence from additional good quality RCTs which methods (i.e. printed, video/slide or face to face presentations) are most effective. A number of other interventions including revealing the gender of the smear taker and using a health promotion nurse appeared to be promising approaches, but their effectiveness was only examined in a limited number of trials. Likewise interventions by lay health workers appear to be promising in improving uptake, although the number of trials in this area is limited. There was no evidence on which to base implications for practice regarding the informed uptake of cervical screening. Overall, these findings relate to screening in developed countries and their relevance to developing countries is unclear.

### Implications for research

The following implications are likely to be relevant to screening in developed countries:

1. Invitations and educational materials appear to be effective at increasing uptake of cervical cancer screening. Further research into the relative effectiveness and cost effectiveness of these interventions would help to inform decision-making. In

particular it is unclear which types of educational intervention are the most effective.

2. Further research is required to determine the effectiveness of promising interventions such as revealing in an invitation letter the gender of the smear taker, using a health promotion nurse, the use of lay outreach health workers and intensive attempts at recruitment.

3. When designing and reporting future trials researchers should pay particular attention to the following issues: the use of an adequate method of randomisation, the blinding of those assessing study outcome measures, adequate concealment of treatment allocation, adequate follow-up of all participants included in the initial randomisation process, selective reporting of outcomes, and the use of appropriate analyses, particularly in the case of cluster RCTs. Researchers should also try to ensure the enrolment of adequate numbers of eligible participants and interventions should be reported in sufficient detail.

4. A group of women who attend for smears that are particularly at risk are those with inadequate or abnormal smears. Further research should examine the effectiveness of various methods to ensure adequate attendance at follow up for abnormal smears.

5. A concentrated effort should be made to conduct good quality trials in developing countries. In these areas, there is usually no national screening programme, cervical screening is often non-existent and Pap smear or liquid based cytology are not practical. In such situations, other screening modalities such as visual inspection with acetic acid have been shown to be acceptable, feasible and safe ([Sankaranarayanan 2004](#)) and should be considered.

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\* Indicates the major publication for the study

## CHARACTERISTICS OF STUDIES

### Characteristics of included studies [ordered by study ID]

#### Adab 2003

Methods	Design - RCT Baseline comparability - Significantly higher proportion of non-white women in the intervention group. Otherwise no significant differences between study groups Follow-up - Nil.
Participants	Country - UK Setting - 3 general practices in Birmingham Initial screening status - Any 300 women attending their GP practice. Inclusion criteria - aged 20 to 64 years; Exclusion criteria - Incomplete questionnaire
Interventions	1. Control leaflet based on that produced by National Health Service Cervical Screening Programme, though with references to "cervical" cancer, "cervical" screening or "smear test" removed 2. Intervention leaflet. As above with additional information on average individual risk of cervical cancer, possibility of false positive/negative results, uncertainties attached to screening process, the absolute benefit associated with the screening and the cost of the process to the NHS
Outcomes	Self-reporting of "willingness to have study screening test."
Notes	

#### *Risk of bias*

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	"Computer generated list of random numbers"
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Participants were blinded. It is unclear if outcome assessors were blinded
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 91% (274/300)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement

**Adab 2003** (Continued)

Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists
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**Allen 2001**

Methods	Design - Cluster RCT Baseline comparability - no significant differences between study groups Follow-up - 3 years.
Participants	Country - US Setting - Workplace Inclusion criteria - aged 50 years or older
Interventions	1. Workplace at worksites led by trained peer health advisors n = 1512 2. No workshops n=1431
Outcomes	Pap smear uptake - self-reported
Notes	Intervention lasted 16 months. Non-intervention group were provided with skills and resources to replicate intervention program

***Risk of bias***

<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	High risk	% analysed: 66% (2795/4253)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Binstock 1997**

Methods	Design - RCT Baseline comparability - no significant differences between study groups Follow-up - 1year
Participants	Country - USA Setting - HMO Initial screening status - overdue Eligible participants were identified from the medical records of the Kaiser Permanente Health Plan, South California Region (HMO). Half of those eligible (n = 7630) were included in the final analysis Inclusion criteria - aged 25 to 49 years; enrolled in HMO for at least 3 years; likely to seek outpatient care at one of the three medical centres Exclusion criteria - Pap smear within the last 3 years
Interventions	1. Telephone call n = 1526 2. Letter n = 1526 3. Memo to woman's primary provider n = 1526 4. Chart reminder affixed to outside of woman's medical record n = 1526 5. Control group n = 1526
Outcomes	Pap smear uptake and costs determined by administrative records
Notes	No details were provided as to the selection criteria for half of the women who were entered into the study

***Risk of bias***

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 7630/7630 (100%)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists



**Bowman 1995**

Methods	Design - RCT Baseline comparability - no significant differences between study groups Follow-up - 6 months
Participants	Country - Australia Setting - General practice Initial screening status - overdue Over 7000 potentially eligible women in an Australian community were identified by a random household survey (developed by the Australian Bureau of Statistics) Inclusion criteria - aged 18 to 70 years Exclusion criteria - not sexually active; could not speak English; infirm; not at home when contacted; hysterectomy
Interventions	1. GP reminder letter n = 255 2. Women's health clinic invitation n = 220 3. Pamphlet n = 219 4. Control group (not stated) n = 219
Outcomes	Pap smear uptake determined by administrative records
Notes	Comparison of self-reported uptake and administrative records of uptake indicated that women were very accurate in their self-report of screening when it had actually taken place, but inaccurate in almost a quarter of instances when they stated that it had occurred

***Risk of bias***

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Low risk	"Interviewers were unaware of which group in the study women had been assigned to"
Incomplete outcome data (attrition bias) All outcomes	High risk	% analysed: 659/913 (72%) GP reminder letter: 178/255 (70%) women were analysed ("Thirty-five women initially assigned to this group were excluded because of the non-participation of their GPs"). Women's health clinic invitation: 164/220 (75%) women were analysed Pamphlet: 162/219 (74%) women were analysed Control group: 155/219 (71%) women were analysed

**Bowman 1995** (Continued)

Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Buehler 1997**

Methods	Design - RCT Baseline comparability - no significant differences between study groups Follow-up - 2 months and 6 months
Participants	Country - Canada Setting - Family medicine clinic Initial screening status - due Random sample of 441 women listed as patients of two clinics (one urban and one rural) affiliated with the Memorial University of Newfoundland Inclusion criteria - 18 to 69 years Exclusion criteria - Pap smear in past 3 years; hysterectomy; moved or had records with clerical errors
Interventions	1. Personal letter and reminder letter 4 weeks later n = 221 2. Control group received no letter n = 220
Outcomes	Pap smear uptake determined by administrative records
Notes	Sample size calculations did not take into account the lag time between taking tests and registering tests, which could and did cause the loss of participants

***Risk of bias***

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	"Of the 1302 ... eligible women, we randomly selected 650 using computer-generated numbers". From the CONSORT flow diagram it appears that the 441 women participating in the trial after exclusions were randomised in a similar way
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported

**Buehler 1997** (Continued)

Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 88% (386/441) By treatment arm: Personal letter and reminder letter: 178/221 (81%) Control: 208/220 (95%)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Burack 1998**

Methods	Design - RCT Baseline comparability - no significant differences between study groups Follow-up - 1 year Before randomisation women were excluded if their last smear was abnormal/insufficient for cytology (n = 4708); 140 were excluded from the patient reminder intervention as they discontinued HMO membership; 2055 were excluded from the physician reminder intervention as they did not attend their physician
Participants	Country - USA Setting - HMO Initial screening status - due Women were recruited from five HMO sites enrolled in year 1. Only three of these sites enrolled in year 2. 5801 women were randomised to physician reminder/no reminder. During a second later round of randomisation (patient reminder vs no reminder) further women were excluded Inclusion criteria - at least 40 years old; HMO member; visited one of the primary care study sites in Detroit, Michigan, USA Exclusion criteria - previous abnormal or insufficient Pap smear
Interventions	1. An invitation letter reminding women that they were due for a Pap smear (964 analysed) 2. Reminders for both physician and participants (960 analysed) 3. Reminders for the physicians (960 analysed) 4. Control (no reminder to either physicians or participants (964 analysed) 5801 women were randomised but only gives breakdown of women analysed by treatment arm
Outcomes	Pap smear uptake determined by administrative records
Notes	Unclear methodology. Two stage randomisation and large numbers of exclusions after first randomisation. Not clear how many women were originally randomised to each of the four study groups
<b>Risk of bias</b>	

**Burack 1998** (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	"A two-stage randomization procedure was used ... At the beginning of the study period, the 5801 women ... were randomly assigned using a site specific, stratified randomization procedure to receive or not receive the physician reminder intervention. Strata were defined by age, previous Pap smear use, and number of HMO visits in the preceding year. To avoid overloading the clinics, a separate randomization was carried out to assign women to patient reminder intervention. Women who remained eligible were selected and randomized to patient reminder intervention on a weekly basis in groups of 156"
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	High risk	% analysed: 66% (3848/5801)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Burack 2003**

Methods	Design - Cluster RCT Baseline comparability - no significant differences between study groups Follow-up - 1 year
Participants	Country - US, Detroit. Setting - HMO Initial screening status - due Inclusion criteria - aged 40 years or older and had visited a primary care provider at one of the study sites during the two years preceding the intervention period Exclusion criteria - not reported
Interventions	Cluster RCT

**Burack 2003** (Continued)

Outcomes	1. Sent reminders for Pap smear and mammogram n = 1243 2. Sent reminders for mammogram only n = 1228	
Notes	Pap smear uptake ? from study site records	
<i><b>Risk of bias</b></i>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 100% (2471/2471) However, loss of participants who may have moved out of area, not received reminder etc is not clear
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Byles 1994**

Methods	Design - RCT (cluster) Baseline comparability - study regions matched on census data Follow-up - 3 months (TV media and letter), 6 months (GP intervention)
Participants	Country - Australia Setting - Community Initial screening status - due and overdue Nine geographically discrete, regions were selected within three adjacent TV broadcasting areas. The regions were randomly assigned to the study groups and data gathered on eligible women through administrative records pre-and post-intervention Inclusion criteria - aged 18 to 70 years; English-speaking Exclusion criteria - physically/intellectually impaired
Interventions	1. TV media campaign n = n/a 2. TV media combined with invitation letter n = n/a 3. TV media combined with GP based recruitment through workshops n=n/a 4. Control n = n/a

**Byles 1994** (Continued)

	n/a not applicable as data was gathered from administrative records for the regions giving overall Pap smear attendances during the pre- and post- intervention periods In the letter intervention group using information gathered from electoral registers (registration was mandatory) all eligible women were sent a letter	
Outcomes	Pap smear uptake determined by administrative records	
Notes	Analysis limited by the 3 and 6 month post-intervention follow-up periods, a longer period was prevented by contamination by a state-wide media campaign. Differential effects of interventions on outcome for the different regions may reflect different baseline screening rates that could not be assessed during matching. Unit of allocation different from unit of analysis and no appropriate account was taken of this is the analysis 1. TV media campaign n = n/a 2. TV media combined with invitation letter n = n/a 3. TV media combined with GP based recruitment through workshops n=n/a 4. Control n = n/a	
<i><b>Risk of bias</b></i>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not reported
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

## Byles 1995

Methods	Design - RCT (cluster) Baseline comparability - study regions were matched as closely as possible using census data Follow-up - 3 months 28% of the letter intervention group did not recall ever receiving the intervention; not clear how many women were followed-up
Participants	Country - Australia Setting - Community Initial screening status - due Three geographically separate postal regions were randomly allocated to different interventions. Data on eligible women within the regions was gathered via administrative records pre- and post-intervention Inclusion criteria - aged 18 to 70 years; no Pap smear in previous 3 years; Australian or British citizenship Exclusion criteria - not stated
Interventions	1. Personally addressed letter with simple information about Pap smears n = ? (959 analysed) (99 attended for screening) 2. Personally addressed letter combined with a series of targeted behavioural prompts (e.g. prompt cards) designed to address aspects believed to be associated with poor screening rates n = ? (933 analysed) (95 attended for screening) 3. Control n = ? (1202 analysed) (97 attended for screening)
Outcomes	Pap smear uptake determined by administrative records
Notes	Timescale of the intervention was not stated and the 3 month follow-up period was short and may have limited the results. Unit of allocation different from unit of analysis and no appropriate account was taken of this in the analysis. Unclear how many women were followed-up

### *Risk of bias*

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not reported
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement

**Byles 1995** (Continued)

Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists
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**Byles 1996**

Methods	Design - RCT (cluster) Baseline comparability - regions were matched as closely as possible using census data Follow-up - 3months A 15% adjustment of the denominator was made to account for the estimated hysterectomy rate
Participants	Country - Australia Setting - Community Initial screening status - due and overdue Nine geographically distinct postal regions were randomly allocated to one of the intervention groups. Data about the women within the regions were gathered pre- and post-intervention using administrative records Inclusion criteria - aged 18 to 70 years; no Pap smear in the previous 3 years Exclusion criteria - not stated
Interventions	1. Personalised letter advising women to attend screening and providing simple information Followed up by a second mailing campaign 3 years later n = ? (? analysed) 2. No letter in the first mailing but letter sent during second mailing 3years later n = ? (? analysed) 3. Control, no letter on either occasion n = ? (? analysed)
Outcomes	Pap smear uptake determined by administrative records
Notes	Previous campaigns may have had an unknown influence on the current campaign. The iterative process used to provide estimates of expected and observed may be affected by the limited follow-up period, questioning the reliability of the analysis. Participants were only partially randomised (to initial letter). Unit of allocation different from unit of analysis and no appropriate account taken of this in the analysis

***Risk of bias***

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported



**Byles 1996** (Continued)

Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not reported
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Clementz 1990**

Methods	Design - RCT Baseline comparability - no differences in any of the variables examined Follow-up - 4 months
Participants	Country - USA Setting - University family medicine clinic Initial screening status - due 220 female patients attending ambulatory clinic Inclusion criteria - aged 50 to 69 years Exclusion criteria - symptomatic for cervical cancer; previously had cancer
Interventions	1. Personalised GPs letter, one month before due date of tests with an educational component n = 116 2. Control group received usual care (not described) n = 104
Outcomes	Pap smear uptake determined by administrative records
Notes	Authors offered no explanation as to why the recall intervention had an adverse effect on people attending cervical screening, i.e. why such an intervention would make people less likely to attend. The low power of the study was attributed to imbalances between the intervention and control groups. There was an additional imbalance as a result of excluding patients post-randomisation

***Risk of bias***

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	"Patients were then assigned by a computer-generated random number to two groups"
Allocation concealment (selection bias)	High risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	"The physicians remained blinded to the individual patient's status throughout the study". However it was unclear whether or

**Clementz 1990** (Continued)

		not the outcome assessors were blinded
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 178/220 (81%) By treatment arms: Personalised GPs letter: 102/116 (88%) Control: 76/104 (73%)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Del Mar 1998**

Methods	Design - RCT Baseline comparability - no differences in age and postcode area Follow-up - 1 year
Participants	Country - Australia Setting - Community Initial screening status - due and overdue 689 women on the electoral roll in South Brisbane Inclusion criteria - aged 18 to 67 years; Vietnamese Exclusion criteria - not stated
Interventions	Media campaign on cervical screening introduced for whole region 2 months before letters sent 1. Personal letter (in Vietnamese) informing them about screening and its benefits n = 359 2. Control group did not receive a letter n = 330
Outcomes	Pap smear uptake determined by administrative records
Notes	Women in both groups were drawn from the Vietnamese community resident in one area, so there is a possibility of contamination

***Risk of bias***

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias)	Low risk	"After each pathology service had supplied the dates and results for each woman, the

**Del Mar 1998** (Continued)

All outcomes		dataset was stripped of its fields of names and dates of birth, and the order changed randomly so that no individual woman's results could be identified. This file was then analysed"
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 689/689 (100%)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Eaker 2004**

Methods	Design - RCT Baseline comparability - no significant differences between study groups Follow-up - 5months	
Participants	Country - Sweden Setting - Uppsala county, Sweden Initial screening status ? Due Inclusion criteria - aged 25 to 59 years, no Pap smear within past 3 years Exclusion criteria - had asked to be excluded from call-recall system	
Interventions	1. Standard invitation n = 6140 2. Modified invitation n = 6100	
Outcomes	Pap smear uptake determined by national register	
Notes	Study includes multiple sequential randomised interventions. In view of sequential effects on subsequent interventions only primary intervention included in forest plot Other interventions were reminder letter versus no reminder to women who had not had smear at 5 months and then phone reminder versus no phone reminder at 2 months to women who had still not had smear following reminder letter. Total follow up for whole study 12 months	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Low risk	“Collaborators in the study were blinded to the women’s group assignment.”

**Eaker 2004** (Continued)

Blinding (performance bias and detection bias) All outcomes	Unclear risk	However “Becasue the end-point was whether a woman had a Pap smear or not, none of the collaborators, except the re-search assistants conducting the phone reminder, could influence the decision.”
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 99% (12,157/12,240)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Greene 1999**

Methods	Design - RCT Baseline comparability - not stated Follow-up - 6 months	
Participants	Country - USA Setting - Rural primary care in low income, minority population Initial screening status - due 273 women presenting for outpatient care who did not have a Pap test during the preceding year Inclusion criteria - not stated Exclusion criteria - not stated	
Interventions	Based on Social Cognitive Theory and Motivational Interviewing Methods 1. Usual care n = 79 (? analysed) received general dietary and health information 2. Cancer education n = 97 (? analysed) received general information about cervical cancer risk factors and screening recommendations 3. Cognitive behavioral intervention n = 97 (? analysed) received feedback about personal risk for cancer and engaged in a clinical interview to enhance self-efficacy for preventative behaviour	
Outcomes	Pap smear uptake and booking of appointments determined by administrative records	
Notes	Standard clinical procedures to advocate for and provide Pap tests were not withheld from any of the participants; all study participants received attention in addition to usual preventative care	
<b><i>Risk of bias</i></b>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>

**Greene 1999** (Continued)

Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not reported
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Hunt 1998**

Methods	Design - RCT Baseline comparability - no significant differences between the study groups in terms of the factors investigated Follow-up - 3 months 97/119 (81.5%) of women in the personal approach group and 37/125 (30%) of in the letter group were not contacted. These women were included in the final analysis
Participants	Country - Australia Setting - Community Initial screening status - overdue 372 women identified from files at a women's clinic staffed by Aboriginal health workers in Danila Bilba Inclusion criteria - resident in the Darwin area; overdue for screening Exclusion criteria - not stated
Interventions	1. Personal approach. Women approached by Aboriginal health workers and invited for screening (119 analysed) 2. Letter. Designed by Aboriginal workers stating individual overdue for smear and inviting them to attend (125 analysed) 3. Control. Usual care with reminder tags for clinic staff attached to medical records (122 analysed) 372 women were randomised but only gives breakdown of women analysed by treatment arm
Outcomes	Pap smear uptake determined by administrative records
Notes	Women were included in the final analysis even though in many cases, particularly in the personal approach group, they had not received the intervention. The 3mth follow-

**Hunt 1998** (Continued)

	up period is relatively short	
<i>Risk of bias</i>		
Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	“Women were randomly allocated to one of three groups by matching a list of the women’s file numbers to a list of computer-generated random numbers designating the group number (1, 2 or 3)”
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Low risk	“The person reviewing the files (JH) was not aware of the women’s group allocation, and was not involved in sending letters or contacting women in the personal approach group”
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 98% (366/372)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Kreuter 1996**

Methods	Design - RCT Baseline comparability - no significant differences between the study groups in terms of demographic variables Follow-up - 6 months 186/1317 failed to complete the 6mth follow-up questionnaire; 457/1131 were not considered to be at risk or did not want to change and so were not included in the final analysis
Participants	Country - USA Setting - Family medical practice Initial screening status - unclear 1317 adult patients from eight family medical practices in North Carolina, USA Inclusion criteria - aged 18 to 75 years; completed baseline survey Exclusion criteria - not stated

**Kreuter 1996** (Continued)

Interventions	Based on Health Belief Model 1. Typical HRA-computerised assessment of participants' health risks and provision of individualised feedback as to their calculated mortality risks n = 427 2. Enhanced HRA-as previous but also assesses benefits, barriers and other psychosocial factors influencing the individuals' health related behaviour in order to provide individualised feedback designed to facilitate self change in health behaviours n = 427 3. Control-no feedback given to participants n = 463	
Outcomes	Pap smear uptake determined by self report via questionnaire	
Notes	Also mentions the Precaution Adaption Model. Absolute values for the original number of individuals eligible to receive the tests at baseline not stated	
<i><b>Risk of bias</b></i>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	High risk	% analysed: 126/1317 (10%) By treatment arm: Typical HRA-computerised assessment: 46/427 (11%) Enhanced HRA: 48/427 (11%) Control: 32/463 (7%)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Lancaster 1992**

Methods	Design - RCT Baseline comparability - no significant differences between study groups in terms of mean age Follow-up - not stated
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**Lancaster 1992** (Continued)

Participants	Country - UK Setting - General practice Initial screening status - due 2131 women registered with general practices in North Manchester Inclusion criteria - aged 50 to 64 years; resident in study area Exclusion criteria - hysterectomy	
Interventions	1. Cervical screening invitation sent with breast screening invitation n = 965 2. Breast screening invitation only sent (control) n = 947	
Outcomes	Pap smear uptake determined by administrative records	
Notes	Eligibility criteria for participation in the study and for breast and cervical screening were not explicit. Ineligible women were included in the initial randomisation	
<i><b>Risk of bias</b></i>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 1794/1912 (94%) By treatment arm: Cervical screening invitation: 908/965 (94%) Control: 886/947 (94%)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists



## McAvoy 1991

Methods	Design - RCT Baseline comparability - not stated Follow-up - 2 months and 4 months The overall response and consent rate was 73%
Participants	Country - UK Setting - National screening programme Initial screening status - overdue 737 randomly selected women from the Asian community in Leicester Inclusion criteria - resident of Leicester; aged 18 to 52 years; not recorded as having had a smear test Exclusion criteria - not stated
Interventions	1. Home visit and a multilingual video n = 263 2. Home visit, multilingual leaflet and fact sheet n = 219 3. Posted multilingual leaflet and fact sheet n = 131 4. Control group received no intervention n = 124
Outcomes	Pap smear uptake determined by administrative records
Notes	Sample may not be representative of the general population as it uses only Asian participants and originates from a previous study on use of health services. The sample had an over- representation of Moslems

### *Risk of bias*

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	The study appears to have used a minimisation technique, where an attempt was made to minimise the imbalance between the number of patients in each treatment group over a number of factors; "The final sample was stratified by age, religion, post-code area, and by participation in the previous study (either as respondents or non-respondents) and then divided into four groups"
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 737/737 (100%)

**McAvoy 1991** (Continued)

Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**McDowell 1989**

Methods	Design - RCT Baseline comparability - no significant differences between study groups in terms of marital status and age Follow-up - 1 year 447/2034 women who were not due for screening were excluded pre-randomisation
Participants	Country - Canada Setting - Hospital Initial screening status - due and overdue 2034 female patients attending a hospital-based family medical center in Ottawa Inclusion criteria - aged 18 to 35 years; no previous smear in past year Exclusion criteria - not stated
Interventions	1. GP letter and reminder letter after 21 days n = 367 2. Physician reminder n = 332 3. Telephone call n = 377 4. Control group n = 330
Outcomes	Pap smear uptake and costs determined by administrative records
Notes	Study also incorporated 628/2034 women who were assigned to a practice control group, but these women were not randomly assigned. By not assessing the eligibility of women (ie whether they had a smear in the preceding year) a number of women were excluded from the study post- randomisation

***Risk of bias***

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 100% (1406/1406)

**McDowell 1989** (Continued)

Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Mock 2007**

Methods	Design - Cluster RCT Baseline comparability - No significant differences between study groups Follow-up - "3 to 4 months".
Participants	Country - US, Santa Clara County, California Setting - Vietnamese-American community Initial screening status - due Inclusion criteria - aged 18 years or older living in Santa Clara county, California Exclusion criteria - Not reported
Interventions	1. Lay health worker intervention involving presentations about cervical cancer, question and answer sessions, and regular contact with participants to explain and access to and scheduling of appointments. Also had media intervention (n = 491). 2. Media intervention only. Television, radio and print advertisements targeted at the Vietnamese-American female population (n = 477)
Outcomes	Pap smear uptake - self-reported post-intervention questionnaire
Notes	Women selected from the social networks of the lay health outreach workers and therefore may be more motivated to comply

***Risk of bias***

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 96.3% (968/1005)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement

**Mock 2007** (Continued)

Other bias	High risk	Women selected from the social networks of the lay health outreach workers and therefore may be more motivated to comply
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**Morrell 2005**

Methods	Design - RCT Baseline comparability - not reported Follow-up - 90 days
Participants	Country - Australia Setting - Community Initial screening status - due 90, 000 women who had not had a Pap smear for $\geq 48$ months Inclusion criteria - age 20 to 69 years, not had smear in past 48 months, on New South Wales Pap Test Register Exclusion criteria - not stated
Interventions	1. No intervention 2. Letter identical to that usually sent out to women at 27 months after latest Pap smear or letter giving a similar message, but phrased in a tone more sympathetic to other factors going on in the woman's life that might have stopped her from having the test to date
Outcomes	Pap smear as recorded on New South Wales Pap Test Register
Notes	Both letter styles were analysed together

***Risk of bias***

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 99% (89,699/90,247)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement

**Morrell 2005** (Continued)

Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists
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**Navarro 1995**

Methods	Design - RCT (cluster) Baseline comparability - only one statistically significant difference found, the proportion of women who were employed (17.5% control versus 8.9% intervention), but not regarded as a threat to internal validity Follow-up - 6 months Outcome measure - self-report via interview
Participants	Country - USA Setting - Community Initial screening status - unclear 500 Latinas in groups of 10 to 15 were recruited through 'consejeras' (traditional lay health workers in the Latino community) and randomly assigned according to their consejeras to either the intervention or control Inclusion criteria - not stated Exclusion criteria - not stated
Interventions	Based on Cognitive Social Learning Theory 1. Por La Vida (PLV) programme with consejeras (n = 18) taking 12 weekly educational sessions with the groups of women n = 274 2. Control, no PLV programme instead consejeras (n = 18) participated in a 'Community Living Skills' program n = 238
Outcomes	Pap smear uptake determined by self-report via interview
Notes	The generalisability may be limited as the study focuses on US Latinas of low socio-economic status who have a low level of acculturation. The differences between the control (Community Living Skills) and intervention (PLV) programmes were not very clear. Unit of allocation different from unit of analysis but appropriate analysis using clusters not individuals was performed. The results were presented using both the women and the Consejera as the units of analysis. The authors state that the results were limited as the test completion rates for both the pre- and post-test are lower than desired

***Risk of bias***

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported

**Navarro 1995** (Continued)

Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	High risk	% analysed: 71% (361/512) PLV programme: 199/274 (73%) Control: 162/238 (68%)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Ornstein 1991**

Methods	Design - RCT (cluster) Baseline comparability - study groups differed significantly ( $P = 0.0001$ ) in terms of race, type of insurance and visit frequency Follow-up - 1 year 818/3833 in the letter intervention groups (letter only; letter + physician reminder) did not receive the letters
Participants	Country - USA Setting - Family medicine clinic Initial screening status - due 7,397 participants and 49 physicians from a university-based medical centre participated in the study Inclusion criteria - aged 18 years and over; not screened in previous 2 years; 'active' patient of the family medicine centre (ie had visited clinic in previous 2 years) Exclusion criteria - not stated
Interventions	1. Physicians received computerised reminders $n = 1988$ participants, 14 physicians 2. Participants were sent an invitation to attend followed by another personalised reminder letter (6 months later) $n = 1925$ participants, 12 physicians 3. Both physician and participant reminders $n = 1908$ participants, 13 physicians 4. Control group, no intervention $n = 1576$ participants, 10 physicians
Outcomes	Pap smear uptake determined by administrative records
Notes	A number of biases were reported. The study was limited to analyses of attending participants; physicians in the 4 groups were in the same building (blinding was not possible and the Hawthorne effect may have contributed to some of the improvements); there were baseline differences in participant characteristics; the unit of allocation (practice group) was different from unit of analysis (participant)
<b><i>Risk of bias</i></b>	

**Ornstein 1991** (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 100% (7397/7397)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Oscarsson 2007**

Methods	Design - RCT Baseline comparability - not reported Follow-up - 1year	
Participants	Country - Sweden Setting - Community Initial screening status - Unclear 800 women selected at random Inclusion criteria - aged 28 to 65 years, resident in Kalmar County, Sweden, no registered cervical smear during the last 5 years. Exclusion criteria - not stated	
Interventions	1. Control. No intervention. n = 400 2. Intervention included invitation letters, telephone interviews and promotive efforts for having a cervical smear taken. n = 400	
Outcomes	Pap smear uptake taken from National Populaition Register	
Notes	Cost of extra Pap smear gained was calculated 151.36EURO. Smears cost 66.87EURO each in the intervention group and 16.63EURO in the control group	
<i>Risk of bias</i>		
Bias	Authors' judgement	Support for judgement

**Oscarsson 2007** (Continued)

Random sequence generation (selection bias)	Low risk	"A computer randomly selected 400 women to serve as a study group and another 400 women to serve as a control group."
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed:100% (800/800)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Pierce 1989**

Methods	Design - RCT Baseline comparability - no significant differences were identified between the study groups for any of the characteristics examined Follow-up - 1 year 27% (38/142) of women in tagged group did not receive the intervention as they did not consult their doctor during the study period. 61 women were removed from practice list during the study: screening group (n = 24), tagged notes group (n = 20), control group (n = 17), n = 3 died and n = 58 left the practices
Participants	Country - UK Setting - General practice Initial screening status - due 146/1232 women registered with a general practice Inclusion criteria - eligible for a smear test Exclusion criteria - smear in past 5 years; hysterectomy; already on call-recall list
Interventions	1. Letter asking women to have a smear n = 140 2. Physician reminder n = 142 3. Control group n = 134
Outcomes	Pap smear uptake determined by administrative records
Notes	
<b><i>Risk of bias</i></b>	



**Pierce 1989** (Continued)

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 100% (416/416)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Pritchard 1995**

Methods	Design - RCT Baseline comparability - no statistically significant differences between study groups and all women who attended the practice during the study period for age, country of birth, marital status and education Follow-up - 1 year 22 women in the intervention groups had hysterectomies but were retained in the analyses; 60% of women in the tagged notes group did not receive the intervention
Participants	Country - Australia Setting - General practice Initial screening status - due 757/2139 women at a university general practice in a socio-economically disadvantaged area of Perth Inclusion criteria - women aged 36 to 69 years Exclusion criteria - Pap smear in past 2 years; hysterectomy; no attendance at practice for 3 years or more; known to attend another practice; terminally ill
Interventions	1. Physician reminder (tagged notes) group n = 198 2. Letter with invitation to make an appointment n = 206 3. Letter with fixed appointment n = 168 4. Control group (usual care) n = 185
Outcomes	Pap smear uptake determined by administrative records
Notes	Follow-up period was 1 year and recommended screening interval 2 years, so some women may have been screened after study period but within recommended interval

**Pritchard 1995** (Continued)

<b><i>Risk of bias</i></b>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Low risk	"Eligible women were randomly allocated to one of four groups using a table of random numbers"
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 100% (757/757)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Rimer 1999**

Methods	Design - RCT Baseline comparability - not stated Follow-up - 16 months 37/889 women died before the follow up interview, and a further 24% could not be reached due to disconnected phones, 2% were not eligible for follow-up interview due to health reasons and 2% refused to participate
Participants	Country - USA Setting - Community health centre Initial screening status - unclear Adult users (over the age of 18 years) of the Lincoln Community Health Centre (which serves 30% of the Black population and is the most important provider of care for low-income Inclusion criteria - aged 18 years or over; client of medical center who had visited center in previous 18 months Exclusion criteria - not stated
Interventions	Based on Transtheoretical Model 1. Provider prompting intervention only (202 analysed) 2. Provider prompting and tailored educational print communications (204 analysed) 3. Provider prompting, tailored educational print communications and tailored telephone counselling (213 analysed) 1318 participants (men and women) of whom 889 eligible women were randomised,

**Rimer 1999** (Continued)

	but study only gives breakdown of women analysed by treatment arm	
Outcomes	Pap smear uptake determined by self-report via questionnaire	
Notes	The information presented seem to be part of a larger study looking at the uptake of cancer screening in general, although only data on female participants attending mammography, Pap smear and CBE were presented. The use of a telephone to collect information about participants, as well as part of the interventions may not have been appropriate as the study looked at screening behaviour among low income participants, many of whom had to be excluded because their telephone line had been disconnected. Difficult to assess which part of the invention is effective	
<i>Risk of bias</i>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	High risk	% analysed: 70% (619/889)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Risi 2004**

Methods	Design - RCT Baseline comparability - not reported Follow-up - 6 months
Participants	Country - South Africa Setting - Community. Peri-urban squatter community near Cape Town 658 women Initial screening status - unclear Inclusion criteria: Women aged 35 to 65 years resident in Khayelitsha who gave verbal consent. Exclusion criteria - not stated

**Risi 2004** (Continued)

Interventions	1. Photo-comic with a storyline including scenarios based on cervical screening and common reasons for not participating in screening programme. n = 289 2. Photo-comic containing no health care messages. n = 389	
Outcomes	Self-reported Pap smear uptake	
Notes	After photo-comic intervention, a radio intervention involving similar storylines to the intervention comic was broadcast. This part of the study was not randomised and is not included in the analysis in this review	
<i><b>Risk of bias</b></i>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	“Sealed envelope containing a randomly allocated photo-comic was provided.” No comment regarding opacity of envelope made
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	> 99.8% analysed. One subject lost to follow up
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Rivers 2005**

Methods	Design - RCT Baseline comparability - Baseline demographics of all women reported, but not broken down into intervention arms Follow-up - 12 months
Participants	Country - USA Setting - Urban community health clinic 441 women participated. Women were approached in the waiting room when attending the clinic. Women attending for obstetric or gynaecological reasons were not approached. Initial screening status - unclear Inclusion criteria: Women aged 18 to 65 years.

**Rivers 2005** (Continued)

	Exclusion criteria - not stated	
Interventions	1. 10 minute video focusing on prevention of cervical cancer. Message gain-framed 2. 10 minute video focusing on prevention of cervical cancer. Message loss-framed 3. 10 minute video focusing on detection of cervical cancer. Message gain-framed 4. 10 minute video focusing on detection of cervical cancer. Message loss-framed	
Outcomes	Self-reported uptake of Pap smear	
Notes		
<i>Risk of bias</i>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Low risk	Computer generated table of randomly sorted combinations of conditions
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	High risk	% analysed: 78% (343/441)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	High risk	Telephone call at 6 months may have acted as a prompt to uptake and influence 12 month data Number of recruits assigned to each intervention is not stated. We have assumed a 1:1:1:1 ratio with 110 in each intervention

**Robson 1989**

Methods	Design - RCT Baseline comparability - no significant differences were found between the study groups in terms of the variables examined Follow-up - 2 years Women with hysterectomies were excluded from analyses. Trial discontinued after 2 years (versus 3 years), as GPs were no longer willing to exclude half the patients from accessing the health promotion nurse
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**Robson 1989** (Continued)

Participants	Country - UK Setting - General practice Initial screening status - due Men and women registered with a general practice in inner London (UK) Inclusion criteria - aged 30 to 65 years; registered with practice and living in area Exclusion criteria - hysterectomy	
Interventions	1. Patients had open access to a health promotion nurse and had their risk factors assessed and followed up by both their GP and the nurse n=799 2. Control, usual care (i.e. managed by GP alone) n=806	
Outcomes	Pap smear uptake determined by administrative records	
Notes		
<i><b>Risk of bias</b></i>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Low risk	“Patients ... were included and randomly allocated (with random number tables) to control or intervention groups”.
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 1605/1605 (100%)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	High risk	“Although the trial had been designed to last three years, it was stopped after two years because participating doctors were not prepared to continue excluding half the practice from access to the health promotion nurse”

## Segnan 1998

Methods	Design - RCT Baseline comparability - no significant differences were found between the study groups in terms of the variables examined Follow-up - 1 year	
Participants	Country - Italy Setting - GP practice in national screening programme Initial screening status - due 8385 women attending GPs in Turin who were part of the population based screening programme ('Prevenzione Serena') Inclusion criteria - aged 25 to 64 years; resident of Turin Exclusion criteria - previously diagnosed cervical cancer;suffering from terminal illness or severe psychiatric symptoms	
Interventions	1. Personal letter signed by GP with prefixed appointment (Control) n = 2100 2. Personal letter, signed by GP prompting appointment, n = 2093 3. Personal letter signed by program co-ordinator with prefixed appointment n = 2094 4. Personal letter with extended text signed by GP with prefixed appointment n = 2098	
Outcomes	Pap smear uptake determined by administrative records	
Notes		
<i><b>Risk of bias</b></i>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Low risk	"Assignment to the different groups was performed automatically, following a randomised block design (block=GP)"
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 100% (8385/8385)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

## Somkin 1997

Methods	Design - RCT Baseline comparability - no differences between study groups in terms of age Follow-up - 6 months	
Participants	Country - USA Setting - HMO Initial screening status - due 7077 female HMO members Inclusion criteria - aged 20 to 64 years; no prior Pap smear in the previous 36 months; residents of study area; were continuously enrolled as a member of the HMO for the previous 36 months Exclusion criteria - not stated	
Interventions	1. Letter inviting women to make an appointment n = 1188 2. Physician reminder and letter to patient inviting appointment n = 1188 3. Usual care (required a referral from physician) n = 1188	
Outcomes	Pap smear uptake determined by administrative records	
Notes	The authors list the following study limitations: smears obtained outside the HMO were not recorded; the chart reminder intervention required the health provider to review the chart; the study had insufficient power to detect interactions effects between interventions and covariates, and within strata	
<i>Risk of bias</i>		
Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 100% (3564/3564)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists



## Stein 2005

Methods	Design - RCT Baseline comparability - no differences between study groups in terms of age Follow-up - 3months
Participants	Country - UK Setting - Community. Devon, UK. Initial screening status - overdue. 1140 women. No record of screening in past 15 years Inclusion criteria - aged 39 to 64 years; no record of screening in past 15 years Exclusion criteria - deceased, not resident in Devon, undergone hysterectomy, severe learning disability
Interventions	1. Control. No Intervention. n = 285 2. Telephone call. Telephone call from experienced research nurse using a prepared script. Maximum of three attempts were made on consecutive days. n = 285 3. Letter from Health Authority District Cervical Screening Commissioner on behalf of National Cervical Screening Programme. n = 285 4. Letter from a well known journalist and broadcaster (Claire Rayner) who is also Chair of the Patients Association. n = 285
Outcomes	Pap smear uptake as recorded on the Devon Patient and Practitioners Services Agency database
Notes	Cost effectiveness analysis also performed. Average cost per attender was £145.12 for telephone call, £14.29 for letter from commissioner and £37.14 for letter from celebrity

### *Risk of bias*

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	"The sample was drawn randomly from the sampling frame using Microsoft Excel."
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	High risk	% analysed: 73% (304/1140)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Sung 1997**

Methods	Design - RCT Baseline comparability - no significant differences between study groups in terms of those variables examined Follow-up - 6 months	
Participants	Country - USA Setting - Community Initial screening status - due 321 low income African- American women from an inner-city community health centre Inclusion criteria - African- American; aged 18 years or older Exclusion criteria - hysterectomy; history of cervical cancer	
Interventions	1. Lay health workers visited women three times to provide a culturally sensitive educational program emphasising need for screening through printed material and video n = 163 2. Control group received educational information on completion of follow-up n = 158	
Outcomes	Pap smear uptake determined by self-report via interview	
Notes	Loss to follow-up and Hawthorne effect may have biased the effects of the intervention, however an intention to intervene analysis was also carried out with the aim of providing a conservative estimate of the effect size	
<i><b>Risk of bias</b></i>		
<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	High risk	% analysed: 61% (195/321) Lay health workers: 93/163 (57%) Control: 102/158 (65%)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

## Taylor 2002

Methods	Design - RCT Baseline comparability - no significant differences between study groups in terms of those variables examined Follow-up - 6months
Participants	Country - USA Setting - Chinese Community in Seattle and Washington Initial screening status - Due Inclusion criteria - 20 to 69 years, spoke Cantonese, Mandarin or English; no history of cervical cancer; not had hysterectomy; not had smear in last 2 years and/or did not intend to have Pap smear in the next 2 years
Interventions	1. Outreach worker intervention: Home visit including videos, motivational pamphlet, tailored counselling, fact sheet and educational brochure. Follow up with telephone call with tailored counselling. Assistance also provided to arrange and attend appointment 2. Direct mail intervention: Packet including video, motivational pamphlet, fact sheet and educational brochure 3. Usual care
Outcomes	Pap smear within previous 2 years. Self reported by questionnaire and cross-checked with medical records where possible
Notes	“Groups of women were randomly assigned every month over the 6-month period.” Our understanding is that this refers to accrual date rather than referring the quasi-randomisation Intention to have smear in next 2 years also recorded.

### ***Risk of bias***

<b>Bias</b>	<b>Authors' judgement</b>	<b>Support for judgement</b>
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 83% (402/482) for all outcomes
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Vogt 2003**

Methods	Design - RCT Baseline comparability - no significant differences between study groups in terms of those variables examined Follow-up - 12 weeks
Participants	Country - USA Setting - Managed care organisation (NWKP) in Portland, Oregon Initial screening status - Due Inclusion criteria - 18 to 70 years; 3 years continuous membership of NWKP; no history of cervical cancer or cervical dysplasia; not had hysterectomy; not had Pap smear in past 3 years Exclusion criteria - women who no longer had a valid local address or phone
Interventions	1. Usual care control 2. Letter/letter intervention: Subjects were sent a letter and relevant brochure. Women who had not attended for screening within 6 weeks were sent a further letter emphasising the importance of screening and providing a number to call 3. Letter/phone intervention: Letter and brochure as above. Women who had not attended for screening within 6 weeks received a telephone call by study interventionist who offered to schedule appointments, answer questions, address barriers and concerns and discussing the importance of screening 4. Phone/phone intervention: Subjects in this group received two sequential telephone calls, the second coming 6 weeks after the first if they had not been screened in the interim. Contents of the initial letter and phone scripts were similar. Follow-up telephone calls were by study interventionist, as above
Outcomes	Pap smear uptake as recorded on care organisation pathology database
Notes	Cost effectiveness analysis also performed. The letter/letter intervention produced one additional Pap smear for \$185. The phone/phone intervention cost \$305 and the letter/phone intervention cost \$1117 for each additional Pap smear

***Risk of bias***

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported
Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	High risk	% analysed: 72% (866/1200)

**Vogt 2003** (Continued)

Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Ward 1991**

Methods	Design - RCT Baseline comparability - no significant differences between the study groups in terms of factors studied Follow-up - 1month
Participants	Country - Australia Setting - General practice Initial screening status - due 204 female patients of 16 GPs in the inner metropolitan region of Sydney Inclusion criteria - women: aged 20 to 65 years; provided consent physicians: provided consent; complied with study procedures Exclusion criteria - women: pregnant; had smear in past year; attending for smear that day; hysterectomy; never sexually active with male partner; insufficient command of English to complete questionnaire physicians: worked < 20 hrs/week; were on leave/sick leave at time of recruitment; were expected to take leave during the study period; did not have the equipment to take smears
Interventions	1. Minimal intervention: GP advised eligible women of need for smear and offered to perform it immediately. Those not consenting advised to make appointment for smear within a week n=99 2. Maximal intervention: GP advised woman of need for smear and offered to perform it immediately; GP attempted to persuade those not consenting during that consultation by exploring barriers and reasons for self-exclusions. If still did not consent, GP advised making an appointment for smear within a week n=103
Outcomes	Pap smear uptake determined by administrative records
Notes	Fidelity of intervention implementation could not be checked; audiotapes were available for only a few consultations. One of the audiotapes recorded a time of 6sec taken to give the maximal intervention (shortest time in minimal intervention was 10sec)

***Risk of bias***

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Unclear risk	Not reported

**Ward 1991** (Continued)

Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 91% (184/202) By treatment arm: Minimal intervention: 95/99 (96%) Maximal intervention: 89/103 (86%)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Wilson 1987**

Methods	Design - RCT Baseline comparability - no significant differences between the study groups in terms of mean age Follow-up - 3 weeks from final invitation letter
Participants	Country - UK Setting - National Screening Programme Initial screening status - due, recorded as never having a smear 250 randomly selected women from five general practices (50 women per practice) in the Nottingham Health Authority area Inclusion criteria - aged 45 to 65 years; no record of having a previous smear Exclusion criteria - hysterectomy or other medical condition
Interventions	1. Letter of invitation to make an appointment + two reminders, n = 125 2. Sent an appointment + two reminders, n = 125
Outcomes	Pap smear uptake determined by administrative records
Notes	Only published as a letter. Final numbers of study participants is small compared to the initial study population (588 women who fulfilled the study criteria were not included)

***Risk of bias***

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Not reported
Allocation concealment (selection bias)	Low risk	Centralised allocation was used

**Wilson 1987** (Continued)

Blinding (performance bias and detection bias) All outcomes	Unclear risk	Not reported
Incomplete outcome data (attrition bias) All outcomes	Low risk	% analysed: 96% (240/250) By treatment arm: Letter invitation: 122/125 (98%) Appointment: 118/125 (94%)
Selective reporting (reporting bias)	Unclear risk	Insufficient information to permit judgement
Other bias	Unclear risk	Insufficient information to assess whether an important risk of bias exists

**Characteristics of excluded studies** [ordered by study ID]

Study	Reason for exclusion
Al Saifafi 2009	Not RCT. Questionnaire responses only.
Baele 1998	Quasi-RCT
Boissel 1995	Interventions targeted at General Practitioners rather than woman
Bonevski 1999	Interventions targeted at General Practitioners rather than woman
Brewster 2002	Comparisons of study recruitment strategies not of screening uptake
Campbell 1997	Intervention aimed at both the participants and the physician and data does not allow effects of the two components to be examined independently. Interventions aimed at physicians are excluded from this review
Cecchini 1989	Interventions targeted at “promoting general practitioners’ cooperation” and not at women
Chumworathayi 2007	Quasi-RCT
Corkrey 2005	Number of uptake cases in each group is not reported. Increase uptake of 0.43% reported in intervention group but no P-value or 95%CI reported
Del Mar 1995	Intervention more concerned with obtaining more up to date addresses for participants rather than strictly increasing the uptake of screening

(Continued)

Dignan 1996	Attendance for screening over the previous year was measured, but data were gathered only 6 months post intervention. Therefore, it is unclear how the intervention affected uptake as participants may have been screened prior to receiving the intervention
Dignan 1998	Attendance for screening over the previous year was measured, but data were gathered only 6 months post intervention. Therefore, it is unclear how the intervention affected uptake as participants may have been screened prior to receiving the intervention
Engelstad 2005	Intervention aimed at improving follow-up following abnormal results rather than initial screening uptake
German 1995	The study examines the effect of the intervention on the uptake of overall preventive visits and the data is not specifically broken down into individual screening tests and procedures
Gotay 2000	Outcome reported as “Ever had Pap test”. This only captures new uptake rather than total uptake at follow up
Hancock 2001	Not possible to extract relevant data for purposes of this review
Hicks 1997	Quasi-RCT
Hillman 1998	Interventions targeted at GP practices and not at women.
Holloway 2003	Outcomes reported at timing interval of smear uptake rather than number of women reporting uptake
Hou 2002	Quasi-RCT
Hou 2005	Quasi-RCT
Jenkins 1999	Not an RCT
Karwalajtys 2007	Not RCT
Katz 2007	Intervention was aimed at increasing mammography uptake
Lam 2003	Initial data only. Full data included in <a href="#">Mock 2007</a> .
Lantz 1995	Quasi-RCT
Lantz 1996	Quasi-RCT
Lauver 1990	Intervention aimed at improving follow-up following abnormal results rather than initial screening uptake
Levine 2003	Quasi-RCT
Litzelman 1993	Interventions targeted at physicians to improve uptake and not at women



(Continued)

Lynch 2004	Cost effectiveness study. Data reported as uptake of both cervical screening and mammography and not reported separately
Manfredi 1998	Interventions targeted at physicians to improve uptake and not at women
Marcus 1992	Cluster quasi-RCT
Marcus 1998	Intervention aimed at improving follow-up following abnormal results rather than initial screening uptake
Margolis 1998	Quasi-RCT
Maxwell 2003	Quasi-RCT. "...[women] wanted to attend the same group session, 5-10 women were randomised to one study condition and the next group of 5-10 women to the other."
Mayer 1992	Age range is 65 years and older and therefore does not represent the generally accepted age group for cervical screening programmes
Miller 1999	Intervention aimed at improving follow-up following abnormal results rather than initial screening uptake
Miller 2007	Not RCT. Qualitative study
Mitchell 1991	Not an RCT: The educational campaign was not randomly assigned and 2000 women were only randomly selected within each of the campaign study groups to receive the personal invitation letter
Mitchell 1997	Not RCT
Newell 2002	RCT. However data is not presented in a way that is interpretable for purposes of the review
Nguyen 2000	Interventions targeted at physicians to improve uptake and not at women
Park 2005	Likely Quasi-RCT. "...randomly assigned to the experimental or control group in order of contact..."
Paskett 1990	Quasi-RCT
Paskett 1995	Intervention aimed at improving follow-up following abnormal results rather than initial screening uptake
Paskett 1999	Not RCT. "...mixed cohort/cross-sectional design."
Paul 2003	Outcome was enrolment to Pap smear reminder service
Perkins 2007	Not RCT. Cross-sectional study.
Peters 1999	Cluster RCT examining anxiety among women with mild dyskaryosis and the aim of the educational intervention was to reduce anxiety so scope differs to that of this review
Philips 2006	Outcome is "willingness to pay" rather than screening uptake

(Continued)

Powers 1992	Study examined attendance for a number of screening tests and did not separate data according to the type of test
Roetzheim 2004	Interventions targeted at clinic staff and not at women.
Roetzheim 2005	Interventions targeted at attempting “to change systematically the behaviours of all office staff”
Ruffin 2004	Age range is 50 years and older and therefore does not represent a majority of the generally accepted age group for cervical screening programmes Loss to follow up was reported by practice, but not in terms of numbers of recruits or treatments arms Percentage uptake rates of 2 and 3 year follow up does not use baseline as a reference point
Sankaranarayanan 2003	Outcome is “effectiveness of VIA screening” not uptake of screening
Shelley 1991	Not RCT
Stewart 1994	Intervention aimed at improving follow-up following abnormal results rather than initial screening uptake
Takacs 2004	Intervention aimed at improving follow-up following abnormal results rather than initial screening uptake
Tomlinson 2004	Intervention aimed at improving follow-up following abnormal results rather than initial screening uptake
Torres-Mejia 2000	Recruits were “systematically assigned.” Not RCT
Valanis 2003	Age range is 50-69 years and therefore does not represent a majority of the generally accepted age group for cervical screening programmes
Ward 1999	Quasi-RCT
Yancey 1995	Quasi-RCT

## DATA AND ANALYSES

### Comparison 1. Invitation vs control

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Uptake of screening	15	105881	Risk Ratio (IV, Random, 95% CI)	1.65 [1.44, 1.90]
1.1 Invitation letter vs control	12	99651	Risk Ratio (IV, Random, 95% CI)	1.44 [1.24, 1.67]
1.2 Telephone invitation vs control	4	2342	Risk Ratio (IV, Random, 95% CI)	2.16 [1.70, 2.74]
1.3 Face to face invitation vs control	1	121	Risk Ratio (IV, Random, 95% CI)	9.15 [0.50, 166.30]
1.4 Letter with open invitation to make appointment vs control	4	2998	Risk Ratio (IV, Random, 95% CI)	1.61 [1.15, 2.26]
1.5 Letter with fixed appointment vs control	1	177	Risk Ratio (IV, Random, 95% CI)	1.80 [1.04, 3.11]
1.6 Letter invitation with telephone follow up vs control	1	276	Risk Ratio (IV, Random, 95% CI)	3.14 [1.97, 5.01]
1.7 Celebrity letter invitation vs control	1	316	Risk Ratio (IV, Random, 95% CI)	2.15 [0.25, 18.15]

### Comparison 2. GP invitation letter vs invitation letter from other authority sources

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Uptake of screening	2		Risk Ratio (IV, Random, 95% CI)	Totals not selected
1.1 GP invitation letter vs health clinic invitation letter	1		Risk Ratio (IV, Random, 95% CI)	0.0 [0.0, 0.0]
1.2 GP invitation letter vs invitation letter from programme coordinator	1		Risk Ratio (IV, Random, 95% CI)	0.0 [0.0, 0.0]

**Comparison 3. Personal invitation vs invitation letter**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Uptake of screening	3		Risk Ratio (IV, Random, 95% CI)	Subtotals only
1.1 Telephone invitation vs invitation letter	2	1899	Risk Ratio (IV, Random, 95% CI)	1.32 [1.15, 1.53]
1.2 Face-to-face invitation vs invitation letter	1	123	Risk Ratio (IV, Random, 95% CI)	2.1 [0.40, 11.05]

**Comparison 4. Letter with fixed appointment vs letter with open invitation to make an appointment**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Uptake of screening	4	4706	Risk Ratio (IV, Random, 95% CI)	1.57 [1.43, 1.72]

**Comparison 5. Education vs control**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Uptake of screening	6		Risk Ratio (IV, Random, 95% CI)	Subtotals only
1.1 Education (printed material) vs control	3	502	Risk Ratio (IV, Random, 95% CI)	1.11 [0.88, 1.41]
1.2 Education (miscellaneous) vs control	2	295	Risk Ratio (IV, Random, 95% CI)	1.92 [1.24, 2.97]
1.3 Education (face-to-face home visits) vs control	3	1318	Risk Ratio (IV, Random, 95% CI)	2.33 [1.04, 5.23]

**Comparison 6. Education vs other**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Uptake of screening	4		Risk Ratio (IV, Random, 95% CI)	Totals not selected
1.1 Education (printed material) vs health clinic invitation letter	1		Risk Ratio (IV, Random, 95% CI)	0.0 [0.0, 0.0]
1.2 Education (printed material) vs GP invitation letter	1		Risk Ratio (IV, Random, 95% CI)	0.0 [0.0, 0.0]

1.3 Education (format unknown) vs enhanced risk assessment	1	Risk Ratio (IV, Random, 95% CI)	0.0 [0.0, 0.0]
1.4 Education (printed material) vs education (video/slide)	1	Risk Ratio (IV, Random, 95% CI)	0.0 [0.0, 0.0]
1.5 Intensive peer health advice vs other	1	Risk Ratio (IV, Random, 95% CI)	0.0 [0.0, 0.0]
2 Lay health outreach worker and media education vs media education	1	Risk Ratio (IV, Random, 95% CI)	Subtotals only
3 Standard invitation and printed education vs standard invitation	1	Risk Ratio (IV, Random, 95% CI)	Subtotals only

#### Comparison 7. Counselling vs control

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Uptake of screening	2	393	Risk Ratio (IV, Random, 95% CI)	1.23 [1.04, 1.45]
1.1 Face-to-face counselling vs control	1	184	Risk Ratio (IV, Random, 95% CI)	1.23 [0.98, 1.55]
1.2 Telephone counselling vs control	1	209	Risk Ratio (IV, Random, 95% CI)	1.22 [0.97, 1.55]

#### Comparison 8. Counselling vs other

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Uptake of screening	1		Risk Ratio (IV, Random, 95% CI)	Totals not selected
1.1 Telephone counselling vs provider prompts	1		Risk Ratio (IV, Random, 95% CI)	0.0 [0.0, 0.0]

**Comparison 9. Enhanced risk assessment vs control**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Uptake of screening</a>	2	145	Risk Ratio (IV, Random, 95% CI)	1.52 [0.58, 3.95]

**Comparison 10. Enhanced risk assessment vs other**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Uptake of screening</a>	1		Risk Ratio (IV, Random, 95% CI)	Totals not selected

**Comparison 11. Access to health promotion nurse vs control**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Uptake of screening</a>	1		Risk Ratio (IV, Random, 95% CI)	Subtotals only

**Comparison 12. Photocomic vs placebo comic**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Uptake of screening</a>	1		Risk Ratio (IV, Random, 95% CI)	Subtotals only

**Comparison 13. Intensive recruitment attempts vs control**

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
<a href="#">1 Uptake of screening</a>	1		Risk Ratio (IV, Random, 95% CI)	Subtotals only

## Comparison 14. Message framing

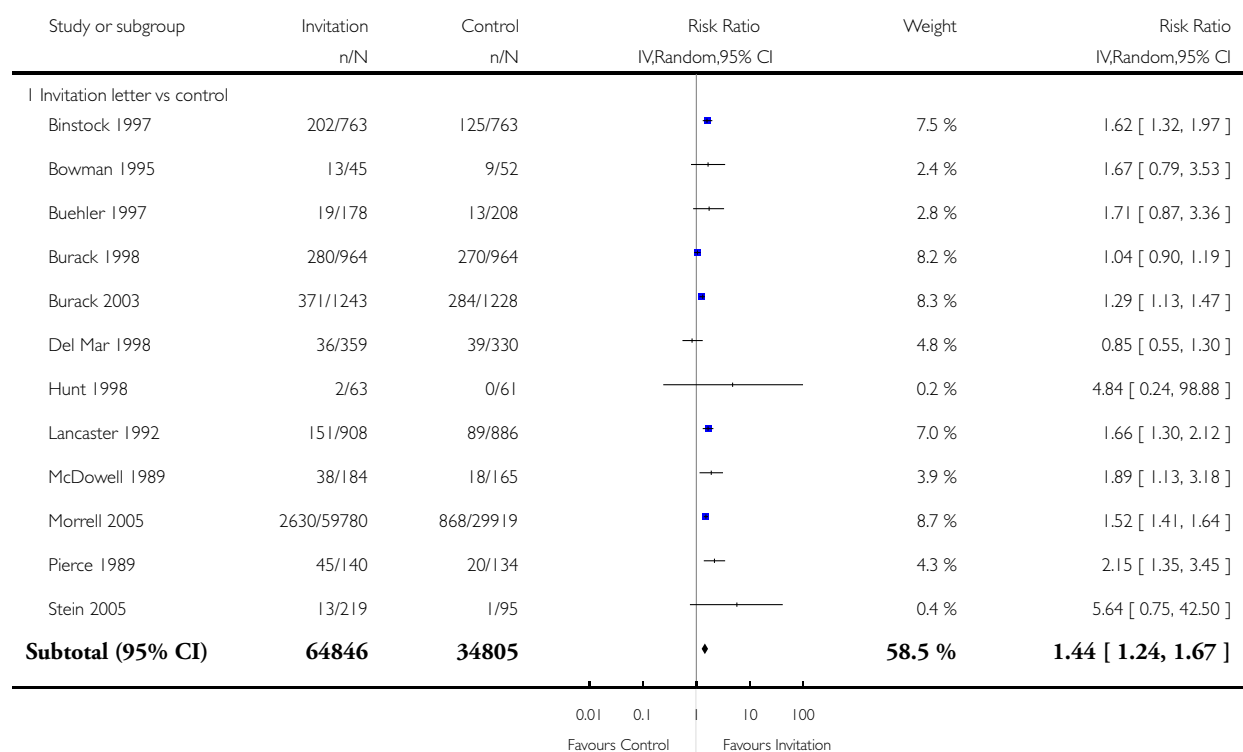
Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Gain versus loss message framing (Detection)	1		Risk Ratio (IV, Random, 95% CI)	Subtotals only
2 Gain versus loss message framing (Prevention)	1		Risk Ratio (IV, Random, 95% CI)	Subtotals only
3 Gain Message Framing: Prevention vs Detection	1		Risk Ratio (IV, Random, 95% CI)	Subtotals only
4 Loss Message Framing: Prevention vs Detection	1		Risk Ratio (IV, Random, 95% CI)	Subtotals only

### Analysis 1.1. Comparison 1 Invitation vs control, Outcome 1 Uptake of screening.

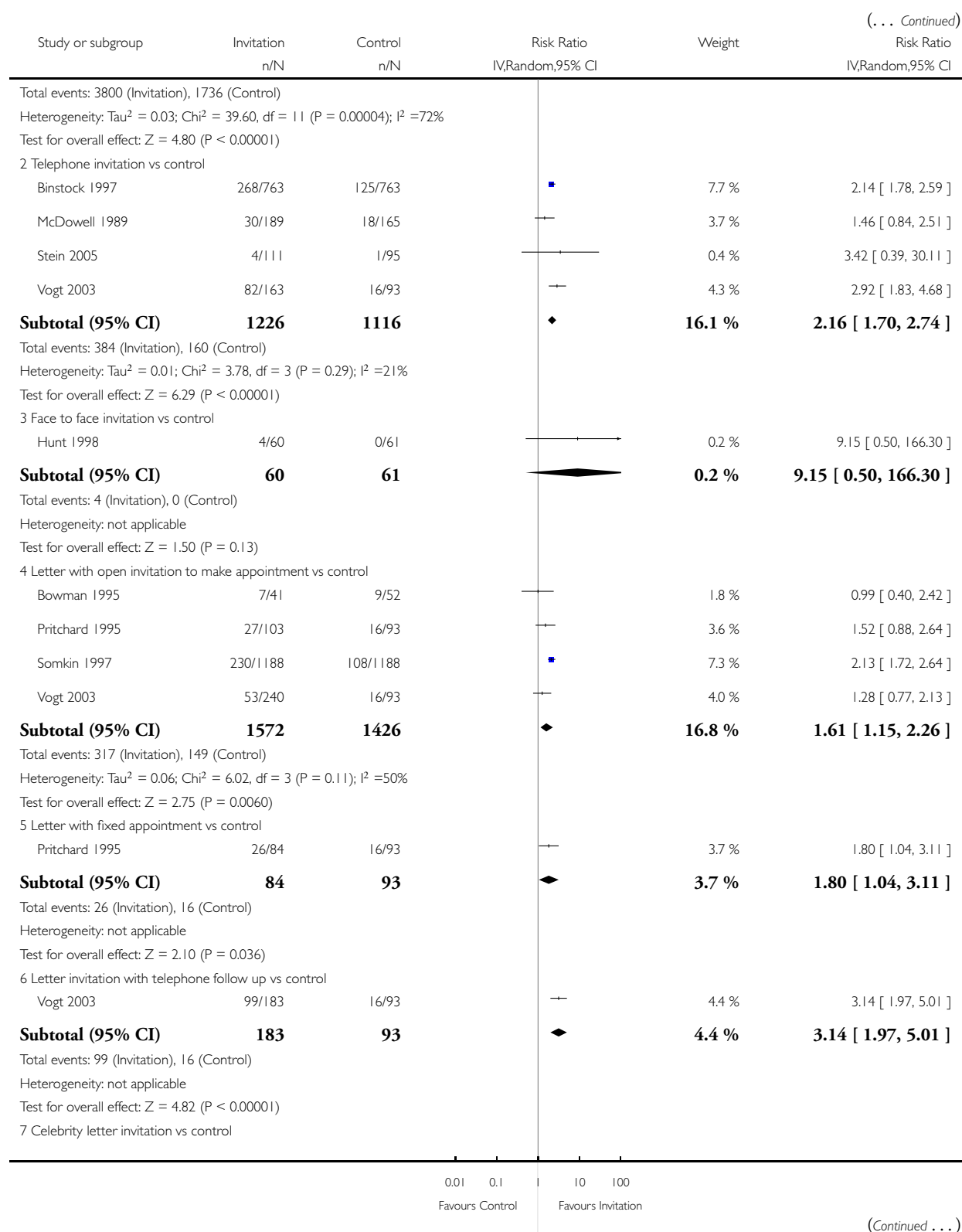
Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 1 Invitation vs control

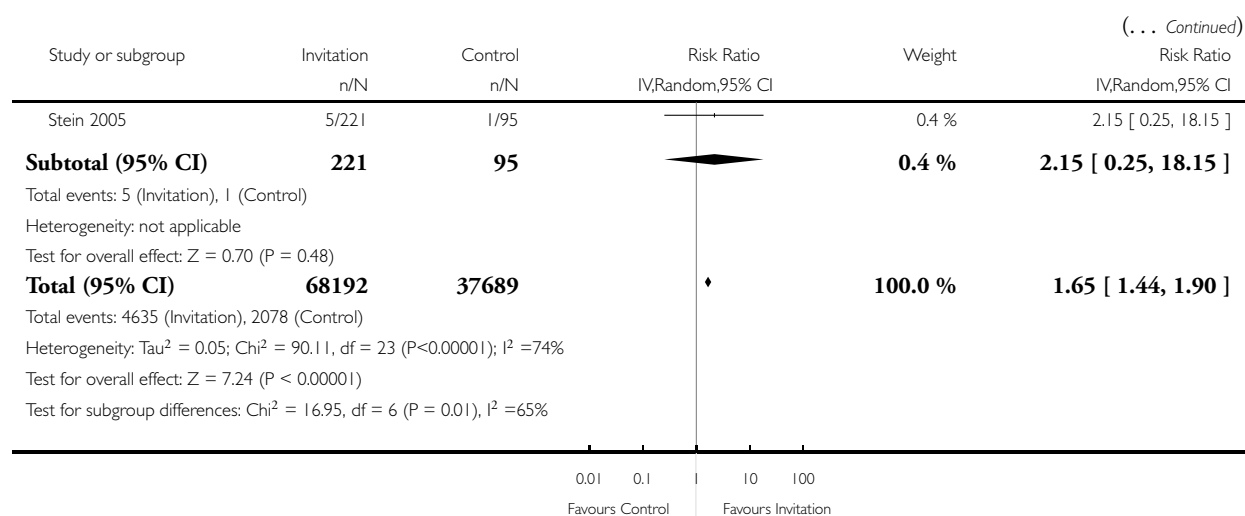
Outcome: 1 Uptake of screening



(Continued ...)





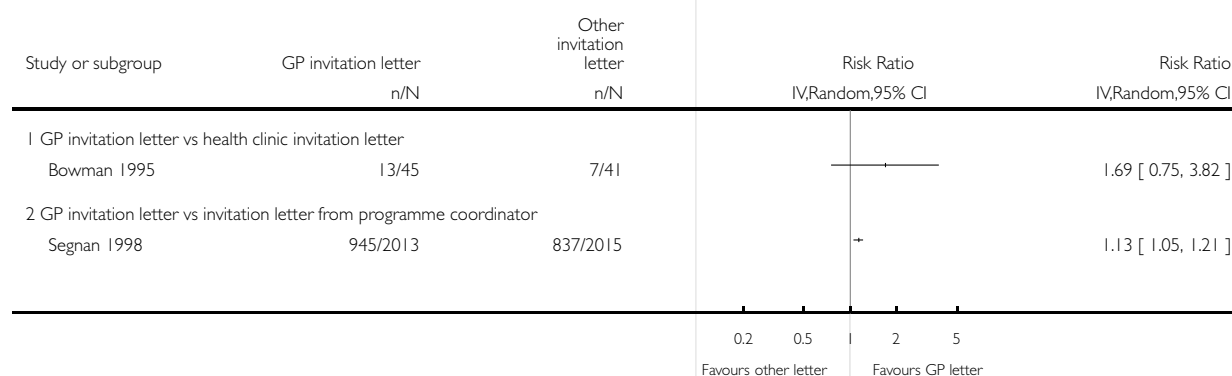


## Analysis 2.1. Comparison 2 GP invitation letter vs invitation letter from other authority sources, Outcome 1 Uptake of screening.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 2 GP invitation letter vs invitation letter from other authority sources

Outcome: 1 Uptake of screening

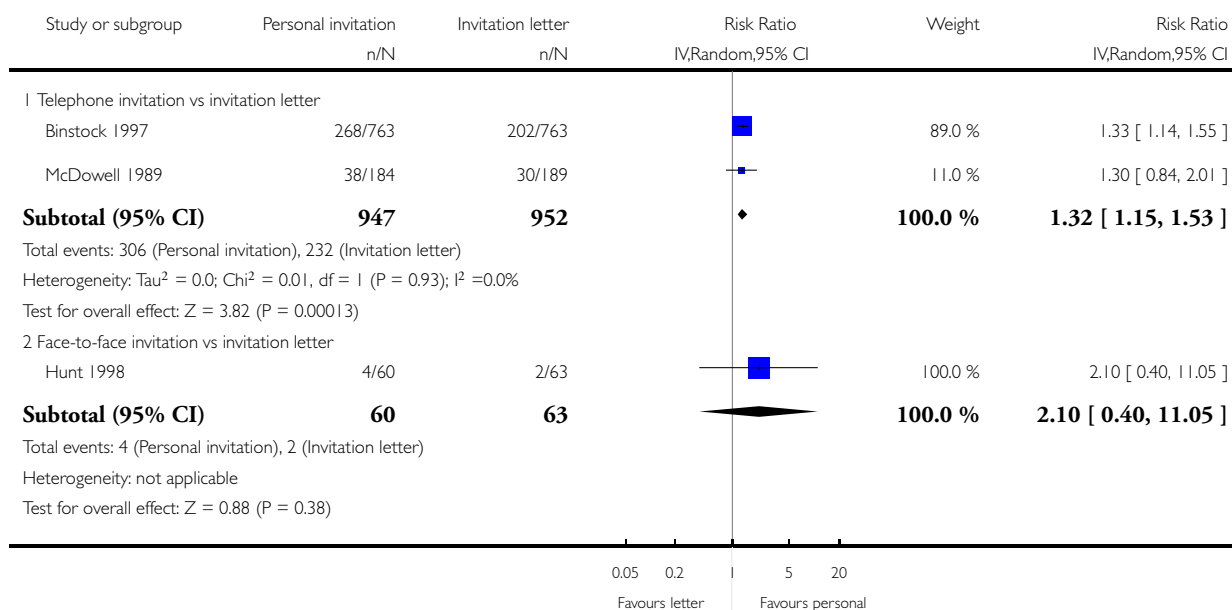


### Analysis 3.1. Comparison 3 Personal invitation vs invitation letter, Outcome 1 Uptake of screening.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 3 Personal invitation vs invitation letter

Outcome: 1 Uptake of screening

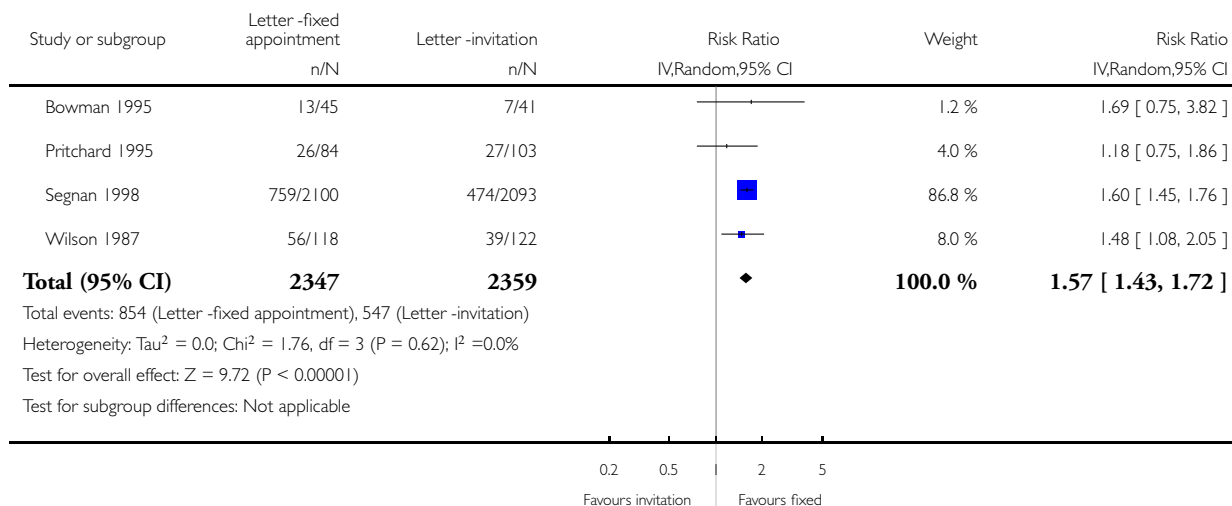


#### Analysis 4.1. Comparison 4 Letter with fixed appointment vs letter with open invitation to make an appointment, Outcome 1 Uptake of screening.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 4 Letter with fixed appointment vs letter with open invitation to make an appointment

Outcome: 1 Uptake of screening

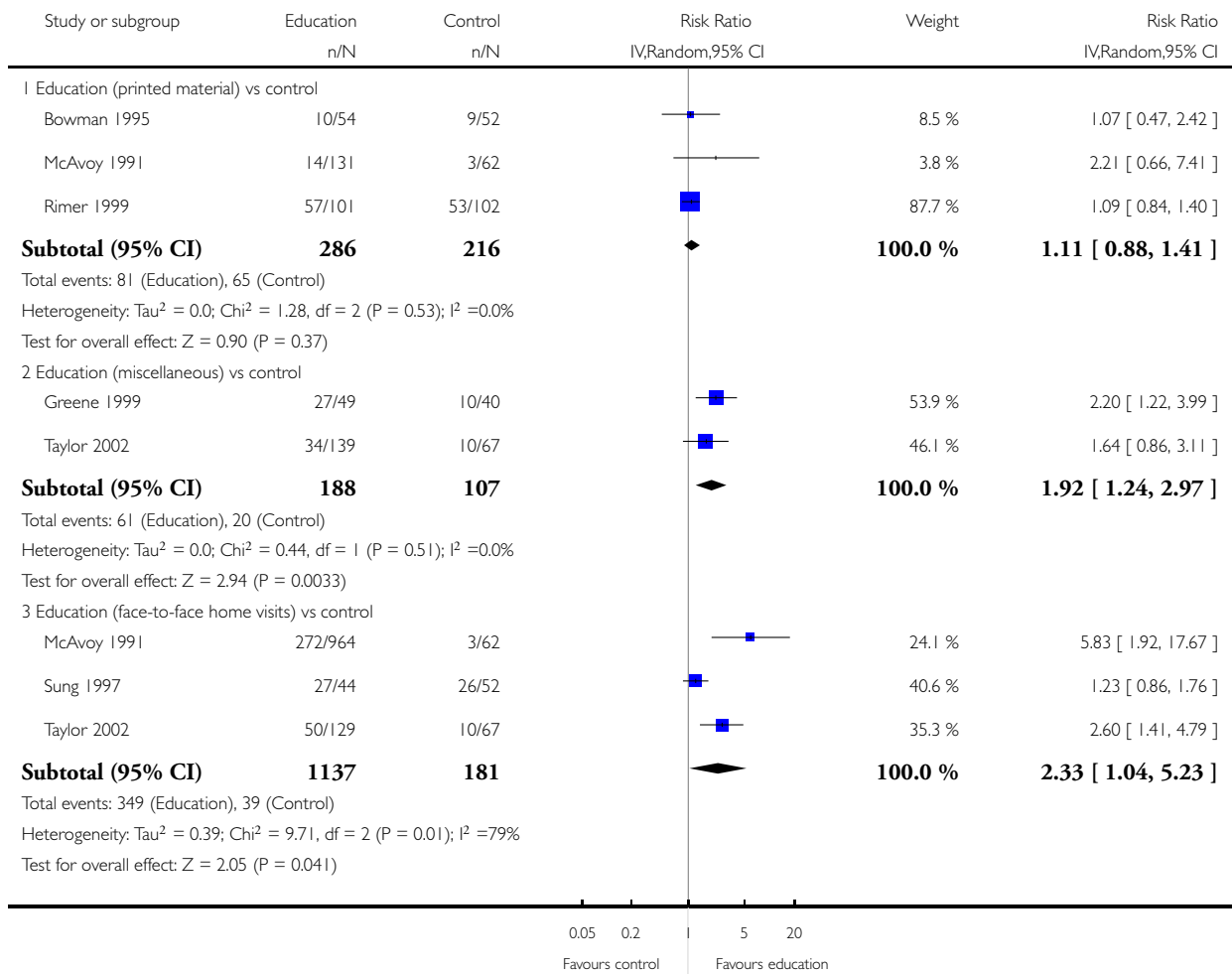


### Analysis 5.1. Comparison 5 Education vs control, Outcome 1 Uptake of screening.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 5 Education vs control

Outcome: 1 Uptake of screening

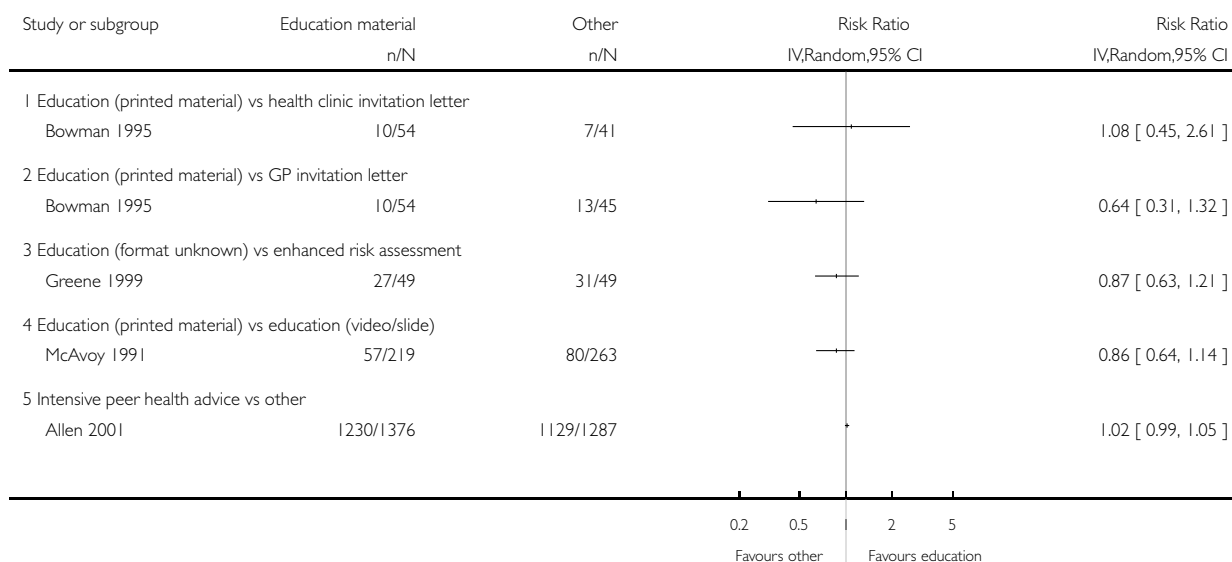


### Analysis 6.1. Comparison 6 Education vs other, Outcome 1 Uptake of screening.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 6 Education vs other

Outcome: 1 Uptake of screening

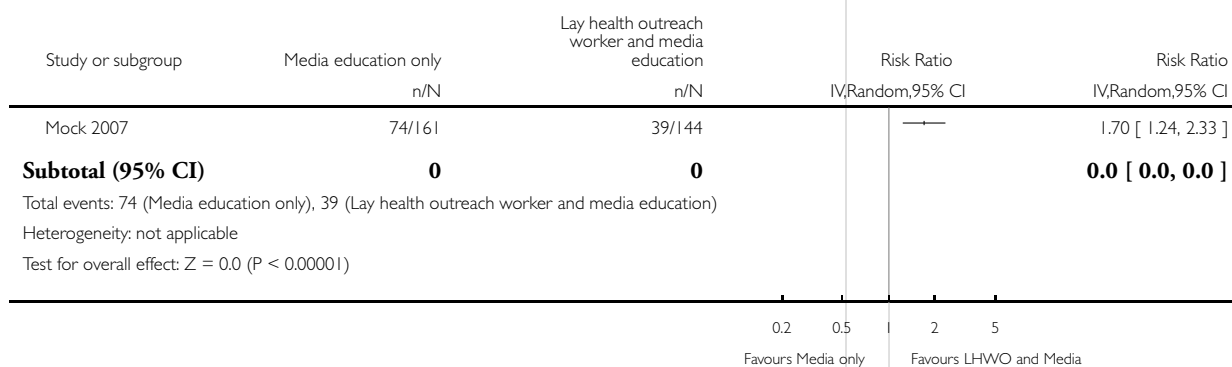


### Analysis 6.2. Comparison 6 Education vs other, Outcome 2 Lay health outreach worker and media education vs media education.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 6 Education vs other

Outcome: 2 Lay health outreach worker and media education vs media education

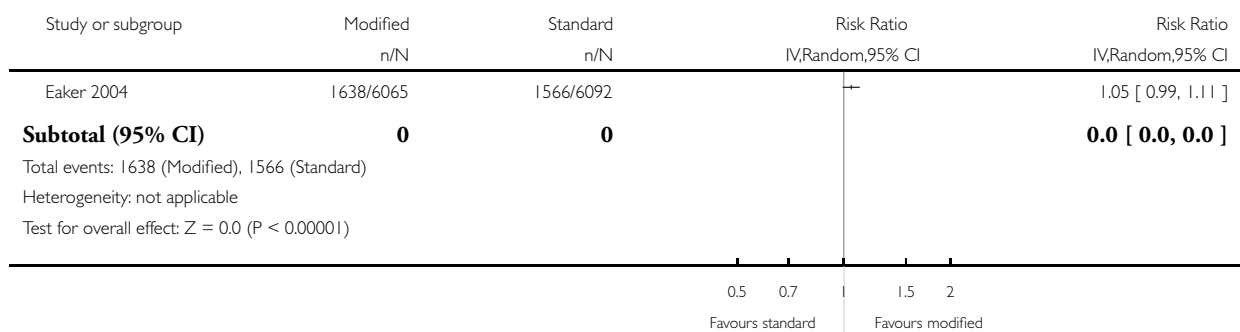


### Analysis 6.3. Comparison 6 Education vs other, Outcome 3 Standard invitation and printed education vs standard invitation.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 6 Education vs other

Outcome: 3 Standard invitation and printed education vs standard invitation

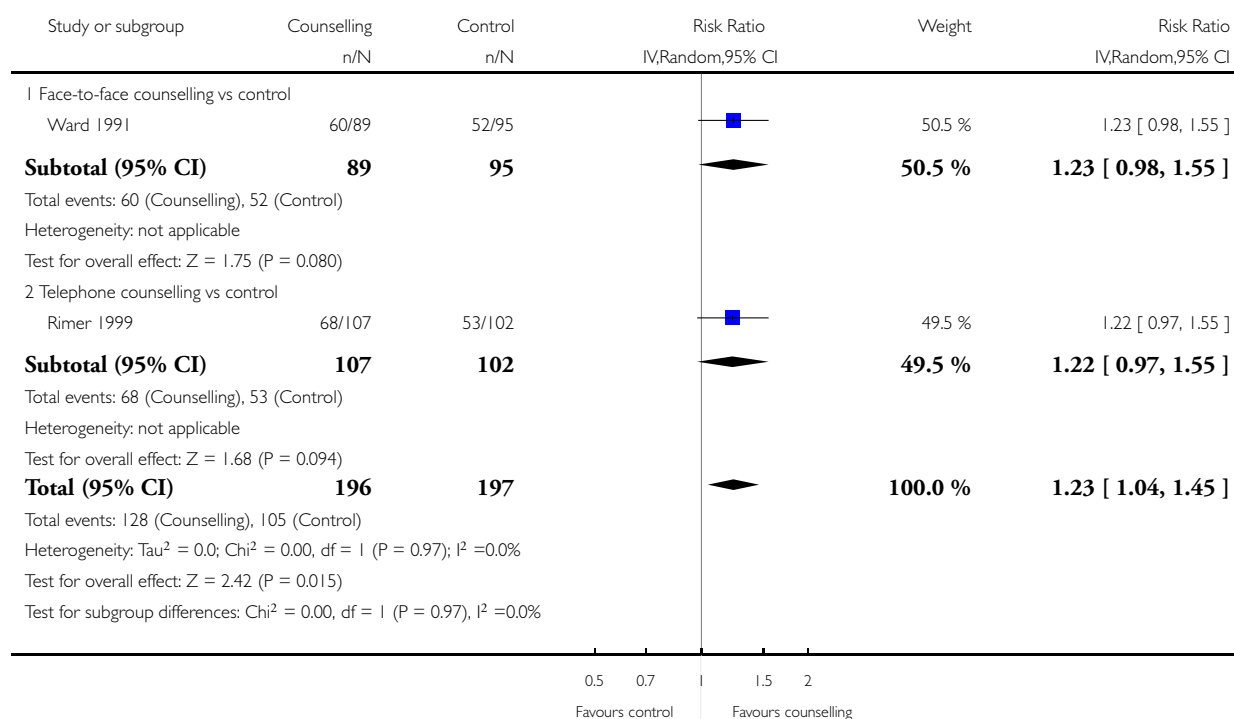


### Analysis 7.1. Comparison 7 Counselling vs control, Outcome 1 Uptake of screening.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 7 Counselling vs control

Outcome: 1 Uptake of screening

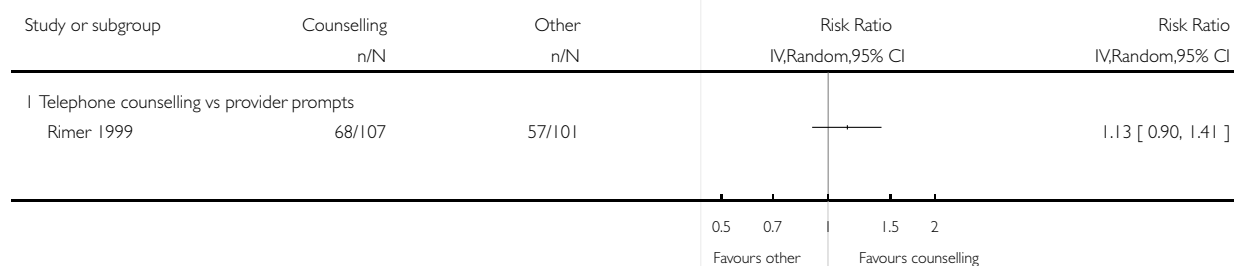


### Analysis 8.1. Comparison 8 Counselling vs other, Outcome 1 Uptake of screening.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 8 Counselling vs other

Outcome: 1 Uptake of screening

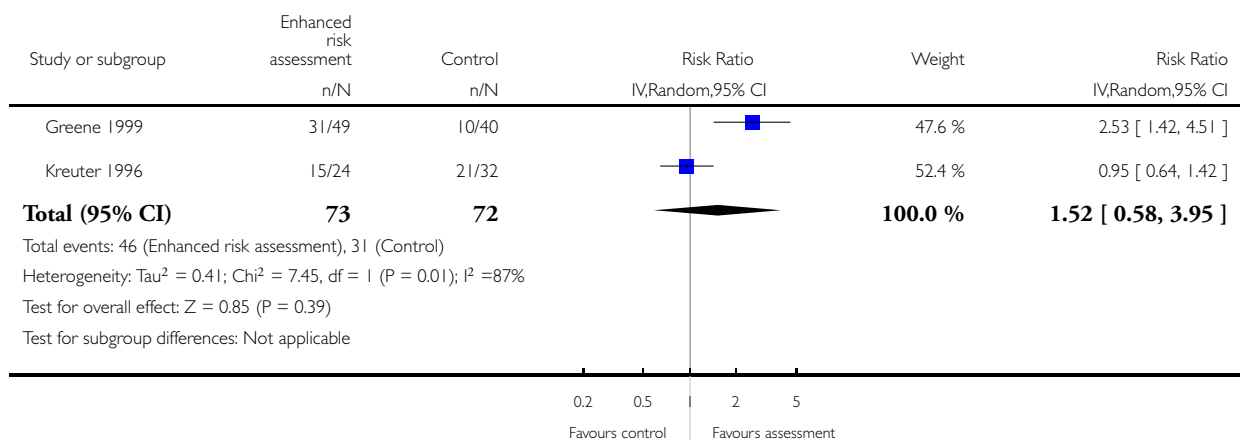


### Analysis 9.1. Comparison 9 Enhanced risk assessment vs control, Outcome 1 Uptake of screening.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 9 Enhanced risk assessment vs control

Outcome: 1 Uptake of screening

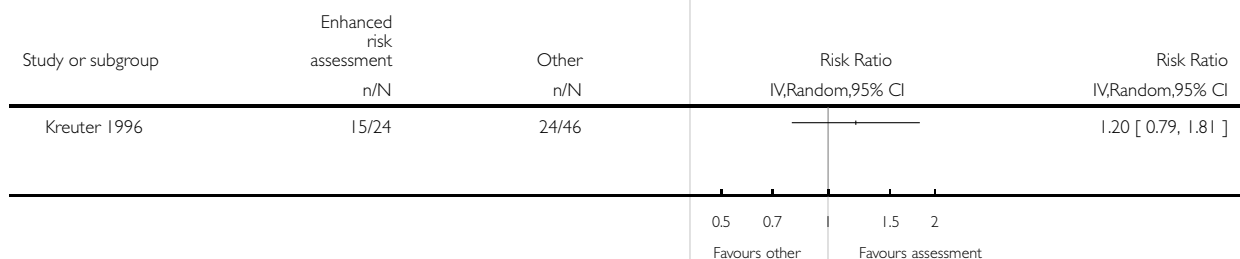


### Analysis 10.1. Comparison 10 Enhanced risk assessment vs other, Outcome 1 Uptake of screening.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 10 Enhanced risk assessment vs other

Outcome: 1 Uptake of screening



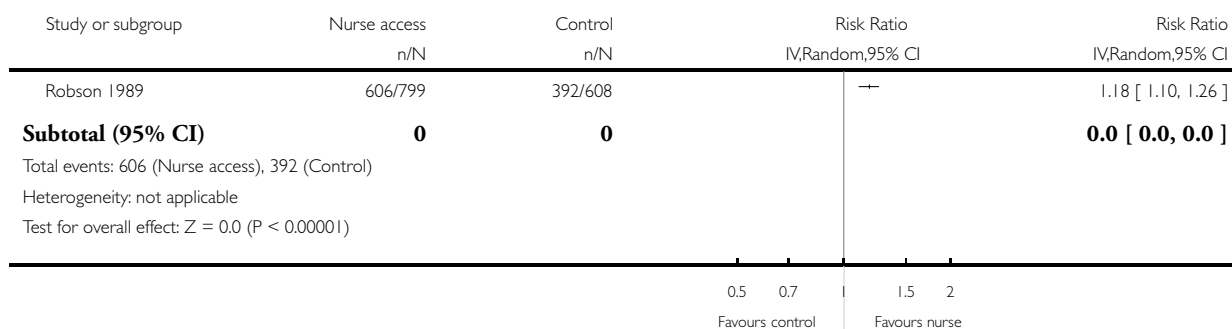


### Analysis 11.1. Comparison 11 Access to health promotion nurse vs control, Outcome 1 Uptake of screening.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 11 Access to health promotion nurse vs control

Outcome: 1 Uptake of screening

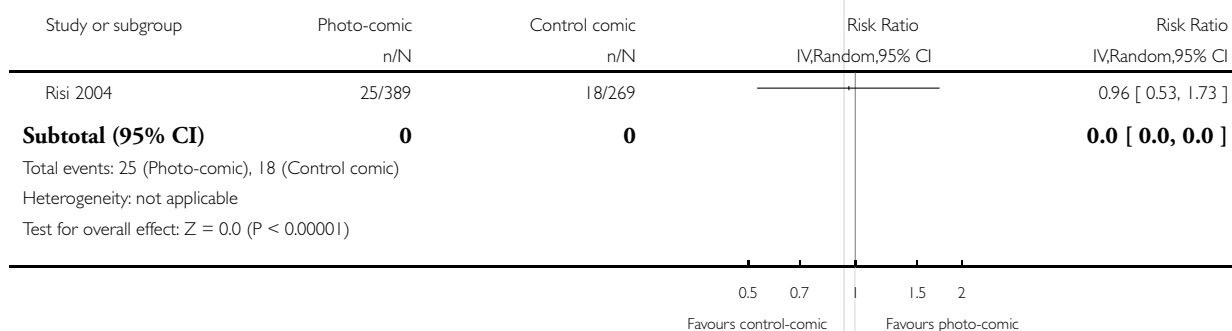


### Analysis 12.1. Comparison 12 Photocomic vs placebo comic, Outcome 1 Uptake of screening.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 12 Photocomic vs placebo comic

Outcome: 1 Uptake of screening

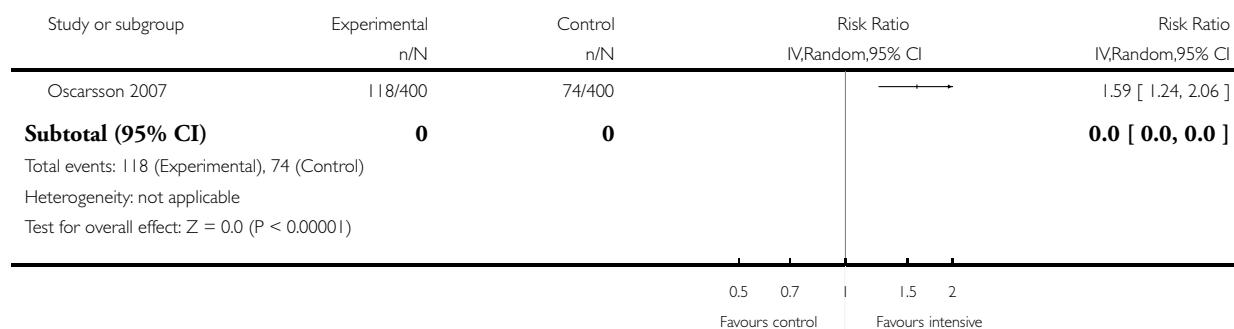


### Analysis 13.1. Comparison 13 Intensive recruitment attempts vs control, Outcome 1 Uptake of screening.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 13 Intensive recruitment attempts vs control

Outcome: 1 Uptake of screening



### Analysis 14.1. Comparison 14 Message framing, Outcome 1 Gain versus loss message framing (Detection).

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 14 Message framing

Outcome: 1 Gain versus loss message framing (Detection)

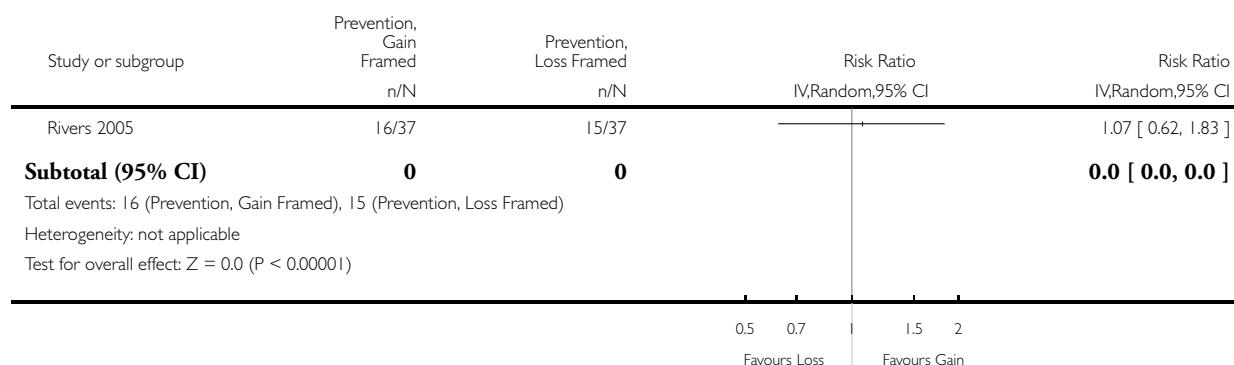


## Analysis 14.2. Comparison 14 Message framing, Outcome 2 Gain versus loss message framing (Prevention).

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 14 Message framing

Outcome: 2 Gain versus loss message framing (Prevention)

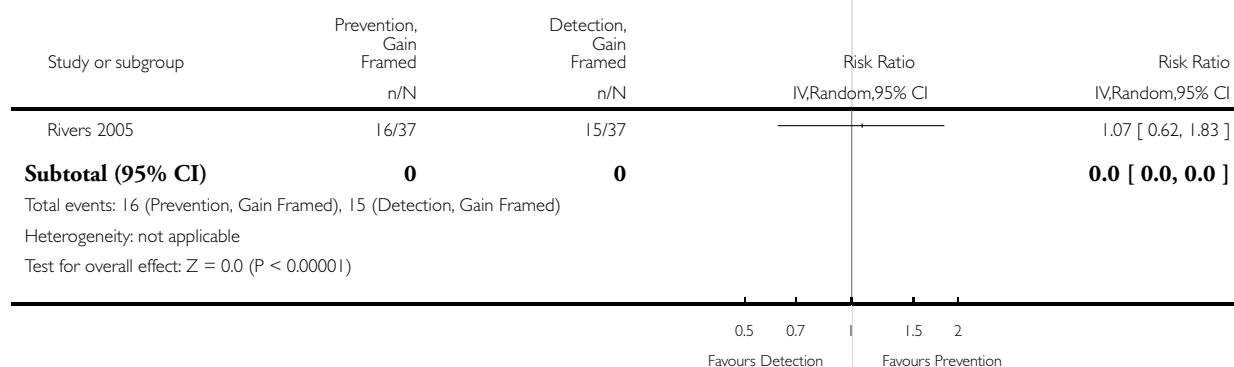


## Analysis 14.3. Comparison 14 Message framing, Outcome 3 Gain Message Framing: Prevention vs Detection.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 14 Message framing

Outcome: 3 Gain Message Framing: Prevention vs Detection



#### Analysis 14.4. Comparison 14 Message framing, Outcome 4 Loss Message Framing: Prevention vs Detection.

Review: Interventions targeted at women to encourage the uptake of cervical screening

Comparison: 14 Message framing

Outcome: 4 Loss Message Framing: Prevention vs Detection



## ADDITIONAL TABLES

Table 1. Details of secondary outcomes

Study details	Interventions	Secondary outcome(s)	Results
Binstock 1997	1. Telephone call n = 1526 (1526 analysed) 2. Letter n = 1526 (1526 analysed) 3. Memo to woman's primary provider n = 1526 (1,526 analysed) 4. Chart reminder affixed to outside of woman's medical record n = 1526 (1526 analysed) 5. Control group n = 1526 (1526)	Costs	Total estimated costs (\$US) per intervention: 1. \$4,282; 2. \$1,918; 3. \$8,933; 4. \$1,090; 5. Not stated. Estimated cost (\$US) per additional Pap smear performed: 1. \$7.99; 2. \$4.76; 3. \$22.96; 4. \$2.99; 5. Not applicable
Byles 1995	1. Personally addressed letter with simple information about Pap smears n = ? (1128 analysed) 2. Personally addressed letter combined with a series of targeted behavioural prompts (e. g. prompt cards) designed to address aspects believed to be associated with poor screening rates n = ? (1098 analysed) 3. Control n = ? (1414 analysed)	Acceptability of the intervention	Number (%) of responding women receiving the intervention: 1. 154 (72%) ; 2. 134 (78%) letter, 100 (58%) card, 109 (64%) pamphlet; 3. Not applicable. Number (%) of women responders who said they had read the material sent: 1. 147 (69%); 2. 128 (75%) letter, 7 (4%) card, 101 (59%) pamphlet; 3. Not applicable. For intervention 1. 118/151 (78%) of the women said that they were pleased to have the intervention personally addressed to them,

**Table 1. Details of secondary outcomes** (Continued)

			only 1/151 (1%) said they were displeased and the remainder were not sure. In intervention 2. 89/132 (68%) were pleased, 3/132 (2%) were displeased and the remainder were unsure. In intervention 1. 152/155 (98%) of the women thought that the intervention should be sent to all women, 2/155 (1.3%) did not and the remainder were unsure. In intervention 2. 124/130 (95%) of women thought the intervention should be sent to all women, 1/130 (1%) did not and the remainder were unsure
McDowell 1989	1. GP letter and reminder letter after 21 days n = 367 (367 analysed) 2. Physician reminder n = 332 (332 analysed) 3. Telephone call n = 377 (377 analysed) 4. Control group n = 330 (330 analysed)	Costs	The costs for the GP letter were \$14.23 per screening gained, compared with \$11.75 assuming a salary of \$60 per hour (or \$5.88 at \$30 per hour ) per screening gained
Greene 1999	1. Usual care n = 79 (? analysed) received general dietary and health information 2. Cancer education n = 97 (? analysed) received general information about cervical cancer risk factors and screening recommendations 3. Cognitive behavioral intervention n = 97 (? analysed) received feedback about personal risk for cancer and engaged in a clinical interview to enhance self-efficacy for preventative behaviour	Booking of appointments	Women in group 1. were more likely to schedule an appointment for a Pap smear than those in group 3. (group 1.=79.4% versus group 3.= 36.7%, $P \leq 0.0001$ ). Women in group 1. were also more likely to attend without rescheduling the appointment (group 1.=63.9% versus group 3.= 35.4%, $P \leq 0.001$ ). Group 2. did not differ from group 3. on these measures
Vogt 2003	1. Usual care control 2. Letter/letter intervention: Subjects were sent a letter and relevant brochure. Women who had not attended for screening within 6 weeks were sent a further letter emphasising the importance of screening and providing a number to call 3. Letter/phone intervention: Letter and brochure as above. Women who had not attended for screening	Costs	The letter/letter intervention produced one additional Pap smear for \$185. The phone/phone intervention cost \$305 and the letter/phone intervention cost \$1117 for each additional Pap smear

**Table 1. Details of secondary outcomes** (Continued)

	<p>within 6 weeks received a telephone call by study interventionist who offered to schedule appointments, answer questions, address barriers and concerns and discussing the importance of screening</p> <p>4. Phone/phone intervention: Subjects in this group received two sequential telephone calls, the second coming 6 weeks after the first if they had not been screened in the interim. Contents of the initial letter and phone scripts were similar. Follow-up telephone calls were by study interventionist, as above</p>		
Stein 2005	<p>1. Control. No Intervention. n = 285</p> <p>2. Telephone call. Telephone call from experienced research nurse using a prepared script. Maximum of three attempts were made on consecutive days. n = 285</p> <p>3. Letter from Health Authority District Cervical Screening Commissioner on behalf of National Cervical Screening Programme. n = 285</p> <p>4. Letter from a well known journalist and broadcaster (Claire Rayner) who is also Chair of the Patients Association. n = 285</p>	Costs	Average cost per attender was £145.12 for telephone call, £14.29 for letter from commissioner and £37.14 for letter from celebrity
Oscarsson 2007	<p>1. Control. No intervention. n = 400</p> <p>2. Intervention included invitation letters, telephone interviews and promotive efforts for having a cervical smear taken. n = 400</p>	Costs	Cost of extra Pap smear gained was calculated 151.36EURO. The cost of a smear in the intervention group was calculated at 66.87EURO each and 16.63EURO in the control group

## APPENDICES

### Appendix 1. Updated MEDLINE search strategy

Medline Ovid 2000-March week 2 2009

1. Vaginal Smears/
2. (vagina\* adj5 smear\*).mp.
3. (pap\* adj5 (test\* or smear\*)).mp.
4. (cervi\* adj5 (smear\* or screen\*)).mp.
5. ((cytology or cytobrush) and cervi\*).mp.
6. 1 or 2 or 3 or 4 or 5
7. exp "Patient Acceptance of Health Care"/
8. (satisf\* or dropout\* or drop out).mp.
9. (compliance or complie\* or comply\*).mp.
10. (encourage\* or improve\* or improving or increas\* or promot\*).mp.
11. (uptake or particip\* or nonattend\*).mp.
12. (accept\* or attend\* or attitude\* or utilisation or utilization).mp.
13. (refus\* or respon\* or reluctan\* or nonrespon\*).mp.
14. 7 or 8 or 9 or 10 or 11 or 12 or 13
15. 6 and 14
16. randomized controlled trial.pt.
17. controlled clinical trial.pt.
18. randomized.ab.
19. randomly.ab.
20. trial.ab.
21. groups.ab.
22. 16 or 17 or 18 or 19 or 20 or 21
23. 15 and 22

key: mp=title, original title, abstract, name of substance word, subject heading word, pt=publication type, fs=floating subheading

### Appendix 2. Updated Embase search strategy

Embase Ovid 1980 to 2009 wk 13

1. exp Vagina Smear/
2. (vagina\* adj5 smear\*).mp.
3. (pap\* adj5 (test\* or smear\*)).mp.
4. (cervi\* adj5 (smear\* or screen\*)).mp.
5. ((cytology or cytobrush) and cervi\*).mp.
6. 1 or 2 or 3 or 4 or 5
7. exp Patient Attitude/
8. (satisf\* or dropout\* or drop out).mp.
9. (compliance or complie\* or comply\*).mp.
10. (encourage\* or improve\* or improving or increas\* or promot\*).mp.
11. (uptake or particip\* or nonattend\*).mp.
12. (accept\* or attend\* or attitude\* or utilisation or utilization).mp.
13. (refus\* or respon\* or reluctan\* or nonrespon\*).mp.
14. 7 or 8 or 9 or 10 or 11 or 12 or 13
15. 6 and 14
16. exp controlled clinical trial/
17. randomized.ab.
18. randomly.ab.
19. trial.ab.
20. groups.ab.

21. 16 or 17 or 18 or 19 or 20

22. 15 and 21

key: mp=title, abstract, subject headings, heading word, drug trade name, original title, device manufacturer, drug manufacturer name,  
ab=abstract

### Appendix 3. Updated Central search strategy

CENTRAL Issue 1 2009

1. MeSH descriptor Vaginal Smears explode all trees
2. vagina\* near/5 smear\*
3. pap\* near/5 (test\* or smear\*)
4. cervi\* near/5 (smear\* or screen\*)
5. (cytology or cytobrush) and cervi\*
6. (#1 OR #2 OR #3 OR #4 OR #5)
7. satisf\* or dropout\* or drop out
8. compliance or complie\* or comply\*
9. encourage\* or improve\* or improving or increas\* or promot\*
10. uptake or particip\* or nonattend\*
11. accept\* or attend\* or attitude\* or utilisation or utilization
12. refus\* or respond\* or reluctan\* or nonrespond\*
13. (#7 OR #8 OR #9 OR #10 OR #11 OR #12)
14. (#6 AND #13)

### Appendix 4. LILACS search strategy

LILACS database (to 03/04/2009)

vagina\$ or cervi\$ [Palavras] and smear\$ or screen\$ [Palavras] and ( "RANDOMIZED CONTROLLED TRIAL" ) [Tipo de publicação]

## WHAT'S NEW

Last assessed as up-to-date: 28 March 2011.

Date	Event	Description
29 March 2011	New citation required but conclusions have not changed	New authors added and text amendments.
29 March 2011	New search has been performed	Changes to text and new authors added.



## HISTORY

Protocol first published: Issue 4, 2000

Review first published: Issue 3, 2002

Date	Event	Description
15 May 2002	New citation required and conclusions have changed	Substantive amendment

## CONTRIBUTIONS OF AUTHORS

In the original review, Carol Forbes and Ruth Jepson selected the studies, assessed study quality, extracted and analysed the data, and wrote the protocol and final review. Pierre Martin-Hirsch commented on the protocol and will be responsible for updating the review.

In the updated review Thomas Everett, Pierre Martin-Hirsch and Michelle Griffin drafted the clinical sections of the review and were responsible for sifting of studies and data extraction; Andrew Bryant drafted the methodological and statistical sections of the review and were responsible for carrying out the analyses. All authors agreed the final version.

## DECLARATIONS OF INTEREST

No known conflict of interest.

## SOURCES OF SUPPORT

### Internal sources

- NHS Centre for Reviews & Dissemination, UK.

### External sources

- NHS R&D Health Technology Assessment (HTA) Programme, UK.
- Department of Health, UK.

NHS Cochrane Collaboration programme Grant Scheme CPG-506

## DIFFERENCES BETWEEN PROTOCOL AND REVIEW

Review is an update so differences between protocol and review is not applicable. The updated review uses a revised search strategy, more appropriate statistical analyses and incorporates up to date Cochrane methodology in accordance with the Cochrane handbook 2008.

## INDEX TERMS

### Medical Subject Headings (MeSH)

\*Patient Acceptance of Health Care; Mass Screening [\*utilization]; Precancerous Conditions [diagnosis]; Randomized Controlled Trials as Topic; Reminder Systems; Uterine Cervical Neoplasms [\*diagnosis; prevention & control]; Vaginal Smears [\*utilization]

### MeSH check words

Female; Humans